

KASEP
Kensington After School
Enrichment Program

Winter 2013 Registration
Wednesday, November 28th
Lottery Slips due by Tuesday, November 27th, 11:00 am

Kindergarten registration at 6:45pm
Grades 1-6 registration at 7:15pm
Refreshments available-proceeds benefit the KASEP Scholarship Program

Kensington Community Center Main Room
59 Arlington Avenue, Kensington 94707
KCC/KASEP Office: (510) 525-0292

kccrec@yahoo.com

For lottery results on Wednesday, November 28th, go to
www.aboutkensington.com/kasep

Classes begin: Wednesday, January 2nd
Classes end: Friday, March 22nd
Last day to change classes: Friday, January 11th
Second installment on payment due: Wed., February 6th

Holidays: There will be no KASEP classes on the following days:
Monday, January 21st; Monday-Friday, February 18-22
Minimum Days: Thursday, March 7th

Scholarships are available for KASEP classes.
To apply for a scholarship, contact Marty Westby
at the KCC/KASEP office, 510-525-0292.
Deadline for Winter Scholarship Applications is Tuesday, November 27th

KASEP Administration

Marty Westby, Administrator

Sandy Thacker, Curriculum Coordinator

Jennifer Phalen, KASEP Afternoon Office Coordinator

KASEP Oversight Committee:

**Michael Bahn, Kim Johnson, Suzie Kito, Lisa Mullins,
Anna Siria Ortiz, Becky Stephens, Maya Woodson Turman**

Winter KASEP Dates and Times to Remember!

Tuesday, November 27th:	Lottery Slips & Scholarship applications due
Wednesday, November 28th:	KASEP Winter registration
Thursday, December 13th:	KASEP Winter Holiday Performance and Party 5:00-6:00pm, Community Center
Friday, December 14th:	KASEP Fall session ends
Mon.-Fri., Dec. 17-21st:	Lego Robotics Workshop
Wednesday, January 2nd:	KASEP Winter session begins
Monday, January 21st:	No KASEP, MLK Jr. Birthday
Monday-Friday, Feb. 18-22nd:	No KASEP, Presidents' Week
Monday-Friday, Feb. 18-22nd:	Lego Robotics Workshop
Wednesday, March 6th:	KCC Summer Camp Registration
Tuesday, March 12th:	KASEP Spring registration
Friday, March 22nd:	KASEP Winter session ends

KINDERGARTEN CLASSES

(in alphabetical order)

Winter 2013

Please note that we will be offering Kindergarten classes at two different times this session. The first classes will start at 11:30, when KASEP teachers pick up children from their kindergarten classes, and will end at 1:00. The second classes will start at 1:05 and will end at 2:00.

Art and Bookmaking for Kindergartners

Instructor: Elaine Chu

Recreation Building Room C

Tuesdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$170 10 week session

Kindergartners can get creative with hands-on art and bookmaking projects. They develop fine motor skills, an appreciation for the arts and crafts, and an inspired sense of accomplishment. Fun projects include pop-up animal books, 3-D medieval castles, felt pamphlets featuring planets and stars, accordion books with pockets, and more. New projects are offered throughout the year.

Carpentry for Kindergartners

Instructor: Sandy Thacker

Recreation Building Room B

Tuesdays and Wednesdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: Tuesdays \$195 (materials included) 10 week session

Wednesdays \$210 (materials included) 11 week session

From the very beginning of teaching carpentry to kindergartners, I was never interested in just playing around with wood. I wanted these young carpenters to learn to use real tools and to make real projects, in a safe and supportive environment. To my continuing delight, these five- and six-year-olds are able to make a wide variety of projects of ever-increasing complexity. They learn problem solving, coordination skills, and even some basic math. They have fun and are always proud to take their amazing projects home to enjoy for years to come.

Creative Drama for Kindergartners

Instructor: Catherine "Cricket" Johnson

Community Center Room 1

Thursdays 11:30-1:00 (1 hour 30 minute class)

Thursdays 1:05-2:00 (55 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: 11:30-1:00 \$175 (materials included) 11 week session

1:05-2:00 \$150 (materials included) 11 week session

Creative Drama is an important means of stimulating creativity and provides an outlet for emotions, thoughts, and dreams that children might not otherwise have means to express. In this class we will combine spoken language with imagination, to imitate, and to pretend to be someone or something else. We will play theater games and use improvisation and costumes to create silliness. We will connect and project individually and as an ensemble. Mostly the class is about having fun!

