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For Immediate Release

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FREE Home Composting Workshop



Kensington, CA—A FREE Home Composting Workshop will be offered at the Kensington Community Center (a.k.a. Youth Hut) in Kensington, on Saturday, November 4, 2006 from 9:00 to 11:00 a.m. Participants will be given handson experience in making, maintaining and harvesting a compost pile. Practically anyone can learn to compost or improve their existing compost techniques by following some basic steps taught in the Workshop. The Workshop also touches on worm composting (Vermicomposting) as a means of turning kitchen scraps into a compost of exceptional quality. Additionally, high-quality compost bins are available at a discounted rate and a free book on home composting will be provided to attendees.

Did you know that each person is responsible for an average of 700 pounds of material disposed in landfills annually? According to a recent California study, an average of 37.4% of the waste from households is potentially compostable (yard and food waste)? You can make a difference by just composting at home.

Composting is fun, easy and it's recycling. Home composting is a simple way to enhance your garden and help the environment. Compost is a great way to add free nutrients to the soil while decreasing the need for water. If done correctly, a compost pile can produce finished compost within three months which can be used as a soil booster.

All Contra Costa County residents are welcome. Reservations should be made by calling the Recycling Hotline at 1-800-750-4096 (press 2). Make sure to reserve your seat today! To learn more about composting or recycling, just go to www.cccrecycle.org.