

**KASEP
KENSINGTON AFTERSCHOOL
PROGRAM
WINTER 2014 SESSION**

**KASEP REGISTRATION IS ONLINE.
THERE WILL NOT BE A LOTTERY.**

ONLINE REGISTRATION BEGINS: Tuesday, DECEMBER 3, 6 pm

WINTER CLASSES START: Monday, JANUARY 6, 2014

REGISTRATION

- Online: www.KensingtonCommunityCouncil.org
- By Phone: 510-525-0292
- In-Office Support: Tuesday Evening Dec. 3rd 6:00-7:00pm
- After December 3rd: On-going Registration on Website

If on December 3rd you are unable to register online, you can come into the KCC Office (or call) at 6:00pm, and we will help you register.

NEW POLICY FOR REPEAT ENROLLMENTS DURING ON-LINE REGISTRATION.

Our intention is to give everyone an opportunity to enroll in one of the four highly desirable/impacted classes, which include: Carpentry, Critter Adventures for Kindergartners, Pottery, and Engineering.

If you were enrolled in Carpentry, Engineering, Pottery, or Critter Adventures for Kindergarten in the FALL, you cannot enroll in Carpentry in WINTER but can jump back in during the SPRING session.

TIP – good to know: Carpentry, Critter Adventures, Pottery and Engineering – if there is space available after everyone on the waitlist is called and given the opportunity to enroll, and there is still space available, you may enroll. Check in with the KCC office one week after the start of registration.

THIS POLICY DOES NOT APPLY TO ALL KASEP CLASSES - music, language, sports, cooking, singing, keyboard, or art classes. You may enroll in any of these classes, in each session, on a space available basis.

KASEP ADMINISTRATION AND DATES TO REMEMBER

Marty Westby Administrator Sandy Thacker, Curriculum Coordinator

Jennifer Phalen, Afternoon Office Coordinator

Oversight Committee: Michael Bahn, Patty Robertson, Mary Shaughnessy, Lisa Trottier

KCC/KASEP Office

59 Arlington Avenue, Kensington, CA 94707

(510) 525-0292 kccrec@yahoo.com

| | |
|----------------------------------|---|
| Tuesday December 3 | Winter On-line KASEP Registration Begins, 6:00pm |
| Thursday, December 12 | KASEP Holiday Performance, 5:00pm |
| Friday, December 13 | Family Wreath Making Workshop, 7:00pm Community Center |
| Friday, December 20 | Last day of Fall Session |
| Dec. 23 – Jan 5 | KASEP Closed – Winter Break |
| Monday, January 6 | KASEP Classes Begin – 10 week session |
| Monday, January 20 | KASEP Closed - Martin Luther King Holiday |
| Monday-Friday, Feb. 17-21 | KASEP Closed – Presidents' Week |
| Tuesday, February 25 | KCC SUMMER CAMP On-line Registration, 6:00pm |
| Tuesday, March 4 | SPRING On-line KASEP Registration Begins, 6:00pm |
| Thursday, March 20 | Minimum Day (Open House Elementary) |
| Friday, March 21 | End of Winter KASEP Session |
| Monday, March 24 | Spring KASEP Begins (10 week session) |

WINTER KASEP

CLASSES START: Monday, JANUARY 6, 2014

**CLASSES END: Friday, MARCH 21, 2014
(10 week session)**

Last Day to Change Classes: Wednesday, January 15th

Second Installment on Payment Due: Friday, February 7th

HOLIDAYS: There will be no KASEP classes on the following days:

- **Winter Break, Monday, Dec. 23rd – Friday, January 3rd**
- **Martin Luther King Holiday - Monday, January 20th**
- **President's Week - Monday–Friday, February 17-21**

MINIMUM DAYS:

There is one minimum day in Winter KASEP, Open House on Thursday, March 20th. Supervision for your child for the 40 minutes between end of school and start of KASEP classes costs \$2.00/per child.

Students get out earlier this day. KASEP's service is to provide supervision for your child - bridging the gap between when school lets out and when the first KASEP classes begin (about 40 minutes),

This is an optional service to supervise your child during this time-gap. The charge is \$2.00 per child. You can pay for this service on-line during registration. This does NOT include the typical on-going Wednesday minimum days. On Wednesdays, our KASEP classes start earlier.

PHOTO RELEASE

Occasionally KCC may take photos of students or their work and publish it in the Outlook, our local newspaper or online as part of our brochure and for public relations purposes. We will not publish the names of students.

CLASS PRICES

KASEP class prices include credit card fees, materials fees and instructor fees. The price of the class varies based on the number of weeks the class meets during the session.

Winter KASEP is a 10 week session: 9 Mondays, 10 Tuesdays, 10 Wednesdays, 10 Thursdays and 10 Fridays.

WAITLIST

Once a class is fully enrolled, you may put your child on the waitlist for that class. No payment is required when you are waitlisted. If there is a cancellation, the first person on the waitlist will be called and given 24 hours to respond. The waitlist will accept 5 names.

TIP- good to know! The first two names on the waitlist for each class will have the opportunity to pre-register for that class the following session. Children on more than one waitlist may only register for one class. Waitlist does not carry over to the next school year.

SCHOLARSHIP DONATIONS

KASEP offers 50 different classes per week for children ages 5–12. The Scholarship Donation Fund offers access to families who would not otherwise have the opportunity to enroll in a KASEP class without your generosity and kindness.

It is only with your financial support that KCC can sustain this commitment to help provide scholarships to others. Donations are accepted by check, cash or credit card.

Scholarships are available for KASEP classes. KCC awards 4 scholarships per session. To apply for a scholarship, contact KCC/KASEP office, 510-525-0292. Deadline for Winter Scholarship Applications is Friday, December 13.

PAYMENT

KASEP classes are filled on a space available basis, first come first serve. All classes require you to register before the first day of instruction.