Critter Adventures for Kindergartners

Instructor: Chris Lack

Recreation Building Room B

Thursdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$205 (materials included) 11 week session

Explore the World of Nature by interacting with the hillside environment around our school. Did you know that lizards, snakes, butterflies, squirrels, gophers, deer, as well as a host of smaller animals and insects live right outside our doors? Our Critter class is a fun way to see, talk and learn about some of the animal and plant neighbors we are close to. Chris likes to take short walks for looking and collecting, and he uses art and craft work as a way of amplifying and illustrating the natural world. In past years we have studied frogs, snails and slugs; caterpillars, bugs and butterflies; birds, fish and crickets; a lizard and a snake or two. Things to see, things to make, things to take home. Join the fun!

Let's Go Crafting for Kindergartners

Instructor: Sarah Torney

Recreation Building Room A

Wednesdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: 11:30-1:00 \$180 (materials included) 11 week session

Come play with me ñ recycled art, paper creations and paint. Great combinations to explore the world of art. You will create musical instruments, print custom designed zoo animals and explore textures and patterns. Use that creative side of your brain to experience a new world as you cut, paint and glue.

Games and Sports for Kindergartners

Instructor: Kim Roots

Grassy Area next to Community Center (Community Center Main Room on rainy days)

Fridays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-8

Cost: \$180 (equipment included) 11 week session

Sports are a wonderful way to be active, to learn to be part of a team, to gain confidence in your physical abilities, and to have fun. These young athletes will play a variety of games to learn the basic skills of team and individual sports. Proper supervision will assure safe play and the emphasis will be on cooperation and good sportsmanship.

Mandarin for Kindergartners

Instructor: Shelly Ouyang

Recreation Building Room A

Tuesdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$145 (materials included) 10 week session

Kindergartners can get to know some Chinese culture. The instructor will teach through fun interactive activities such as storytelling, singing and game playing in a group. Students learn basic listening and conversation in Mandarin by introducing themselves to the others, greetings, counting, making phone calls, talking about school, weather and holidays, etc. Students will be able to write some Chinese words.

Mask Making for Kindergartners

Instructor: Shelly Cournoyer

Recreation Building Room A

Mondays 1:05-2:00 (55 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$125 (materials included) 9 week session

Masks have a long history in our culture ñ in celebrations and in theater performances. For most kids, though, masks are just plain fun and they aren't just for Halloween. Masks add to the enjoyment of any game of make-believe. We will get our hands full of paint and make paper plate masks, then add feathers and sequins. No one will recognize you behind your funny face plate mask. What a wacky look! Join the fun in making all sorts of exotic masks.

Motion, Movement and Music for Kindergartners

Instructor: Beth Thomsen

Recreation Building Room A

Mondays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class size: 6-7

Cost: \$140 (materials included) 9 week session

This class will focus on music through rhythm and poetry, dance and simple instruments. We will explore nursery rhymes, game songs and lullabies. We will connect children with music by experiencing it on all levels, including movement, singing and creative play. We will explore ìmust knowî songs as well as some that are silly and new. We will learn to live with a song in our hearts.

Singing Together for Kindergartners

Instructor: Sarah Torney

Recreation Building Room C

Fridays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class size: 6-7

Cost: \$170 (materials included) 11 week session

Everybody has a built-in instrument: their voice! This fun new class will introduce children to their own sound through songs, rhythm and melodies. Each student will get their own song book, and we will add percussion and other instruments to the mix. Sarah will accompany the singing with guitar or keyboard.

Tennis for Kindergartners

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Mondays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$150 9 week session

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. New and used rackets are available to borrow.

Yoga for Kindergartners

Instructor: Catherine "Cricket" Johnson

Community Center Room CC1

Fridays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: 11:30-1:00 \$165 11 week session

Children Love Yoga! They love the movement and creative expression associated with the poses. In this class we will play games to enhance our awareness of ourselves and others, stretch, breathe and chant. We will make art, sometimes create our own poses and have fun learning about our voices and our bodies together. Stories will weave our poses together into a fluid dance. Mostly we will have a lot of fun.

CLASSES FOR GRADES 1-6

(in alphabetical order)

Winter 2013

Carpentry for Grades 1-3

Instructor: Sandy Thacker

Recreation Building Room B

Grades 1-3

Tuesdays 2:25-3:40 (1 hour 15 minute class)

Wednesdays 1:50-3:05 (1 hour 15 minute class)

Class Size: 7-8

Cost: Tuesdays: \$170 (materials included) 10 week session

Wednesdays: \$185 (materials included) 11 week session

There's magic in creating something from nothing. You see something you really like, but instead of buying it, you make it yourself. Along the way, you learn new skills, the safe use of a variety of tools, and some practical math. When your project is completed, whether it's a paddle boat, a marble maze, a birdhouse, a xylophone, or another item you come up with, it's a great feeling to take it home to play with and use, or give as a special gift.

