

KASEP

Kensington After School Enrichment Program

Spring 2013 Registration

Tuesday, March 12th

Lottery Slips due by Monday, March 11th, 11:00 am

Kindergarten registration at 6:45pm

Grades 1-6 registration at 7:15pm

Refreshments available-proceeds benefit the KASEP Scholarship Program

Kensington Community Center Main Room

59 Arlington Avenue, Kensington 94707

KCC/KASEP Office: (510) 525-0292

kccrec@yahoo.com

For lottery results on Tuesday, March 12th, go to

www.AboutKensington.com (click on Kid Services)

Classes begin: Monday, March 25th

Classes end: Friday, May 31st

Last day to change classes: Wednesday, April 10th

Second installment on payment due: Friday, April 26th

Holidays: There will be no KASEP classes on the following days:

Monday-Friday, April 1-5; Monday, May 27

No Minimum Days this session

Scholarships are available for KASEP classes.

**To apply for a scholarship, contact Marty Westby
at the KCC/KASEP office, 510-525-0292.**

Deadline for Spring Scholarship Applications is Monday, March 11th

KASEP Administration

Marty Westby, Administrator

Sandy Thacker, Curriculum Coordinator

Jennifer Phalen, KASEP Afternoon Office Coordinator

KASEP Oversight Committee:

Michael Bahn, Kim Johnson, Suzie Kito, Lisa Mullins,
Anna Siria Ortiz, Becky Stephens, Maya Woodson Turman

Spring KASEP Dates and Times to Remember!

Monday, March 11th:	On-line KCC Summer Camp Registration Begins! <i>WWW.AboutKensington.Com</i>
Monday, March 11th:	Lottery Slips & Scholarship applications due
Tuesday, March 12th:	KASEP Spring registration
Friday, March 22nd:	KASEP Winter session ends
Monday, March 25th:	KASEP Spring session begins
Monday-Friday, April 1-5:	No KASEP, Spring Break
Monday, May 27th:	No KASEP, Memorial Day
Friday, May 31st:	Last day of Spring KASEP
Monday, June 10th:	KCC Summer Camp begins

Steps for Registration

Please fill out your registration form(s) before coming to registration. Include the names and phone numbers of two additional people to be contacted in case of an emergency. We can't complete your registration if the form hasn't been filled out completely. Your cooperation will expedite the registration process for everyone.

1. KASEP Spring brochures go home to families the week of February 25th.
2. Parents fill out lottery slip and return to the KCC office in the Recreation Building before 11am Monday, March 11th. Please note that we've included two lottery slips: one for kindergarten students and one for grades 1-6.
3. Lottery results will be posted (one for kindergarten students and one for grades 1-6) by 11am on Tuesday, March 12th. Results are posted at the Kensington Community Center, at the Recreation Building, and online at: www.AboutKensington.com
4. Registration begins for kindergarten students at 6:45pm and at 7:15pm for grades 1-6 in the Community Center. Names are called in the order drawn in the lotteries. During registration, families cannot ask a family with a lower lottery number to register for them.

Some frequently asked questions about registration:

I can't attend registration—how do I sign up for classes?

Another family can list you on their lottery slip and sign up for both families at registration. They cannot register for you if your name is not on their lottery slip. You can also sign up for any spaces left in classes after registration in the KCC office. Only one lottery slip should be submitted for two families registering together.

Can I register if I forgot to submit a lottery slip?

You can come to registration and receive a number that follows the numbers given out through the lottery. As above, you can also sign up for any spaces left in classes after registration in the KCC office.

What happens if I arrive at registration after my name has been called?

You'll need to get a "walk-in" number and wait until the rest of the lottery numbers have been called.