Payment is due at registration. We accept credit cards on-line and cash and checks in the office. Please make checks payable to K.C.C. Payments can be made in two installments, but a minimum of 50% of each class must be paid at registration.

- ✓ **Credit Card: We accept Visa, MasterCard and Discover**
- ✓ **Check: Please make checks payment to KCC and write class title and child's name on check. A \$25.00 fee will be charge for all returned checks.**

If you owe money from a previous session, you cannot enroll in KASEP until your outstanding balance is paid.

CREDIT AND REFUND POLICY

Classes not meeting the minimum required enrollment, will be cancelled and the enrollment fee will be refunded by check.

Students may drop a class the first week. There is a non-refundable processing fee of \$25.00 for any class dropped. Withdrawal reimbursement will be sent by check.

No refunds are given for students who drop out of class after the first week.

Credit: students who withdraw from a KASEP class the first week can request a user credit. This credit may be applied to future KASEP enrollments. Credit is valid for 6 months. The \$25 fee for withdrawal will not be applied to user credits.

KINDERGARTEN CLASSES WINTER 2014

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|--|--|--------------------------------|--|--|
| | 9 Weeks | 10 Weeks | 10 Weeks | 10 Weeks | 10 Weeks |
| 11:30-1:00 | Tennis (*CCM) Garden Fun Muffin Madness (Cooking) | Carpentry Art&Bookmaking <i>Gymnastics (KCC class)</i> | Carpentry Let's Go Crafting | Critter Adv Kitchen Kids (Cooking) | Games&Sports Jelly Jam (Movement) Finding your Voice (Singing) |

Art and Bookmaking for Kindergartners

Instructor Elaine Chu
Location Recreation Building Room C
Tuesdays 11:30-1:00 (1 hour 30 minute class)
Grade Kindergarten
Class Size 6-7
Cost \$185 (materials included) 10 week session

Kindergartners can get creative with hands-on art and bookmaking projects. They develop fine motor skills, an appreciation for the arts and crafts, and an inspired sense of accomplishment. Fun projects include pop-up animal books, 3-D medieval castles, felt pamphlets featuring planets and stars, accordion books with pockets, and more. New projects are offered throughout the year.

Carpentry for Kindergartners

Instructor Sandy Thacker
Location Recreation Building Room B
Tuesdays and Wednesdays 11:30-1:00 (1 hour 30 minute class)
Grade Kindergarten
Class Size 6-7
Cost Tuesdays \$205 (materials included) 10 week session
Wednesdays \$205 (materials included) 10 week session

In teaching carpentry to kindergartners, I've never been interested in just playing with wood. I wanted these young carpenters to learn to use real tools and to make real projects, in a safe and supportive environment. To my continuing delight, these five- and six-year-olds are able to make a wide variety of projects of ever-increasing complexity. They learn problem solving, coordination skills, and even some basic math. They have fun and are always proud to take their amazing projects home to enjoy for years to come.

Critter Adventures for Kindergartners

Instructor Chris Lack
Location Recreation Building Room B
Thursdays 11:30-1:00 (1 hour 30 minute class)
Grade Kindergarten
Class Size 6-7
Cost: \$195 (materials included) 10 week session

Explore the World of Nature by interacting with the hillside environment around our school. Did you know that lizards, snakes, butterflies, squirrels, gophers, deer, as well as a host of smaller animals and insects live right outside our doors? Chris likes to take short walks for looking and collecting, and he uses art and craft work as a way of amplifying and illustrating the natural world. Things to see, things to make, things to take home. Join the fun!

Finding Your Voice –Singing for Kindergartners

Instructor Sarah Torney
Location Recreation Building Room C
Fridays 11:30-1:00 (1 hour 30 minute class)
Grade Kindergarten
Class size 6-7
Cost \$160 (materials included) 10 week session

This class incorporates both singing and percussion. Students participate in simple and fun music games and learn how to sing basic children's songs. Class also includes an introduction to rhythm where students will sing rhythmic syllables and play simple beats on hand drums. Class concludes with a performance.

Games and Sports for Kindergartners

Instructor Kim Roots
Location Grassy Area next to Community Center (CC Main Room on rainy days)
Fridays 11:30-1:00 (1 hour 30 minute class)
Grade Kindergarten
Class Size 6-8
Cost \$170 (equipment included) 10 week session

Sports are a wonderful way to be active, to learn to be part of a team, to gain confidence in your physical abilities, and to have fun. These young athletes will play a variety of games to learn the basic skills of team and individual sports. Proper supervision will assure safe play and the emphasis will be on cooperation and good sportsmanship. Rainy days, classes will be held in the community center.

Garden Fun for Kindergartners NEW CLASS!!!

Instructor Kate Verhoef
Location Recreation Building Room B
Mondays 11:30-1:00 (1 hour 30 minute class)
Grade Kindergarten
Class Size 6-7
Cost \$150 (materials included) 9 week session

Did you know that garden plants need friends to help them grow? That some bugs are good for your garden and some are really bad? That worms work very hard to make healthy soil? Learn all about making a healthy garden ecosystem in this hands-on class. Make wildflower seed mud pies, plant seeds in see-through containers, plant garden "friends", and make a hotel for helper bugs, to name a few.

Jelly Jam for Kindergartners—NEW Class!!!

Instructor Risa Dye
Location Recreation Building Room A Fridays
11:30-1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class Size 6-7
Cost \$150 (materials included) 10 week session

Jelly Jam Time combines storytelling, physical theatre, movement and dance. Each Jelly Jam Time class follows a story or a theme, often based on material in a book, and explores the ways to dance/move/act it into being. We mix teacher-directed and child-generated movement and choreography. Children are active participants in the creation of the curriculum. We use our imaginations to transpose ideas into movement and to explore and discover new ways to move while acting out stories and scenarios. Risa combines her many skills, experience, interests and passions, and weaves them into Jelly Jam Time. Her class is a beginning literacy class using active storytelling in creative ways.