Carpentry Workshop for Grades 1-6

Instructor: Sandy Thacker

Recreation Building Room B

Tuesdays 3:45-5:00 (1 hour 15 minute class)

Wednesdays 3:10-4:25 (1 hour 15 minute class)

Grades 1-6

Class Size: 6-8

Cost: Tuesdays \$170 (materials included) 10 week session

Wednesdays \$185 (materials included) 11 week session

There is a great satisfaction in working with wood. As you get older and more adept at working with tools, you can also expand your skills by creating more complex and creative projects, sometimes working from your own designs. When you finish a project, whether it's a pinball machine, a pool table, a xylophone, a stool, a bookshelf, or something else you decide to make, it's a special feeling to know that you made it yourself to use or to give as a wonderful present to family or friends.

If any parents have access to wood or other carpentry materials or tools that they might donate to our carpentry classes, please call Sandy at (510) 482-1258. Thanks.

Chorus for Grades 1-3

Instructor: Sarah Torney
Recreation Building Room C
Fridays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class size: 6-10
Cost: \$160 (materials provided) 11 week session

Music at an early age helps develop listening skills, memory skills, vocabulary, imagination and self-confidence. Come explore your voice as an instrument with rhythm, volume, pitch. We will sing many classic folk songs and celebrate with our voices the holiday season from Halloween through New Year's Eve. Students will create a songbook of songs to enjoy for years to come. There will be a performance at the end of the session.

Cooking from Around the World for Grades 4-6

Instructor: Lissette Lopez
Community Center Kitchen
Fridays 2:45-3:40 (55 minute class)
Grades 4-6
Class size: 6-8
Cost: \$145 (materials provided) 11 week session

Join us in this informative and delicious class. Learn the basics of preparing healthy snacks, meals and decadent desserts for yourself and your family. Exotic spices and recipes from around the world will be taught. At the end of the session each student will have made a recipe booklet containing all of the recipes we've made in class.

Creative Cooking for Grades 1-6

Instructor: Lissette Lopez
Community Center Kitchen
Fridays 3:45-5:00 (1 hour 15 minute class)
Grades 1-6
Class size: 6-8
Cost: \$160 (materials provided) 11 week session

Join us in this informative and delicious class. Learn the basics of preparing healthy snacks, meals and decadent desserts for yourself and your family. Exotic spices and recipes from around the world will be taught. At the end of the session each student will have made a recipe booklet containing all of the recipes we've made in class.

Creative Drama for Grades 1-3

Instructor: Catherine "Cricket" Johnson

Community Center Room 1

Thursdays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class Size: 6-10

Cost: \$160 (materials provided) 11 week session

In this exciting, creative and super fun class, students learn to be comfortable with their own expression. The class uses a wide variety of activities, pantomime, improvisation, story plays, skits, costuming and movement. Creativity and individual ideas will be encouraged.

Everyday Art for Grades 2-6

Instructor: Carolyn Holm

Recreation Building Room B

Mondays 2:25-3:40 (1 hour 15 minute class) Grades 2-3

Mondays 2:45-3:40 (55 minute class) Grades 4-6

Grades 2-6

NOTE: First graders find this class to be a bit of a challenge. We want art to be fun, not frustrating, so the minimum age for Everyday Art is second grade.

Class Size: 7-8

Cost: \$130 (materials included) Grades 2-3 9 week session

\$115 (materials included) Grades 4-6 9 week session

Drawing and painting, collage and printing, sculpture and color theory - this class is about all kinds of art! And it's not just for the "good drawers". Of course kids who are already confident about their art skills will love the class, but so will those who are not so confident. Students work individually, at their own level, interpreting the projects according to their own development, and every student comes away from the class with the glow of accomplishment and a growing confidence.

Hip Hop Dance for Grades 3-6

Instructor: Tati Argue

Community Center Main Room

Fridays 2:45-3:40 (55 minute class)

(3rd grade parents, note that class starts at 2:45)

Grades 3-6

Class size: 6-10

Cost: \$160 (materials included) 11 week session

Hip Hop derives its traditions from the street and is by nature an improvisational and personally expressive dance form. In the class, we will focus on dance fundamentals but mostly on having fun learning the basics while gaining confidence in our own creative impulses. Classes include warm up and stretching, isolations, fundamentals and technique of dance (time, 8-count phrasing, positions, levels, weight shift), movement games, choreography and cool down. Wear loose or stretchy clothes, a sweatshirt or warm top in cold weather, and athletic or dance shoes (no sandals, slip-ons or hard-soled shoes). Bring a water bottle.