KASEP SPRING 2013 SCHEDULE

Monday, March 25 – Friday, May 31, 2013

KASEP HOLIDAYS: Monday–Friday, April 1–5; Monday, May 27

Final Schedule of Spring Classes will be posted on www.AboutKensington.com (Kid Services)

TIME	MONDAY 8 Weeks	TUESDAY 9 Weeks	WEDNESDAY 9 Weeks	THURSDAY 9 Weeks	FRIDAY 9 Weeks
11:30 – 1:00 Kindergarten	Tennis K\TC (*CCM) Motion, Movement and Music K\RBA	Carpentry K \RBB Art&Bookmaking K\RBC Mandarin K\RBA <i>Gymnastics K(KCC class)</i>	Carpentry K \RBB Fun with Crafts K\RBA	Critter Adv K\RBB Kitchen Kids K\CCK	Games&Sports K \CCG(*CCM) Singing Together K\RBC Yoga K\CCK
1:05 ñ 2:00 Kindergarten	Mask Making K\RBA			Creative Drama K\CCK1	
2:25 ñ 3:40 Grades 1 ñ 3	Everyday Art\RBB\2-6	Carpentry\RBB\1-3 Sports \RBF (*CC1)\1-3 Beginning and Intermediate Mandarin	Carpentry\RBB\1-3 Recorder \CC2\2-6 Sewing RBC\1-3 Sports \RBF (*CC1)\2-5	Pottery \RBB\1-4 Workshop for Young Engineers\RBA\1-3 Sports \RBF (*CC2)\3-6 Beg. Spanish \RBC\4-6 Creative Drama \CC1\1-3	Cooking from Around the World\CCK\4-6 Beginning Tennis \TC (*CCM) \1-4 Chorus \RBC\1-3 Yoga \CC1\1-3 Hip Hop\CCK\3-6 <i>BandWorks (KCC class)</i>
2:45 ñ 3:40 Grades 4 ñ 6	Creativity Combined: Jewelry Design and Mask Making\RBA\2-6	Beginning and Intermediate Mandarin	Sports \RBF (*CC1)\1-3 Beginning and Intermediate Mandarin	\RBF (*CC2)\3-6 Beg. Spanish \RBC\4-6 Creative Drama \CC1\1-3	
Wednesday					
1:50 ñ 3:05 Grades 1 ñ 3	Keyboard\RBC\1-3	\RBA\1-3 Pastel Art\RBC\1-3			
2:10 ñ 3:05 Grades 4 ñ 6	Beginning & Intermediate Tennis \TC (*CC2)\1-4	Pastel Art\RBC\1-3			
3:45 ñ 4:45 (unless noted)	<i>Karate (KCC class)</i> Jewelry Making \RBA\2-6	<i>Gymnastics (KCC class)</i>	<i>Kids Circus (KCC class)</i>		
Wednesday 3:10ñ4:25 (unless noted)	Advanced Tennis \TC (*CCM)\4-6 (3:45-5:00) PokÉmon\RBC\2-6	Carpentry Workshop \RBB\1-6 (3:45-5:00) Advanced Mandarin \RBA\1-6 (3:45-5:00) Pastel Art\RBC\1-6 (3:45-5:00)	Carpentry Workshop \RBB\1-6 (3:10-4:25) Sewing \RBC\4-6 (3:10-4:25) Beg. & Int. Tennis \TC (*CCM)\2-6 (3:10-4:25) <i>Kids Circus (KCC class)</i>	Pottery Workshop \RBB\1-6 (3:45-5:00) Workshop for Young Engineers\RBA\4-6 (3:45-5:00) Beginning Spanish \RBC\1-6	Creative Cooking \CCK\1-6 (3:45-5:00) Intermediate Tennis \TC (*CCM)\3-6 <i>BandWorks (KCC class)</i>

Listings include: Course title\Location\Grade Levels

CCM	Community Center Main Room	RBA	Recreation Building Room A
CC1	Community Center Room 1	RBB	Recreation Building Room B
CC2	Community Center Room 2	RBC	Recreation Building Room C
CCK	Community Center Kitchen	RBF	Recreation Building Field
CCG	Community Center and grassy field	TC	Tennis Courts
		BBC	Basketball Court

*alternate room on rainy days

A WORD OR TWO ABOUT OUR KASEP TEACHERS

LANCE AKIYAMA [Workshop for Young Engineers] has been working with children for the past five years in various settings including a LEGO camp, Spectrum Center, multiple summer and after school programs, and as a volunteer at the El Cerrito High School's health center. He aspires to expand The Workshop to reach more children throughout the Bay Area.