Kitchen Kids for Kindergartners

Instructor Pascale Rogers
Location Community Center Kitchen
Thursdays 11:30-1:00 (1 hour 30 minute class)
Grade Kindergarten
Class Size 6-7
Cost \$165 (materials included) 10 week session

This hands-on cooking class is fun, delicious, and healthy! The heart of cooking with kindergartners is having a positive experience with healthy foods. Children will learn that good food is delicious and that cooking is an important way to take care of oneself. Pascale follows recipes sometimes (!), uses fresh ingredients and makes the food look like art.

Let's Go Crafting for Kindergartners

Instructor Sarah Torney
Location Recreation Building Room A
Wednesdays 11:30-1:00 (1 hour 30 minute class)
Grade Kindergarten
Class Size 6-7
Cost \$170 (materials included) 10 week session

Come play with me – remember the fun of painting with your hands and your feet – learn by doing. Work with paint, chalk, and a variety of other recycled materials -- make Valentines and other seasonal themed projects. Use that creative side of your brain to experience a new world as you cut, paint and glue.

Muffin Madness for Kindergartners

NEW CLASS with returning teacher!!!

Instructor Vicky Brodt
Location Kitchen, Community Center
Mondays 11:30-1:00 (1 hour 30 minute class)
Grade Kindergarten
Class Size 6-7
Cost: \$160 (materials included) 9 week session

Muffin Madness: Ever wonder what you can use a muffin pan for besides muffins? Come and find out in “Muffin Madness” cooking! There will definitely be muffins, but we might also make cupcakes, biscuit bundles, tarts and a few surprises!

Tennis for Kindergartners

| | |
|-------------------|---|
| Instructor | Kim Roots |
| Location | Tennis Courts (Community Center Main Room on rainy days) |
| Mondays | 11:30-1:00 (1 hour 30 minute class) |
| Grade | Kindergarten |
| Class Size | 6-7 |
| Cost | \$155 (equipment provided) 9 week session |

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. New and used rackets are available to borrow.

Gymnastics for Kindergartners

Gymnastics is available for kindergarten. See detailed explanation under KCC Gymnastics class description located in the latter part of this brochure. You can register for kinder gymnastics on the website www.KensingtonCommunityCouncil.Org under the category of gymnastics.

KASEP WINTER 2014 SCHEDULE

Monday January 6, 2014 - Friday, March 21, 2014

KASEP HOLIDAYS: Monday, January 20; Mon-Fri. February 17-21

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|--|
| | 9 Weeks | 10 Weeks | 10 Weeks | 10 Weeks | 10 Week |
| 11:30-1:00 Grade K | Tennis K \TC (*CCM) Garden Fun K \RBB Muffin Madness K\CCK | Carpentry K \RBB Art&Bookmaking K \RBC <i>Gymnastics K (KCC)</i> | Carpentry K \RBB Let's Go Crafting K \RBA | Critter Adv K\RBB Kitchen Kids K \CCK | Games&Sports K \CCG(*CCM) Jelly Jam K\RBA Singing - Finding Your Voice\RBC |
| 2:25-3:40 Grades 1-3 | Everyday Art \RBB\2-6 Beginning & Int. | Carpentry\RBB\1-3 Sports \RBF (*CC1)\1-3 | Carpentry\RBB\1-3 Recorder \CC2\2-6 Sewing RBC\1-3 | Pottery \RBB\1-4 Workshop for Young Engineers \RBA\1-3 | Cooking Around the World \CCK\4-6 |
| 2:45-3:40 Grades 4-6 | Mandarin Beg/Int \RBA\2-6 <u>Wed.</u> 1:50-3:05 Grades 1-3 2:10- 3:05 Grades 4-6 | \RBA\1-3 Mixed Media /3-6 RBC DJ'ing for the Next Generation RBA/4-6 | Sports \RBF (*CC1)\2-5 Science, Experiments and Inventions RBA\2-5 | Sports \RBF (*CC2)\3-6 Beg. Spanish \RBC\4-6 Drama \CCM\1-3 | Beginning Tennis \TC (*CCM) \1-4 Singing-Hit the Note! \CC1\1-3 Pokemon for Beginners\RBC\2-6 |
| 3:45-5:00 (unless noted) | Advanced Tennis \TC (*CCM)\4-6 | Carpentry Workshop \RBB\1-6 Mixed Media /1-5 RBC DJ'ing for the Next Generation RBA/3-6 | Carpentry Workshop\RBB\1-6 Sewing \RBC\4-6 Beg. & Int. Tennis \TC (*CCM)\2-6 Hip Hop\RBA\3-6 | Pottery Workshop \RBB\1-6 Workshop for Young Engineers \RBA\4-6 Beginning Spanish \RBC\1-6 (3:45-4:45) | Creative Cooking \CCK\1-6 Int. Tennis \TC (*CCM)\3-6 (3:45-4:45) Adv. Pokemon \RBC\2-6 |
| <u>Wed.</u> 3:10-4:25 (unless noted) | | | <i>Kids Circus (KCC)</i> | | <i>BandWorks (KCC)</i> |

Listings include: Course title\Location\Grade Levels

*alternate room on rainy days

CCM Community Center Main Room
 CC1 Community Center Room 1
 CC2 Community Center Room 2
 CCK Community Center Kitchen
 CCG Community Center and grassy field

RBA Recreation Building Room A
 RBB Recreation Building Room B
 RBC Recreation Building Room C
 RBF Recreation Building Field
 TC Tennis Courts
 BBC Basketball Court



CLASSES FOR GRADES 1-6

Winter 2014

Carpentry for Grades 1-3

Instructor Sandy Thacker
Location Recreation Building Room B
Grades 1-3
Tuesdays 2:25-3:40 (1 hour 15 minute class)
Wednesdays 1:50-3:05 (1 hour 15 minute class)
Class Size 7-8
Cost Tuesdays: \$175 (materials included) 10 week session
Wednesdays: \$175 (materials included) 10 week session

There's magic in creating something from nothing. You see something you really like, but instead of buying it, you make it yourself. Along the way, you learn new skills, the safe use of a variety of tools, and some practical math. When your project is completed, if it's a paddle boat, a marble maze, a birdhouse, a xylophone, or another item you come up with, it's always a great feeling to take it home to play with or use, or give as a special gift.