Jewelry Making for Grades 2-6

Instructor: Shelly Cournoyer

Recreation Building Room A

Mondays 3:45-5:00 (1 hour 15 minute class)

Grades 2-6

Class Size: 6-8

Cost: \$140 (materials included) 9 week session

Students learn to create their own one-of-a-kind jewelry while building individuality and self confidence. They will work with basic hand tools (hammers, punches, pliers, etc.) for the creation of earrings, necklaces, bracelets and pins. Some projects will include a design (drawing) phase, while others will encourage students to work directly as an intuitive process. Materials students will work with may include: metal, beads, wood, plastics, yarn/hemp twine, shells and recycled/found forms.

Keyboard for Grades 1-3

Instructor: Jan Jones

Recreation Building Room C

Mondays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class size: 5-7

Cost: \$145 (sheet music and workbook materials provided) 9 week session

Students must provide their own keyboard.

Beginners and continuing keyboard students are welcome in this basic class. Students will learn to read notes and play familiar songs. Each student in the class will get a short, individual lesson, while the other students are working with music-related materials. This class teaches fledgling musicians basic rhythm and note-reading, thus providing a good foundation for piano as well as other instruments. Books, worksheets, music stands and art materials will be provided.

Students must provide their own electronic keyboard with the following capabilities: mid-size keys (full size okay, mini-size not); polyphonic (plays at least 3 notes at a time) ; battery operated. Students will need to bring keyboards to and from class. A good small keyboard for the keyboard class is a Casio SA 75. They are sold at Music Works in El Cerrito and sometimes at Toys R Us.

Mandarin, Beginning and Intermediate for Grades 1-3

Instructor: Shelly Ouyang

Recreation Building Room A

Tuesdays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class size: 6-7

Cost: \$140 (materials included) 10 week session

This class is for students who have already finished the beginning Mandarin class. During each class, there will be four aspects of learning Mandarin, as follows: listening, speaking, reading and writing. The students will understand and speak some Chinese sentences; sing some Chinese songs; recite children rhymes and poems; acquire knowledge of Chinese characters including writing basic strokes; gain an understanding of Chinese culture. The instructor will also teach calligraphy.

Mandarin, Advanced for Grades 1-6

Instructor: Shelly Ouyang
Recreation Building Room A
Tuesdays 3:45-5:00 (1 hour 15 minute class)
Grades 1-6
Class size: 6-8
Cost: \$ (materials included) 10 week session

This class is for students who have already finished the intermediate Mandarin or have learned Mandarin before. The class will focus on increasing vocabulary, learning to write more Chinese characters and reading original literature, history and art. The instructor will guide the students to improve their listening, speaking, reading and writing skills. New vocabulary will be learned from each reading assignment. The instructor will also teach poems and calligraphy. Students may take one or both classes.

Mask Making for Grades 2-6

Instructor: Shelly Cournoyer
Recreation Building Room A
Mondays 2:25-3:40 (1 hour 15 minute class) Grades 2-3
Mondays 2:45-3:40 (55 minute class) Grade 4-6
Grades 2-6
Class size: 6-8
Cost: Grades 2-3 \$140 (materials included) 9 week session
Grade 4-6 \$125 (materials included) 9 week session

There are many different ways to create masks. We will make everything from simple paper plate masks to complicated paper machÉ designs. Each class starts with a brief history explaining how the mask is made the role it played in history. You are able to create from your imagination using a wide array of shapes and sizes, then paint, glue feathers, etc.

Pastel Art for Grades 1-3

NEW CLASS!!!

Instructor: Jeanne Rehrig
Recreation Building Room C
Tuesdays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class size: 6-8
Cost: \$150 (materials included) 10 week session

This Young Rembrandts class is full of possibilities. Join Jeanne for pastel fun as we learn about a new medium and explore art history by studying different artists and their work. We will create wonderful artwork while being inspired by Van Gogh, Monet and other master artists. Through this class, students will learn color blending, drawing techniques and shading with pastels, watercolor and other media. The results will be truly frameable.

Pastel Art for Grades 1-3

NEW CLASS!!!

Instructor: Jeanne Rehrig
Recreation Building Room C
Tuesdays 3:45-5:00 (1 hour 15 minute class)
Grades 1-6
Class size: 6-8
Cost: \$150 (materials included) 10 week session

This Young Rembrandts class is full of possibilities. Join Jeanne for pastel fun as we learn about a new medium and explore art history by studying different artists and their work. We will create wonderful artwork while being inspired by Van Gogh, Monet and other master artists. Through this class, students will learn color blending, drawing techniques and shading with pastels, watercolor and other media. The results will be truly frameable.

