



Kensington Library
61 Arlington Ave.
Kensington, CA 94707

Anne Henley Cain
County Librarian

P R E S S R E L E A S E

For Immediate Release
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Three Programs at the Kensington Library on Living Smart and Green

Green and Healthy Homes

Monday, Oct 29, 7–8 p.m.

Join Jan Stensland for a talk on creating a healthy environment in your home. Ms. Stensland has worked for several years in green building and design, specializing in healthy building materials. Through her company, Inside Matters, she provides indoor environmental quality and sustainable design consulting, education, policy development, and research to a wide variety of clients, such as the Air Force Center for Environmental Excellence, Alameda County Waste Management Authority, San Francisco Asthma Task Force, and Kaiser Permanente, where she was the in-house healthy and green building expert. Her work has been described as “Mother Earth Meets Ms. Science,” in that she brings a practical, commonsense approach based on sound scientific research to her passion for healthy buildings.

Commonsense Pest Management in the Home and Garden

Monday, Nov. 5, 7–8 p.m.

Laurie Swiadon worked with the Bio-Integral Resource Center (BIRC) for 10 years as an entomologist and Integrated Pest Management consultant. She is still affiliated with BIRC and continues to be passionate about replacing toxic pesticides with commonsense management techniques when dealing with household and garden pests, such as ants, rodents, weeds, lawn pests, and aphids. Her recommended techniques are well researched and field tested and include the use of what BIRC refers to as “least-toxic pesticides” such as boric-acid based insecticides and detergent sprays for insect problems.

Solar 101 for the Homeowner

Monday, Nov. 19, 7–8 p.m.

Jay Hermon will discuss how solar works and who it works for, rebates and incentives, and how to select a contractor. Jay Hermon is a solar energy consultant with REC Solar ([http:// recsolar.com/](http://recsolar.com/)) specializing in residential grid tied systems. He is also a volunteer for NorCal Solar (<http://norcalsolar.org/>), which is the Bay Area’s oldest nonprofit solar energy advocacy group.

These talks are sponsored by the Friends of Kensington Library, the Kensington Community Council, and Marvin Gardens Real Estate.

The Kensington Library is located at 61 Arlington Avenue, Kensington. The library is open Mondays and Tuesdays 12 to 8 p.m., closed Wednesdays, open Thursdays 10 a.m. to 6 p.m., Fridays 1 to 5 p.m. and Saturdays 10 to 5 p.m. Phone number: (510) 524-3043. Web site: <http://ccclib.org>

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