Carpentry Workshop for Grades 1-6

Instructor Sandy Thacker
Location Recreation Building Room B
Tuesdays 3:45-5:00 (1 hour 15 minute class)
Wednesdays 3:10-4:25 (1 hour 15 minute class)
Grades 1-6
Class Size 6-8
Cost Tuesdays: \$175 (materials included) 10week session
Wednesdays: \$175 (materials included) 10 week session

There is a great satisfaction in working with wood. As you get more adept at working with tools, you can also expand your skills by creating more complex and creative projects, sometimes working from your own designs. When you finish a project, whether it's a pinball machine, a pool table, a xylophone, a stool, a bookshelf, or something else, it's a special feeling to know that you made it yourself to use or to give as a wonderful present to family or friends.

Cooking from Around the World for Grades 4-6

Instructor Lisette Lopez
Location Community Center Kitchen
Fridays 2:45-3:40 (55 minute class)
Grades 4-6
Class size 6-8
Cost \$145 (materials provided) 10 week session

Join us in this informative and delicious class. Learn the basics of preparing healthy snacks, meals and decadent desserts for yourself and your family. Exotic spices and recipes from around the world will be taught. At the end of the session each student will have made a recipe booklet containing all of the recipes we've made in class.

Creative Cooking for Grades 1-6

Instructor Lisette Lopez
Location Community Center Kitchen
Fridays 3:45-5:00 (1 hour 15 minute class)
Grades 1-6
Class size 6-8
Cost \$150 (materials provided) 10 week session

Join us in this informative and delicious class. Learn the basics of preparing healthy snacks, meals and decadent desserts for yourself and your family. Exotic spices and recipes from around the world will be taught. At the end of the session each student will have made a recipe booklet containing all of the recipes we've made in class.

Creative Drama for Grades 1-3 New Instructor!

Instructor Pascale Rogers
Location Community Center Room 1
Thursdays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class Size 6-10
Cost \$150 (materials provided) 10 week session

Children of all abilities are proud to be part of fun, creative play with songs, poems or even short plays. In a supportive environment that allows each child to develop his/her courage to act on stage in front of an audience, Pascale's class includes improvisational games, creative movement, and a light touch creative performance piece to be shared with parents at the end of the session.

DJing-for the Next Generation new class!

Instructor Felix Hwang
Location Recreation Building Room A
Tuesdays Grades 4-6 2:45-3:40 (55 minute class)
Grades 4-6
Class size 5-6
Cost \$175 (materials included) 10 week session

Vinyl Records and turntables -The traditional form of DJ'ing, a foundation in DJ'ing, record selection and digging/finding records; Serato Itch-Students learn to mix, scratch and blend songs on the Serato Itch controller; Serato with timecode-Students learn to use vinyl time-coded controllers to mix mp3's and other digitally-formatted music.

DJing-for the Next Generation new class!

Instructor Felix Hwang
Location Recreation Building Room A
Tuesdays 3:45-5:00 (1 hour 15 minute class)
Grades 3-6
Class size 5-6
Cost \$190 (materials included) 10 week session

Vinyl Records and turntables -The traditional form of DJ'ing, a foundation in DJ'ing, record selection and digging/finding records; Serato Itch--Students learn to mix, scratch and blend songs on the Serato Itch controller; Serato with timecode--Students learn to use vinyl time-coded controllers to mix mp3's and other digitally-formatted music.

Everyday Art for Grades 2-6

Instructor Carolyn Holm
Location Recreation Building Room B
Mondays 2:25-3:40 (1 hour 15 minute class) Grades 2-3
Mondays 2:45-3:40 (55 minute class) Grades 4-6
Grades 2-6

NOTE: First graders find this class to be a bit of a challenge. We want art to be fun, not frustrating, so the minimum age for Everyday Art is second grade.

Class Size 7-8
Cost Grades 2-3 \$140 (materials included) 9 week session
Grades 4-6 \$130 (materials included) 9 week session

Drawing and painting, collage and printing, sculpture and color theory - this class is about all kinds of art! And it's not just for the "good drawers". Of course kids who are already confident about their art skills will love the class, but so will those who are not so confident. Students work individually, at their own level, interpreting the projects according to their own development, and every student comes away from the class with the glow of accomplishment and a growing confidence.

Hip Hop Dance for Grades 3-6 *Moved to Wednesday!*

Instructor Tati Argue
Location Recreation Building Room 1
Wednesdays 3:10-4:25 (1 hour 15 minute class)
Grades 3-6
Class size 6-10
Cost \$150 (materials included) 10 week session

Hip Hop derives its traditions from the street and is by nature an improvisational and personally expressive dance form. In the class, we will focus on dance fundamentals but mostly on having fun—learning the basics while gaining confidence in our own creative impulses. Classes include warm up and stretching, isolations, fundamentals and technique of dance (time, 8-count phrasing, positions, levels, weight shift), movement games, choreography and cool down. Wear loose or stretchy clothes, a sweatshirt or warm top in cold weather, and athletic or dance shoes (no sandals, slip-ons or hard-soled shoes). Bring a water bottle.

Keyboard for Grades 1-3

Instructor Jan Jones
Location Recreation Building Room C
Mondays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class size 5-7
Cost \$150 (sheet music and workbook materials provided) 9 week session
Students must provide their own keyboard

Beginners and continuing keyboard students are welcome in this basic class. Students will learn to read notes and play familiar songs. Each student in the class will get a short, individual lesson, while the other students are working with music-related materials. This class teaches beginning musicians basic rhythm and note-reading, thus providing a good foundation for piano as well as other instruments. Books, worksheets, music stands and art materials will be provided.