Pokémon for Grades 2-6

Instructor: Jose Rodriguez
Recreation Building Room C
Mondays 3:45-4:45 (1 hour class)
Grades 2-6
Class size: 6-8
Cost: \$120 (materials included) 9 week session

The goal of this class is to teach the basic rules of how to play the Pokémon TCG (Trading Card Game) as well as advanced techniques needed for deck building and game strategy. Key points will include: learning the terms of the game, following turn order, basic issues of rule contradictions, deck structure and balance, and most importantly sportsmanship. Starter card set will be provided to each student.

Pottery for Grades 1-4

Instructor: Chris Lack
Recreation Building Room B
Thursdays 2:25-3:40 (1 hour 15 minute class) Grades 1-3
Thursdays 2:45-3:40 (55 minute class) Grade 4
Grades 1-4
Class Size: 7-9
Cost: Grades 1-3 \$180 (materials included) 11 week session
Grade 4 \$170 (materials included) 11 week session

Chris has been teaching and working with the medium of clay for quite awhile. He enjoys helping students of all ages and levels get their hands into the clay and let their creativity flow. Pottery making takes many forms from pots to sculpture, beads to fountains. Students gain a knowledge and a sense of the sculpting process, hand skills, and the enjoyment of working with clay.

Pottery Workshop for Grades 1-6

Instructor: Chris Lack

Recreation Building Room B

Thursdays 3:45-5:00 (1 hour 15 minute class)

Grades 1-6

Class Size: 7-9

Cost: \$180 (materials included) 11 week session

As students gain confidence in working with clay, they are encouraged to use their own ideas and creativity in making more complex and more intricate projects. Pottery making takes many forms ñ from pots to sculpture, beads to fountains. Students learn new techniques and skills, while enjoying both the process and the results of their work.

Recorder for Grades 2-6

Instructor: Jane Webber

Community Center Room 2

Wednesdays 1:50-3:05 (1 hour 15 minute class) Grades 2-3

Wednesdays 2:10-3:05 (55 minute class) Grades 4-6

Grades 2-6

Class Size: 6-7

Cost: Grades 2-3 \$180 (recorders and other materials provided) 11 week session

Grades 4-6 \$165 (recorders and other materials provided) 11 week session

Come learn to play the recorder! Recorder is a wonderful way to introduce music into a child's life, and can be a stepping stone to the study of more complex instruments later on. Beginning students will learn basic fingerings and note-reading, and will begin playing simple tunes from the very first class. As students advance, more sophisticated techniques and music will be presented. All levels are welcome, as each student will be given individual instruction tailored to his or her unique needs and learning style.

Sewing for Grades 1-3

Instructor: Lynn Crook

Recreation Building Room C

Wednesdays 1:50-3:05 (1 hour 15 minute class)

Grades 1-3

Class Size: 7-8

Cost: \$175 (materials included) 11 week session

Join in the fun of sewing! In this class, kids learn basic hand sewing skills as they make small items such as bookmarks, coin purses, and puppets. Returning students who have more skills can sew items like small balls, little quilts, and even stuffed teddy bears. There are always new projects for each session.

Sewing and Beyond for Grades 4-6

Instructor: Lynn Crook

Recreation Building Room C

Wednesdays 3:10-4:25 (1 hour 15 minute class)

Grades 4-6 (and 3rd graders who have previously taken sewing class)

Class Size: 7-8

Cost: \$175 (materials included) 11 week session

In this class, boys and girls learn how to use a sewing machine. This ability makes it possible to create larger items like pillows, drawstring bags, totes, and quilts of all sizes. Juggling bags, balls, and even stuffed chickens can appear by the end of a session. Great ideas become beloved creations.

Spanish, Beginning for Grades 4-6

Instructor: Lissette Lopez

Recreation Building Room C

Thursdays 2:45-3:40 (55 minute class)

Grades 4-6

Class Size: 6-8

Cost: \$160 (materials included) 11 week session

In this class for older students, start learning a second language. Get a head start on Spanish skills through writing, and strengthen your conversational Spanish with games, music, cultural celebrations and interactive activities.

Spanish, Beginning for Grades 1-6

Instructor: Lissette Lopez

Recreation Building Room C

Thursdays 3:45-4:45 (1 hour class)

Grades 1-6

Class Size: 6-8

Cost: \$160 (materials included) 11 week session

In this class students will learn a basic introduction to Spanish language and culture. The class is structured with a hands-on approach to learning, using role playing, songs, art, and food as different ways to engage and motivate children to learn the language while having fun.

Sports for Grades 1-3

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 1 on rainy days)

Tuesdays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class Size: 7-12

Cost: \$140 (equipment provided) 10 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, basketball, kickball, and tag games. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Room 1 on rainy days.