TATI ARGUE [Hip Hop] holds a BA in English from UC Berkeley. She has taught children and adults in both academic and fitness settings for ten years. She is currently a staff fitness instructor at the YMCA and has taught kids' classes in tumbling, Hip Hop and other dance forms there. She also teaches dance privately at her home studio. By day she is a preschool teacher.

ELAINE CHU [Art and Bookmaking] loves teaching book arts and has exhibited in various craft shows. She has worked as a graphic designer and piano instructor internationally. She has a B.A. in music from Yale University and a B.F.A. in graphic design from University of the Arts in Philadelphia.

SHELLY COURNOYER [Mask Making; Jewelry Making] received her Bachelor of Fine Arts from California College of the Arts. For the past two years, she has been a faculty member in the Jewelry Department at the Richmond Art Center, teaching adults metalsmithing and a variety of specialty technique courses. Shelly taught a jewelry class for elementary students in Piedmont and has assisted at the Crucible in the youth blacksmithing program. This will be Shelly's second year at KASEP.

LYNN CROOK [Sewing]. a former middle-school educator, has been teaching sewing at KASEP since 1996. She began sewing her own clothes in high school and college. When her children went to school in Berkeley, Lynn started working on their school raffle quilts. Winning awards for her own quilts, she is now rewarded while teaching sewing skills to children at KASEP.

CAROLYN HOLM [Everyday Art] is a collage and assemblage artist, and the author of Everyday Art for Kids. She is also a former Kensington Hilltop parent, and created the annual Family Art Night at the school.

CATHERINE "CRICKET" JOHNSON [Yoga; Creative Drama] is a performance artist, an educator and also a certified Kundalina Yoga instructor who has practiced and taught yoga for over 20 years to people of all ages. With two children at Hilltop, she is grateful to serve the community through teaching in the KASEP program.

JAN JONES [Keyboard] has taught music at Madera Elementary since 1984 and Kensington Hilltop since 1994. She is a professional musician--an accomplished performer, an innovative composer/arranger and a skilled instructor. Jan has taught music including singing, keyboard, piano and recorder to children and adults for more than 25 years. She is patient, knowledgeable, and loves to teach.

CHRIS LACK [Critter Adventures; Pottery] works both as a gardener/designer and as a teacher. He has degrees from California College of the Arts and San Francisco State University in Fine Arts. He has been a practicing landscape worker/designer for over twenty years in this area, and has taught many classes during that time as well. Nature, pottery and garden works are near to Chris' heart, and his interest in them comes through in all of his classes.

LISSETTE LOPEZ [Spanish; Cooking], a graduate of San Francisco State University with a Bachelor of Arts in Psychology, has worked for the past five years in an after school program, creating engaging activities to motivate learning in the children's classes. She uses hands-on activities to encourage exploration and creativity. She plans to use these same techniques to teach both Spanish and Cooking in our program.

SHELLY OUYANG (Mandarin) joined KASEP in October, replacing Xinrong Searcy as our Mandarin instructor. Shelly holds a Master's Degree in Chemical Engineering from Xinjiang University in China and came to the United States in 2004 to complete her Master's Degree in Finance and Economics. Today, Shelly enjoys being a mom and teaching Chinese. She comes to us from Cornell Chinese School in Albany, CA. Shelly enjoys integrating teaching Chinese with language, stories and children's songs. She has volunteered helping students learn Chinese characters, daily dialogue, words and sentence structure.

JEANNE REHRIG (Pastel Art) is a familiar face to KASEP, as she has taught art at KCC summer camp. She holds an MFA from the San Francisco Art Institute and has spent years teaching art to children in San Francisco and the East Bay. She is currently working at Neighborhood School and has an active fine arts practice.