Students must provide their own electronic keyboard with the following capabilities: mid-size keys (full size okay, mini-size not); polyphonic (plays at least 3 notes at a time) ; battery operated. Students will need to bring keyboards to and from class.

Mandarin, Beginning and Intermediate for Grades 1-3

Instructor Shelly Ouyang
Location Recreation Building Room A
Mondays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class size 6-7
Cost \$145 (materials included) 10 week session

The purpose of this class is to inspire students' interest in learning Chinese and to introduce Chinese culture in a fun and playful environment. Students learn Mandarin through games, songs and drawings. Pronunciation and character writing is also introduced.

Mixed Media Masterpieces – Crafts for grades 3-6 NEW CLASS!!

Instructor Vicky Brodt - Returning Teacher!
Location Recreation Building Room C
Tuesdays Grade 3 2:25-3:40 (1 hour 15 minute class)
Grades 4-6 2:45-3:40 (55 minute class)
Grade 3-6
Class Size 6-7
Cost Grade 3 \$160 (materials included) 10 week session
Grades 4-6 \$150 (materials included) 10 week session

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects include: paper mache, paper making, engraving, and home crafts such as Mexican metal –smithing mirrors, frames, journals, art using recycled materials and much more.

Mixed Media Masterpieces - Crafts for grades 1-5 NEW CLASS!!

Instructor Vicky Brodt - Returning Teacher!
Location Recreation Building Room C
Tuesdays 3:45-5:00pm (1 hour 15 minute class)
Grade 1-4
Class Size 6-7
Cost \$160 (materials included) 10 week session

Ignite children's imaginations and innate artistic abilities. Create one of a kind masterpieces using a huge variety of materials. Class projects include: paper mache, paper making, engraving, and home crafts such as Mexican metal –smithing mirrors, frames, journals, art using recycled materials and much more.

Muffin Madness- Cooking for grades 1-3 NEW CLASS!!

Instructor Vicky Brodt - Returning Teacher!
Location Kitchen, Community Center
Mondays 2:25-3:40pm (1 hour 15 minute class)
Grades 1-3
Class Size 6-7
Cost \$145 (materials included) 9 week session

Muffin Madness: Ever wonder what you can use a muffin pan for besides muffins? Come and find out in "Muffin Madness" cooking! There will definitely be muffins, but we might also make cupcakes, biscuit bundles, tarts and a few surprises!

Pokémon for Beginners Grades 2-6 Moved to Friday!

Instructor Jose Rodriguez
Location Recreation Building Room C
Fridays 2:25-3:40 (1 hour 15 minute class) Grades 2-3
Fridays 2:45-3:40 (55 minute class) Grades 4-6
Class size 6-8
Cost Grades 2-3 \$145 (materials included) 10 week session
Grades 4-6 \$135 (materials included) 10 week session

The goal of this program is to teach the basic rules of how to play the Pokémon TCG (Trading Card Game) as well as basic techniques needed for deck building and game strategy. Key points will include: learning the terms of the game, following turn order, basic issues of rule contradictions, deck structure and balance, and most importantly sportsmanship. A deck of cards will be provided to each student.

Pokémon Advanced for Grades 2-6

NEW –Moved to Friday!

Instructor Jose Rodriguez
Location Recreation Building Room
C Fridays 3:45-5:00 (1 hour 15 minute class)
Grades 2-6
Class size 6-8
Cost \$145 (materials included) 10 week session

This class is for students who have a good grasp of the basic rules and strategy of the Pokémon TCG (Trading Card Game). It will focus on advanced deck creation, rules conflicts, and organized competition. Students should either have taken the Pokémon for Beginners class at least once or have participated in some form of structured Pokémon play such as being a member of a Pokémon organized play league. Students will be required to bring their own decks that must be official Pokémon trading cards. Fake or "Proxy" cards will not be allowed. If your child is unsure if they have a "deck" or what "Proxy" cards are, then they should attend the Pokémon for beginner's class.

Pottery for Grades 1-4

Instructor Dayana Claghorn
Location Recreation Building Room B
Thursdays 2:25-3:40 (1 hour 15 minute class) Grades 1-3
Thursdays 2:45-3:40 (55 minute class) Grade 4
Class Size 7-9
Grades 1-3
Cost Grades 1-3 \$155 (materials included) 10 week session
Grade 4 \$145 (materials included) 10 week session

Dayana has been teaching and working with the medium of clay for quite a while. She enjoys helping students of all ages and levels "get their hands into the clay" and let their creativity flow. Pottery making takes many forms – from pots to sculpture, beads to fountains. Students gain a knowledge and a sense of the sculpting process, hand skills, and the enjoyment of working with clay.

Pottery Workshop for Grades 1-6

Instructor Dayana Claghorn
Location Recreation Building Room
B Thursdays 3:45-5:00 (1 hour 15 minute class)
Grades 1-6
Class Size 7-9
Cost \$155 (materials included) 10 week session

As students gain confidence in working with clay, they are encouraged to use their own ideas and creativity in making more complex and more intricate projects. Pottery making takes many forms – from pots to sculpture, beads to fountains. Students learn new techniques and skills, while enjoying both the process and the results of their work.

Recorder for Grades 2-6

Instructor Jane Webber
Location Community Center Room 2
Wednesdays 1:50-3:05 (1 hour 15 minute class) Grades 2-3
Wednesdays 2:10-3:05 (55 minute class) Grades 4-6
Grades 2-6
Class Size 6-7
Cost Grades 2-3 \$170 (recorders and other materials provided) 10 week session
Grades 4-6 \$160 (recorders and other materials provided) 10 week session

Come learn to play the recorder! Recorder is a wonderful way to introduce music into a child's life, and can be a stepping stone to the study of more complex instruments later on. Beginning students will learn basic fingerings and note-reading, and will begin playing simple tunes from the very first class. As students advance, more sophisticated techniques and music will be presented. All levels are welcome, as each student will be given individual instruction tailored to his or her unique needs and learning style.