Sports for Grades 2-5

Instructors: Kim Roots

Playing Field next to Recreation Building (Community Center Room 1 on rainy days)

Wednesdays 1:50-3:05 (1 hour 15 minute class) Grades 2-3

Wednesdays 2:10-3:05 (55 minute class) Grade 4-5

Grades 2-5

Class Size: 7-12

Cost: Grades 2-3 \$155 (equipment provided) 11 week session

Grade 4-5 \$140 (equipment provided) 11 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, baseball, basketball, kickball, and track & field. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Main Room on rainy days.

Sports for Grades 3-6

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 2 on rainy days)

Thursdays 2:25-3:40 (1 hour 15 minute class) Grade 3

Thursdays 2:45-3:40 (55 minute class) Grades 4-6

Grades 3-6

Class Size: 7-12

Cost: Grade 3 \$155 (equipment provided) 11 week session

Grade 4-6 \$140 (equipment provided) 11 week session

In this class for the upper grades, kids will learn more advanced skills in a variety of popular sports, including soccer, baseball, basketball, kickball, and track and field. The prime objectives are that students have fun and learn to respect fellow classmates. Please note that the class will meet in Room 1 in the Community Center on rainy days.

Tennis, Beginning and Intermediate for Grades 1-4

Instructor: Kim Roots

Tennis Courts (Community Center Room 2 on rainy days)

Mondays 2:25-3:40 (1 hour 15 minute class) Grades 1-3

Mondays 2:45-3:40 (55 minute class) Grade 4

Grades: 1-4

Class Size: 7-8

Cost: Grades 1-3 \$130 9 week session

Grade 4 \$120 9 week session

Tennis, Advanced for Grades 3-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Mondays 3:45-4:45 (1 hour class)

Grades: 3-6

Class Size: 7-8

Cost: \$120 9 week session

Tennis, Beginning and Intermediate for Grades 2-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Wednesdays 3:10-4:25 (1 hour 15 minute class)

Grades: 2-6

Class Size: 7-8

Cost: \$155 11 week session

Tennis, Beginning for Grades 1-4

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Fridays 2:25-3:40 (1 hour 15 minute class) Grades 1-3

Fridays 2:45-3:40 (55 minute class) Grade 4

Grades 1-4

Class Size: 7-8

Cost: Grades 1-3 \$155 11 week session

Grades 4 \$140 11 week session

Tennis, Intermediate for Grades 3-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Fridays 3:45-4:45 (1 hour class)

Grades 3-6 (2nd graders with permission of instructor)

Class Size: 7-8

Cost: \$140 11 week session

Workshop for Young Engineers for Grades 1-3

Instructor: Lance Akiyama

Recreation Building Room A

Thursdays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class size: 6-8

Cost: \$170 (materials provided) 11 week session

Constructing hands-on projects with exciting goals can engage your whole world. That feeling of being totally involved with building something from nothing is the powerful drive behind this class. Craft wood makes up the bulk of the materials, but students also use wheels, hot glue, propellers, and much more to build things like catapults, bridges, and helicopters. Each class begins with a short lecture and simple guidelines, but then students are given free range of resources to accomplish their most ambitious designs. The best part is that students get to take their projects home! This isn't a Lego camp ñ it's better.

Visit www.TheWYE.com for detailed information and photos.

Workshop for Young Engineers for Grades 4-6

Instructor: Lance Akiyama

Recreation Building Room A

Thursdays 3:45-5:00 (1 hour 15 minute class)

Grades 4-6

Class size: 6-8

Cost: \$170 (materials provided) 11 week session

You can call this a class, but make no mistake! This is not a classroom, but a space for you to freely construct feats of engineering that will awe your friends and parents alike. Each class begins with some valuable engineering ideas presented by the teacher. Most of the time you will be building, experimenting, and redesigning your project. Everything is built from scratch using craft wood, hot glue, wheels, rubber bands, and a whole lot more. Ambitious projects like propeller-powered cars, medieval-style catapults, and even hydraulic robots are just a few of the true-to-life things you'll be constructing. And yes, you get to keep whatever you make!

Visit www.TheWYE.com for detailed information and photos.

Yoga for Grades 1-3

Instructor: Catherine "Cricket" Johnson

Community Center Room 1

Fridays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class Size: 6-8

Cost: \$155 (materials included) 11 week session

In this class we will play games to enhance our awareness of ourselves and others, stretch, breathe and chant. We will make art, sometimes create our own poses and have fun learning about our voices and our bodies together. The movement, focus on breath awareness and relaxation in a Yoga practice facilitates better body knowledge and may contribute to improved self-esteem.