JOSE RODRIGUEZ [Pokémon] is an employee of Games of Berkeley, a locally owned game store in downtown Berkeley. For the last three years, Jose has run Berkeley's local Pokémon TCG (trading card game) league at the store. Jose first got involved with Pokémon as a player when he was a student at a local community college. Jose is also an event organizer for Games of Berkeley's Dungeons & Dragons and Warhammer 40K games. He is studying to be a screen writer at Berkeley City College.

PASCAL ROGER (Kitchen Kids), originally from France, grew up helping her mother cook from the age of twelve. In her adult life, she has catered for large groups and been a personal chef to busy families. She follows recipes sometimes (!), likes to work with fresh ingredients, and loves to make the food look like art. She is a devoted teacher interested in supporting and nurturing each child's individual qualities while also stretching them beyond what they already know about themselves.

KIM ROOTS [Sports; Tennis], with a degree in Mathematics and Philosophy from the University of California at Santa Cruz, has been teaching and coaching sports and tennis in our program and in the community for many years. Kim's major interest is to make sports accessible and fun for all kids.

SANDY THACKER [Carpentry] has taught carpentry to kids for more than 25 years. Sandy, who has a Masterís Degree in Education from Stanford University, taught high school, and then worked for several years as a carpenter. She has developed a wonderful and very successful program for teaching woodworking skills to children.

BETH THOMSEN (Motion, Movement and Music), with three girls ages 9, 11 and 14, has been an active Kensington Hilltop parent for nearly a decade. She leads a weekly toddler music class in Berkeley (going on 10 years now!) and also does music at a local preschool. She likes to say that she ìleadsî music classes because everyone has music or special rhythm inside of them and she simply helps guide them along.

SARAH TORNEY [Singing Together; Chorus; Fun with Crafts] loves working with children. For the past two years, Sarah has taught chorus and singing in the KASEP program. When thinking about what kids are listening to these days, Sarah tries to find at least one song that students recognize and also introduce them to the folk songs that we, as parents, grew up with. Prior to working at KASEP, Sarah taught preschool for 16 years, blending the different teaching styles of the Arlington Preschool and Growing Light Montessori School. She also leads the Berkeley YMCA Babygym and teaches art at the Albany YMCA. She travels with her guitar, bag of percussion instruments, paint, scissors and a car full of ideas.

JANE WEBBER [Recorder] has been teaching flute and recorder to children for more than 35 years and brings to this ìlabor of loveî a wealth of experience grounded in kindness and commitment to the growth, both musical and personal, of her students. She also performs with the New Millennium Strings Orchestra.

KINDERGARTEN CLASSES

(in alphabetical order)

Spring 2013

Please note that we will be offering Kindergarten classes at two different times this session. The first classes will start at 11:30, when KASEP teachers pick up children from their kindergarten classes, and will end at 1:00. The second classes will start at 1:05 and will end at 2:00.

Art and Bookmaking for Kindergartners

Instructor: Elaine Chu

Recreation Building Room C

Tuesdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$160 9 week session

Kindergartners can get creative with hands-on art and bookmaking projects. They develop fine motor skills, an appreciation for the arts and crafts, and an inspired sense of accomplishment. Fun projects include pop-up animal books, 3-D medieval castles, felt pamphlets featuring planets and stars, accordion books with pockets, and more. New projects are offered throughout the year.

Carpentry for Kindergartners

Instructor: Sandy Thacker

Recreation Building Room B

Tuesdays and Wednesdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: Tuesdays \$180 (materials included) 9 week session

Wednesdays \$180 (materials included) 9 week session

From the very beginning of teaching carpentry to kindergartners, I was never interested in just playing around with wood. I wanted these young carpenters to learn to use real tools and to make real projects, in a safe and supportive environment. To my continuing delight, these five- and six-year-olds are able to make a wide variety of projects of ever-increasing complexity. They learn problem solving, coordination skills, and even some basic math. They have fun and are always proud to take their amazing projects home to enjoy for years to come.