Science, Experiments and Inventions—NEW CLASS!!

Instructor Curtis Jones
Location Recreation Building Room
A Wednesdays 1:50-3:05 (1 hour 15 minute class)
Grades 2-5
Class Size 7-8
Cost Grades 2-3 \$160 (materials included) 10 week session
Grades 4-5 \$150 (materials included) 10 week session

This new class, Science and Inventions, will get young people excited about science and provide a setting that allows them to explore and experiment with fascinating facts, projects and activities. Guess, test, observe, measure, identify along with critical thinking are all part of the experience: bend light to see all rainbow colors, alter voices and learn that sound travels in invisible waves. Each week we will explore different themes. This is a chance to use your mind and your creativity in a fast paced, fun, safe environment. Children even get to take home their science experiments to show mom and dad!

Sewing for Grades 1-3

Instructor Lynn Crook
Location Recreation Building Room C
Wednesdays 1:50-3:05 (1 hour 15 minute class)
Grades 1-3
Class Size 7-8
Cost \$165 (materials included) 10 week session

Join in the fun of sewing! This is the class where boys and girls learn basic sewing skills as they make small items such as bookmarks, coin purses and puppets. Returning students will expand their skills while making more complex items like small balls, little quilts and even stuffed teddy bears. There are always new projects for each session.

Sewing and Beyond for Grades 3-6

Instructor Lynn Crook
Location Recreation Building Room C Wednesdays
3:10-4:25 (1 hour 15 minute class)
Grades 4-6 (and 3rd graders who have previously taken sewing class)
Class Size 7-8
Cost \$165 (materials included) 10 week session

In addition to hand sewing, in this class boys and girls learn how to use a sewing machine! This ability gives them yet another lifelong skill and makes it possible to create larger items. In each session projects such as pillows, drawstring bags, juggling balls, and quilts are selected to suit students' levels and interests. As skills expand, their great ideas can become beloved creations.

Singing: Hit the Note! For Grades 1-3

Instructor Sarah Torney
Location Community Center, Room 1
Fridays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class size 6-8
Cost \$155 (materials provided) 10 week session

Let your voice ring and your heart sing. Students gain basic ear training skills for music, starting with songs that focus on rhythm; learn how to sing notes of a major scale and join in the fun of musical games, singing popular songs and prepare for an end of class performance.

Spanish, Beginning for Grades 4-6

Instructor Lisette Lopez
Location Recreation Building
Room C Thursdays 2:45-
3:40 (55 minute class)
Grades 4-6
Class Size 6-8
Cost \$135 (materials included) 10 week session

In this class for older students, start learning a second language. Get a head start on Spanish skills through writing, and strengthen your conversational Spanish with games, music, cultural celebrations and interactive activities.

Spanish, Beginning for Grades 1-6

Instructor Lissette Lopez
Location Recreation Building Room C
Thursdays 3:45-4:45 (1 hour class)
Grades 1-6
Class Size 6-8
Cost \$135 (materials included) 10 week session

In this class students will learn a basic introduction to Spanish language and culture. The class is structured with a hands-on approach to learning, using role playing, songs, art, and food as different ways to engage and motivate children to learn the language while having fun.

Sports for Grades 1-3

Instructor Kim Roots
Location Playing Field next to Recreation Building (CC Room 1 on rainy days)
Tuesdays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class Size 7-12
Cost \$145 (equipment provided) 10 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, basketball, kickball, and tag games. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Room 1 on rainy days.

Sports for Grades 2-5

Instructor Kim Roots
Location Playing Field next to Recreation Building (CC Room 1 on rainy days)
Grades 2-5
Wednesdays 1:50-3:05 (1 hour 15 minute class) Grades 2-3
Wednesdays 2:10-3:05 (55 minute class) Grade 4-5
Class Size 7-12
Cost Grades 2-3 \$145 (equipment provided) 10 week session
Grade 4-5 \$130 (equipment provided) 10 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, baseball, basketball, kickball, and track & field. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Main Room on rainy days.

Sports for Grades 3-6

| | |
|-------------------|--|
| Instructor | Kim Roots |
| Location | Playing Field next to Recreation Building (CC Room 2 on rainy days) |
| Thursdays | 2:25-3:40 (1 hour 15 minute class) Grade 3 |
| Thursdays | 2:45-3:40 (55 minute class) Grades 4-6 |
| Grades | 3-6 |
| Class Size | 7-12 |
| Cost | Grade 3 \$145 (equipment provided) 10 week session |
| | Grade 4-6 \$130 (equipment provided) 10 week session |

In this class for the upper grades, kids will learn more advanced skills in a variety of popular sports, including soccer, baseball, basketball, kickball, and track and field. The prime objectives are that students have fun and learn to respect fellow classmates. Please note that the class will meet in Room 1 in the Community Center on rainy days.

Tennis, Beginning and Intermediate for Grades 1-4

| | |
|-------------------|---|
| Instructor | Kim Roots |
| Location | Tennis Courts (Community Center Room 2 on rainy days) |
| Mondays | 2:25-3:40 (1 hour 15 minute class) Grades 1-3 |
| Mondays | 2:45-3:40 (55 minute class) Grade 4 |
| Grades | 1-4 |
| Class Size | 7-8 |
| Cost | Grades 1-3 \$135 (equipment included) 9 week session |
| | Grade 4 \$120 (equipment included) 9 week session |

Tennis, Advanced for Grades 3-6

| | |
|-------------------|---|
| Instructor | Kim Roots |
| Location | Tennis Courts (Community Center Main Room on rainy days) |
| Mondays | 3:45-5:00 (1 hour 15 minute class) |
| Grades | 3-6 |
| Class Size | 7-8 |
| Cost | \$135 (equipment included) 9 week session |