KCC Classes for Children and Adults

The Kensington Community Council (KCC) offers classes for children and for adults.

KCC is an umbrella organization of which KASEP classes are a part. Some classes are contracted separately under the parent KCC. Payments for these classes are made out to KCC and classes generally follow the same time schedules as our after school KASEP classes. There will be representatives from Karate, Gymnastics, Circus, Robotics and BandWorks at our November 28th registration evening to enroll your child into their classes. The following pages give details for the classes and contact information. You can register directly through them as well as at the KCC office.

We also offer adult classes through KCC. This Winter those classes include an ongoing Acrylic Painting class on Wednesdays and Jazzercise, offered Monday, Wednesday and Friday from 8:15am-9:15am--drop-ins welcomed. Contact the KCC office at 525-0292.



Shotokan Karate

We are excited to offer Shotokan Karate beginning classes at the Kensington Community Center, 59 Arlington Avenue, in Kensington. Shotokan Karate is a traditional Japanese martial art that focuses on the building of both mind and body through disciplined karate training.

See your child...

- **Develop strength and coordination**
- **Build discipline and confidence**
- **Increase coordination**
- **Learn self-defense techniques**

Our school's founder is Hanshi M. A. Sharifi who holds the rank of 8th Dan (8th degree black belt). Hanshi Sharifi has trained and taught in Japan, Europe, the Middle East, and the United States. The Shotokan Karate Institute has been in the East Bay for over 25 years. His students who will be running the KASEP classes will include:

Sarah Brown, 2nd Dan – Primary Teacher

Richard Capone, 3rd Dan, Rick McCallum, 4th Dan – Substitute teachers

Class Information:

Mondays: 2:45* PM – 3:40 PM

Grades: 4-6 (if previously enrolled in Karate grades 2 to 3 okay)

Dates: Beginning Monday January 7th and ending Monday March 18th

Costs (9 sessions): \$90

Location: Community Center Main Room

*The classes offered this Winter are beginning classes and thus there will be no physical contact. Students should wear loose fitting clothing.

Enrollment:

You may enroll during the open KASEP registration on November 28, 2012 at 7 P.M. in the Kensington Community Center. Or you may download a registration form from our web site at: www.shotokan.com For registration questions, contact KCC. For karate questions, you may contact **Sarah Brown: 510-206-1934**

Shotokan Karate Institute: shotokankarateinstitute@yahoo.com

KCC: 510-525-0292 kccrec@yahoo.com

Please make all checks payable to: KCC

www.shotokan.com

Gymnastics

Judy Baker, Gymnastics Director (510) 233-1833
KCC (510) 525-0292
kccrec@yahoo.com
59 Arlington Avenue, Kensington, CA 94707

SCHEDULE FOR GYMNASTICS STARTING TUESDAY, JANUARY 8TH

We are proud to offer gymnastics classes again this year at the Kensington Community Center, 59 Arlington Avenue (behind the library). Students should wear loose clothing such as leotards, sweatpants, or shorts. Long hair must be tied in a ponytail.

TUESDAYS

11:35 A.M. - 1:00 P.M.	Kindergartners
2:30 P.M. ñ 3:30 P.M.	Advanced Beginners - Grades 1-3
2:50 P.M. - 3:40 P.M.	Advanced Beginners ñ Grades 4-6

INSTRUCTORS

Instructors Judy Baker and Jean Jay are highly qualified and well trained former gymnasts. They have been teaching for fourteen years and are very patient with children.

ENROLLMENT

Please call Judy Baker at 233-1833 to enroll. Enrollment is on-going. You may also enroll during the open KASEP registration on Wednesday, November 28th at 7:00 P.M. in the Kensington Community Center. Parents or guardians of all students are required to sign a waiver before the start of the program.

FEES

The tuition for the Winter session, which runs for ten weeks, beginning January 8th and ending March 19th, 2013, is as follows:

Kindergartners	\$155
Grades 1-6	\$145
<u>One time annual administrative fee ñ all students</u>	\$45

Please make the tuition check payable to KCC and administrative fee check payable to Judy Baker.



SCHOOL OF ROCK

KENSINGTON HILLTOP SCHOOL AFTER-SCHOOL PROGRAM

The BandWorks after-school rock band program is designed to introduce kids to the exciting experience of playing in a band. We offer music that kids like to play and that is appropriate for their skill level, providing the right amount of structure to ensure that they will have fun and succeed. Most importantly, students learn to work together toward a common goal and be supportive of one another.