Creative Drama for Kindergartners

Instructor: Catherine "Cricket" Johnson

Community Center Room 1

Thursdays 1:05-2:00 (55 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$125 (materials included) 9 week session

Creative Drama is an important means of stimulating creativity and provides an outlet for emotions, thoughts, and dreams that children might not otherwise have means to express. In this class we will combine spoken language with imagination, to imitate, and to pretend to be someone or something else. We will play theater games and use improvisation and costumes to create silliness. We will connect and project individually and as an ensemble. Mostly the class is about having fun!

Critter Adventures for Kindergartners

Instructor: Chris Lack

Recreation Building Room B

Thursdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$170 (materials included) 9 week session

Explore the World of Nature by interacting with the hillside environment around our school. Did you know that lizards, snakes, butterflies, squirrels, gophers, deer, as well as a host of smaller animals and insects live right outside our doors? Our Critter class is a fun way to see, talk and learn about some of the animal and plant neighbors we are close to. Chris likes to take short walks for looking and collecting, and he uses art and craft work as a way of amplifying and illustrating the natural world. In past years we have studied frogs, snails and slugs; caterpillars, bugs and butterflies; birds, fish and crickets; a lizard and a snake or two. Things to see, things to make, things to take home. Join the fun!

Kitchen Kids for Kindergartners New Class!!!

Instructor: Pascal Roger

Community Center Kitchen

Thursdays: 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$145 (materials included) 9 week session

The kitchen classroom is the tastiest place to learn! The heart of cooking with kindergartners is having a positive experience with healthy foods. Through hands-on classes, children will learn that good food is delicious and that cooking is an important way to take care of oneself. When kids help out in the kitchen, they're learning math, science, and reading. But they're also learning social skills, by working together to make the meal, sitting down together, and helping to clear their plates when they're finished. This hands-on cooking class is fun, delicious, and healthy!

Let's Go Crafting for Kindergartners

Instructor: Sarah Torney

Recreation Building Room A

Wednesdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: 11:30-1:00 \$150 (materials included) 9 week session

Come play with me ñ recycled art, paper creations and paint. Great combinations to explore the world of art. You will create musical instruments, print custom designed zoo animals and explore textures and patterns. Use that creative side of your brain to experience a new world as you cut, paint and glue.

Games and Sports for Kindergartners

Instructor: Kim Roots

Grassy Area next to Community Center (Community Center Main Room on rainy days)

Fridays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-8

Cost: \$150 (equipment included) 9 week session

Sports are a wonderful way to be active, to learn to be part of a team, to gain confidence in your physical abilities, and to have fun. These young athletes will play a variety of games to learn the basic skills of team and individual sports. Proper supervision will assure safe play and the emphasis will be on cooperation and good sportsmanship.

Mandarin for Kindergartners

Instructor: Shelly Ouyang

Recreation Building Room A

Tuesdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$135 (materials included) 9 week session

Kindergartners can get to know some Chinese culture. The instructor will teach through fun interactive activities such as storytelling, singing and game playing in a group. Students learn basic listening and conversation in Mandarin by introducing themselves to the others, greetings, counting, making phone calls, talking about school, weather and holidays, etc. Students will be able to write some Chinese words.

Mask Making for Kindergartners

Instructor: Shelly Cournoyer
Recreation Building Room A
Mondays 1:05-2:00 (55 minute class)
Grade: Kindergarten
Class Size: 6-7
Cost: \$115 (materials included) 8 week session

Masks have a long history in our culture ñ in celebrations and in theater performances. For most kids, though, masks are just plain fun and they aren't just for Halloween. Masks add to the enjoyment of any game of make-believe. We will get our hands full of paint and make paper plate masks, then add feathers and sequins. No one will recognize you behind your funny face plate mask. What a wacky look! Join the fun in making all sorts of exotic masks.