Tennis, Beginning and Intermediate for Grades 2-6

Instructor Kim Roots
Location Tennis Courts (Community Center Main Room on rainy days)
Wednesdays 3:10-4:25 (1 hour 15 minute class)
Grades 2-6
Class Size 7-8
Cost \$145 (equipment included) 10 week session

Tennis, Beginning for Grades 1-4

Instructor Kim Roots
Location Tennis Courts (Community Center Main Room on rainy days)
Fridays 2:25-3:40 (1 hour 15 minute class) Grades 1-3
Fridays 2:45-3:40 (55 minute class) Grade 4
Grades 1-4
Class Size 7-8
Cost Grades 1-3 \$145 (equipment included) 10 week session
Grades 4 \$135 (equipment included) 10 week session

Tennis, Intermediate for Grades 3-6

Instructor Kim Roots
Location Tennis Courts (Community Center Main Room on rainy days)
Fridays 3:45-4:45 (1 hour class)
Grades 3-6 (2nd graders with permission of instructor)
Class Size 7-8
Cost \$135 (equipment included) 10 week session

Workshop for Young Engineers for Grades 1-3

| | |
|-------------------|---|
| Instructor | Lance Akiyama |
| Location | Recreation Building Room A |
| Thursdays | 2:25-3:40 (1 hour 15 minute class) |
| Grades | 1-3 |
| Class size | 6-8 |
| Cost | \$165 (materials provided) 10 week session |

Constructing hands-on projects with exciting goals can engage your whole world. That feeling of being totally involved with building something from nothing is the powerful drive behind this class. Craft wood makes up the bulk of the materials, but students also use wheels, hot glue, propellers, and much more to build things like catapults, bridges, and helicopters. Each class begins with a short lecture and simple guidelines, but then students are given free range of resources to accomplish their most ambitious designs. The best part is that students get to take their projects home!

Workshop for Young Engineers for Grades 4-6

| | |
|-------------------|---|
| Instructor | Lance Akiyama |
| Location | Recreation Building Room A |
| Thursdays | 3:45-5:00 (1 hour 15 minute class) |
| Grades | 4-6 |
| Class size | 6-8 |
| Cost | \$165 (materials provided) 10 week session |

You can call this a class, but make no mistake! This is not a classroom, but a space for you to freely construct feats of engineering that will awe your friends and parents alike. Each class begins with some valuable engineering ideas presented by the teacher. Most of the time you will be building, experimenting, and redesigning your project. Everything is built from scratch using craft wood, hot glue, wheels, rubber bands, and a whole lot more. Ambitious projects like propeller-powered cars, medieval-style catapults, and even hydraulic robots are just a few of the true-to-life things you'll be constructing. And yes, you get to keep whatever you make!

KCC Classes for Children and Adults

The Kensington Community Council (KCC) offers classes for children and for adults.

KCC is an umbrella organization of which KASEP classes are a part. Some classes are contracted separately under the parent KCC.

Payments for these classes can be made on-line during KASEP Registration at www.KensingtonCommunityCouncil.Org . We accept credit card payment for these classes. Payment must be made in full at the time of KCC class registration. Timing of the classes typically follows the same time schedules as our after school KASEP classes.

We also offer adult classes through KCC. This Winter classes include

- **Monday - Wednesday – Friday – Adult Jazzercise. 8:15- 9:15 am**
- **Tuesday – Thursday – Adult Body Sculpting. 9:00 – 10:00am**
- **Wednesday – Adult Acrylic Painting class 9:45 – 12:30pm**
- **Friday – Adult QiGong. 9:30 -10:30am**

Walk-ins are OK; Classes are On-Going

Questions? Contact the KCC office at 525-0292.



Shotokan Karate

www.shotokan.com

We are excited to offer Shotokan Karate beginning classes at the Kensington Community Center, 59 Arlington Avenue, in Kensington. Shotokan Karate is a traditional Japanese martial art that focuses on the building of both mind and body through disciplined karate training.

See your child...

- **Develop strength and coordination**
- **Build discipline and confidence**
- **Increase coordination**
- **Learn self-defense techniques**

Our school's founder is Hanshi M. A. Sharif who holds the rank of 8th Dan (8th degree black belt). Hanshi Sharif has trained and taught in Japan, Europe, the Middle East, and the United States. The Shotokan Karate Institute has been in the East Bay for over 25 years. His students who will be running the KASEP classes will include:

Sarah Brown, 2nd Dan – Primary Teacher

Richard Capone, 3rd Dan, Rick McCallum, 4th Dan – Substitute teachers

Class Information:

Mondays: 2:25* PM – 3:40 PM

Grades: 4-6 (if previously enrolled in Karate grades 2 to 3 okay)

Dates: Beginning Monday Jan. 6TH and ending Monday, March 17th

Costs (9 sessions): \$95

Location: Community Center Main Room

*The classes offered this Winter are beginning classes and thus there will be no physical contact. Students should wear loose fitting clothing.

Enrollment:

You may enroll on-line and pay with credit card. KASEP registration starts December 3rd, at 6:00pm. Go to the website, KensingtonCommunityCouncil.Org, register for Karate.

NOTE: You must first create an on-line family account before you enroll in the class. Problems or questions regarding registration, contact KCC.

For karate questions, you may contact **Sarah Brown: 510-206-1934.**

Shotokan Karate Institute: shotokankarateinstitute@yahoo.com

Gymnastics

Judy Baker, Beginning Gymnastics, Director (510) 233-1833

Judy's Gymnastics STARTS TUESDAY January 7, 2014

Even if you were enrolled in FALL, you must enroll again for Winter session and pay online.

We are proud to offer gymnastics classes this year at the Kensington Community Center, 59 Arlington Avenue (behind the library). Students should wear loose clothing such as leotards, sweatpants, or shorts. Long hair must be tied in a ponytail.