For Grades 3-6
Fridays, January 4 – Friday, March 22
No class on Friday, February 22

2:45-4:00pm Beginner Class (no experience required)

Limit: 1 drums, 1 bass, 2 keyboards, 4 guitars, 2 vocals. Other Instruments ok.
Max 10 kids per class

Meets: KCC Rec Building, Room A
\$220 per 11-week class

REGISTRATION

To register, contact us at:
510. THE. BAND (843. 2263)
info@bandworks.com

Or Register with KCC office 510-525-0292
Please feel free to contact us with any questions or concerns
www.bandworks.com



Kids' Circus Class Coming to Kensington

**NEW Wednesday Classes
for Grades 2-6**

Wednesday, 1:50 – 3:05

Wednesday, 3:10 – 4:25

Community Center

Kids' Circus offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, unicycling, stilt walking, rolla bolla, hooping, and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

This is a great introduction to circus skills experience for young people new to the circus arts and for those who want to build on skills they've already begun to develop.

The goal of our classes is for every child to be a winner. Learning a new circus skill builds self-esteem and confidence and improves balance, hand-eye coordination, dexterity, team building, and sharing. When children express themselves through theater or performance, it can have positive effects on the children's work and behavior in other areas.

Instructor

Slim Chance the Clown, or Doug McNeely as he is also called, has been performing and teaching Circus Arts for the last 15 years. He has toured the US and Europe and has taught at many schools and parks and recreation centers, including Everett Middle School, Columbia Park Boys and Girls' Club, UCB University Village in Albany Parks and Recreation, as well as teaching circus at El Cerrito Recreation Summer Camp.

Dates: Wednesdays, January 2 – March 20

Cost: \$165.00

To register: This is a KCC Class. You can sign up by calling 525-0292, or you can register the evening of KASEP Registration on November 28th. Circus is a Vagaboom Children's Arts Education Program.



KCC STUDENT CLASS
Lego Robotics Workshops

Winter Break 2012 Workshop
December 17-21, 2012

Presidents' Week Workshop
February 18-22, 2013

GRADES 3 – 8

Location: KCC Recreation Building

Week of Instruction: Monday-Friday
COST: \$160 for the week (15 hours of instruction)

Minimum 6 students Maximum 16 students.

INSTRUCTOR: Peter Margolis,
West County Lego Robotics



This is an opportunity to build robots and program them to move, race, and compete. Each team of 2 students will use a laptop computer running LEGO Mindstorms 2.0 software. Students explore concepts in science, technology, and math by building and programming a self-designed project.

No prior experience is necessary.

As an experienced, credentialed teacher, Peter Margolis provides hands-on instruction for beginning students new to robotics and programming., Peter taught LEGO Robotics in the after-school programs at both Harding and Fairmont Elementary Schools, located in WCCUSD.

KCC ADULT CLASS

JAZZERCISE

AT THE KENSINGTON COMMUNITY CENTER

Kevin Knickerbocker is teaching a low-impact jazzercise class

from 8:15am-9: 15am every Monday, Wednesday and Friday

Holiday Schedule:

**Classes will continue until Friday, December 21st and will
resume on Wednesday, January 2nd, 2013**

**Burn up to 600 calories in one fun and powerfully effective
60-minute total body workout. Every Jazzercise fitness class combines
dance-based cardio with strength training and stretching to sculpt, tone
and lengthen muscles for
maximum fat burn.**

Pay as you go Pricing

**Drop-ins are Welcome
Electronic Fund Transfer (EFT) available**



CERAMICS FOR ADULTS

**HAND BUILDING &
SCULPTURE**

**CONTINUED CLASS
October – Dec.**

Teresa Altschul, native of Argentina and an artist with over 35 years experience, is a new member in our Kensington community. Teresa has built a reputation for her unique clay creations and is hosting this ceramics class for adults.

Drop-ins are OK
\$20 per class plus materials fee



Teresa wants to teach ceramics to you!

Nov. 1st through December 12th
Time: 10am-12:30pm

Her goals for the class are for students to learn hand-building skills and sculpture techniques. Teresa's students are encouraged to bring their interest, dreams, and imagination to explore and enjoy the wonders of clay.

Classes for beginners and persons with experience.

Wednesdays 10:00 am – 12:30pm, Kensington Community Center, Room 1

Class will meet Wednesdays, ending Wednesday, December 12th
COST: \$20 per class plus \$60 for clay, glazes and firing costs.

To register, call the KCC Office at 510-525-0292 or email Teresa directly at teresaaltschul@gmail.com

NEW Body Sculpting and Core Conditioning Class

starts January 15, 2013

**Tuesday, Thursday and Saturday mornings
at 9:00am at the Community Center.**

Catherine Martikan, instructor.

Questions? Contact Catherine at jazrcat@comcast.net.