Motion, Movement and Music for Kindergartners

Instructor: Beth Thomsen
Recreation Building Room A
Mondays 11:30-1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class size: 6-7
Cost: \$125 (materials included) 8 week session

This class will focus on music through rhythm and poetry, dance and simple instruments. We will explore nursery rhymes, game songs and lullabies. We will connect children with music by experiencing it on all levels, including movement, singing and creative play. We will explore ìmust knowî songs as well as some that are silly and new. We will learn to live with a song in our hearts.

Singing Together for Kindergartners

Instructor: Sarah Torney
Recreation Building Room C
Fridays 11:30-1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class size: 6-7
Cost: \$140 (materials included) 9 week session

Everybody has a built-in instrument: their voice! This fun new class will introduce children to their own sound through songs, rhythm and melodies. Each student will get their own song book, and we will add percussion and other instruments to the mix. Sarah will accompany the singing with guitar or keyboard.

Tennis for Kindergartners

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Mondays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$135 8 week session

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. New and used rackets are available to borrow.

Yoga for Kindergartners

Instructor: Catherine "Cricket" Johnson

Community Center Room CC1

Fridays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: 11:30-1:00 \$135 9 week session

Children Love Yoga! They love the movement and creative expression associated with the poses. In this class we will play games to enhance our awareness of ourselves and others, stretch, breathe and chant. We will make art, sometimes create our own poses and have fun learning about our voices and our bodies together. Stories will weave our poses together into a fluid dance. Mostly we will have a lot of fun.

**CLASSES FOR GRADES 1-6
(in alphabetical order)
Spring 2013**

Carpentry for Grades 1-3

Instructor: Sandy Thacker

Recreation Building Room B

Grades 1-3

Tuesdays 2:25-3:40 (1 hour 15 minute class)

Wednesdays 1:50-3:05 (1 hour 15 minute class)

Class Size: 7-8

Cost: Tuesdays: \$160 (materials included) 9 week session

Wednesdays: \$160 (materials included) 9 week session

There's magic in creating something from nothing. You see something you really like, but instead of buying it, you make it yourself. Along the way, you learn new skills, the safe use of a variety of tools, and some practical math. When your project is completed, whether it's a paddle boat, a marble maze, a birdhouse, a xylophone, or another item you come up with, it's a great feeling to take it home to play with and use, or give as a special gift.

Carpentry Workshop for Grades 1-6

Instructor: Sandy Thacker

Recreation Building Room B

Tuesdays 3:45-5:00 (1 hour 15 minute class)

Wednesdays 3:10-4:25 (1 hour 15 minute class)

Grades 1-6

Class Size: 6-8

Cost: Tuesdays \$160 (materials included) 9 week session

Wednesdays \$160 (materials included) 9 week session

There is a great satisfaction in working with wood. As you get older and more adept at working with tools, you can also expand your skills by creating more complex and creative projects, sometimes working from your own designs. When you finish a project, whether it's a pinball machine, a pool table, a xylophone, a stool, a bookshelf, or something else you decide to make, it's a special feeling to know that you made it yourself to use or to give as a wonderful present to family or friends.

If any parents have access to wood or other carpentry materials or tools that they might donate to our carpentry classes, please call Sandy at (510) 482-1258. Thanks.

Chorus for Grades 1-3

Instructor: Sarah Torney
Recreation Building Room C
Fridays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class size: 6-10
Cost: \$135 (materials provided) 9 week session

Music at an early age helps develop listening skills, memory skills, vocabulary, imagination and self-confidence. Come explore your voice as an instrument with rhythm, volume, pitch. We will sing many classic folk songs and celebrate with our voices the holiday season from Halloween through New Year's Eve. Students will create a songbook of songs to enjoy for years to come. There will be a performance at the end of the session.