TUESDAYS – Judy's Gymnastics – Judy and Jean

| | |
|-------------------------------|---|
| 11:35 A.M. – 1:00 P.M. | Kindergartners ; Class Size: 16 students |
| 2:25 P.M. – 3:40 P.M. | Beginners/Intermediate - Grades 1-3; Class Size 16 |
| 3:15 P.M. – 4:15 P.M. | Intermediate Grades 4-6; Class Size 16 |

INSTRUCTORS

Instructors Judy Baker and Jean Jay are highly qualified and well trained former gymnasts. They have been teaching in Kensington for fifteen years and are very patient with children. Judy and Jean teach Tuesday's Class.

ENROLLMENT

Enrollment is online with KASEP registration, beginning Tuesday, December 3rd. Go to the website, www.KensingtonCommunityCouncil.org. Parents or guardians of all students are required to sign a waiver that is online before the start of the program.

GYMNASTIC FEES

The tuition for the Winter session, which runs for ten weeks, beginning January 7, 2014 and ending March 18, 2014:

| | |
|--|--------------|
| Kindergartners (11:30 - 1:00 pm)- 1.5 hrs | \$170 |
| Grades 1-6 Judy's Gymnastics - TUESDAY | \$160 |

One time annual administrative fee for all new students is \$50

Please pay the administrative fee by check to the instructors separate from KCC online registration.

Register for KCC Gymnastics online!

You may register for KCC gymnastics at the same time as KASEP classes.

To register: www.KensingtonCommunityCouncil.Org



SCHOOL OF ROCK
KENSINGTON HILLTOP SCHOOL
AFTER-SCHOOL PROGRAM

The BandWorks after-school rock band program is designed to introduce kids to the exciting experience of playing in a band. Most importantly, students learn to work together toward a common goal and be supportive of one another.

Intro to Rock Band Instruments for Grades 2-6

Wish you could play guitar? Always wanted to try the drums? Whether you've never picked up an instrument before or are curious about trying a new one, this class offers you a chance to learn some basic skills on guitar, bass, drums, keyboards and vocals. Students get to experience the thrill of playing in a real rock band, playing songs together by the end of the first day, and working toward a rocking in-class performance on the last day! No previous musical experience required. All instruments provided.

Friday, January 10th – Friday, March 21st

No class on Friday, February 21st

2:45-4:00pm Intro Class (no experience required)

Limit: 2 drums, 2 basses, 2 keyboards, 4 guitars, 2 vocals. Other Instruments ok.
Max 10 kids per class

Meets: KCC Rec Building, Room A
\$210.00 for 10-week class

REGISTRATION

To register, first contact BandWorks to discuss instruments and structure of the class.

Then go online to the website *KensingtonCommunityCouncil.Org*, and register for the class.

Please feel free to contact us with any questions or concerns
Check out our website www.bandworks.com

Telephone #: 510-843-2263; email - info@bandworks.com

Kids' Circus Class Comes to Kensington

NEW Wednesday classes for Grades 2-6

Wednesday, 1:50 – 3:05

Wednesday, 3:10 – 4:25

Community Center



The second class is geared for older students, 4th, 5th and 6th graders, with an emphasis on stilt-walking.

Kids' Circus offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, unicycling, stilt walking, rolla bolla, hooping, and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

This is a great introduction to circus skills experience for young people new to the circus arts and for those who want to build on skills they've already begun to develop. The goal of our classes is for every child to be a winner. Learning a new circus skill builds self-esteem and confidence and improves balance, hand-eye coordination, dexterity, team building, and sharing. When children express themselves through theater or performance, it can have positive effects on the children's work and behavior in other areas.

Instructor

Slim Chance the Clown, or Doug McNeely as he is also called, has been performing and teaching Circus Arts for the last 15 years. He has toured the US and Europe and has taught at many schools and parks and recreation centers, including Everett Middle School, Columbia Park Boys and Girls' Club, UCB University Village in Albany Parks and Recreation, as well as teaching circus at El Cerrito Recreation Summer Camp.

Dates: Wednesdays, January 8 – Wed. March 19th

Cost: \$155 (10 classes);

End of Session Performance

To register: This is a KCC Class. You can sign up on-line; go to the website, ***KensingtonCommunityCouncil.Org*** and register.

Circus is a Vagaboom Children's Arts Education Program.

KCC JAZZERCISE FOR ADULTS

AT THE KENSINGTON COMMUNITY CENTER

Kevin Knickerbocker is teaching low-impact jazzercise
from 8:15am-9: 15am every Monday, Wednesday and Friday

Every Jazzercise fitness class combines dance-based cardio with strength training and stretching to sculpt, tone and lengthen muscles for maximum fat burn. Pay as you go; Drop-ins are Welcome; EFT payment available.

Kevin Knickerbocker is a certified Jazzercise and Body Sculpting instructor with over 15 years' experience. Questions? Call KEVIN at 510-486-2728.

ADULT BODY SCULPTING AND CORE CONDITIONING

Tuesday and Thursday mornings, 9-10am
Kensington Community Center

Kevin Knickerbocker, Instructor

Qi-Gong for Adults

Meg McDowell – Qi-Gong – instructor Fridays 9:30 – 10:30am class

Qi Gong is an ancient Chinese form of energy cultivation. It is one of the basic self-healing techniques prescribed by Chinese medical practitioners. Qi Gong is a gentle exercise form that incorporates proper breathing with posture and movement. Qi Gong is great for mild physical pain: back pain, shoulder pain, knee pain. It is also effective for PMS, infertility, and hot flashes, as well as balance, strength, and weight loss.

Additionally, after class at 10:30 am on the 2nd Friday of every month, Meg will lead a “Tea and Talk” discussing the origins of Qi Gong. All are welcome to attend. Meg McDowell, LAC, MSTCM, is a certified Qi Gong therapist, as well as a licensed acupuncturist. Meg has a thriving practice in Kensington and specializes in women’s health. For more information or to reserve, call Meg McDowell at 510-229-9922 or email her at NeedleSandQi@gmail.com.