Cooking from Around the World for Grades 4-6

Instructor: Lissette Lopez
Community Center Kitchen
Fridays 2:45-3:40 (55 minute class)
Grades 4-6
Class size: 6-8
Cost: \$125 (materials provided) 9 week session

Join us in this informative and delicious class. Learn the basics of preparing healthy snacks, meals and decadent desserts for yourself and your family. Exotic spices and recipes from around the world will be taught. At the end of the session each student will have made a recipe booklet containing all of the recipes we've made in class.

Creative Cooking for Grades 1-6

Instructor: Lissette Lopez
Community Center Kitchen
Fridays 3:45-5:00 (1 hour 15 minute class)
Grades 1-6
Class size: 6-8
Cost: \$135 (materials provided) 9 week session

Join us in this informative and delicious class. Learn the basics of preparing healthy snacks, meals and decadent desserts for yourself and your family. Exotic spices and recipes from around the world will be taught. At the end of the session each student will have made a recipe booklet containing all of the recipes we've made in class.

Creative Drama for Grades 1-3

Instructor: Catherine "Cricket" Johnson

Community Center Room 1

Thursdays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class Size: 6-10

Cost: \$135 (materials provided) 9 week session

In this exciting, creative and super fun class, students learn to be comfortable with their own expression. The class uses a wide variety of activities, pantomime, improvisation, story plays, skits, costuming and movement. Creativity and individual ideas will be encouraged.

Creativity Combined: Jewelry Design and Mask Making for Grades 2-6

Instructor: Shelly Cournoyer

Recreation Building Room A

Mondays 2:25-3:40 (1 hour 15 minute class) Grades 2-3

Mondays 2:45-3:40 (55 minute class) Grade 4-6

Grades 2-6

Class size: 6-8

Cost: Grades 2-3 \$125 (materials included) 8 week session

Grade 4-6 \$115 (materials included) 8 week session

Beads, sparkles, leather, feathers and making fun! Wear your creations ñyour wrist, your neck, belts and face masks. This class combines two activities for the girls wanting jewelry design but have a conflict with Monday Girl Scout meetings. Join Shelly! Each week awakens imagination and creativity.

Everyday Art for Grades 2-6

Instructor: Carolyn Holm

Recreation Building Room B

Mondays 2:25-3:40 (1 hour 15 minute class) Grades 2-3

Mondays 2:45-3:40 (55 minute class) Grades 4-6

Grades 2-6

NOTE: First graders find this class to be a bit of a challenge. We want art to be fun, not frustrating, so the minimum age for Everyday Art is second grade.

Class Size: 7-8

Cost: \$115 (materials included) Grades 2-3 8 week session

\$105 (materials included) Grades 4-6 8 week session

Drawing and painting, collage and printing, sculpture and color theory - this class is about all kinds of art! And it's not just for the "good drawers". Of course kids who are already confident about their art skills will love the class, but so will those who are not so confident. Students work individually, at their own level, interpreting the projects according to their own development, and every student comes away from the class with the glow of accomplishment and a growing confidence.

Hip Hop Dance for Grades 3-6

Instructor: Tati Argue

Community Center Main Room

Fridays 2:45-3:40 (55 minute class)

(3rd grade parents, note that class starts at 2:45)

Grades 3-6

Class size: 6-10

Cost: \$130 (materials included) 9 week session

Hip Hop derives its traditions from the street and is by nature an improvisational and personally expressive dance form. In the class, we will focus on dance fundamentals but mostly on having fun learning the basics while gaining confidence in our own creative impulses. Classes include warm up and stretching, isolations, fundamentals and technique of dance (time, 8-count phrasing, positions, levels, weight shift), movement games, choreography and cool down. Wear loose or stretchy clothes, a sweatshirt or warm top in cold weather, and athletic or dance shoes (no sandals, slip-ons or hard-soled shoes). Bring a water bottle.

Jewelry Making for Grades 2-6

Instructor: Shelly Cournoyer

Recreation Building Room A

Mondays 3:45-5:00 (1 hour 15 minute class)

Grades 2-6

Class Size: 6-8

Cost: \$125 (materials included) 8 week session

Students learn to create their own one-of-a-kind jewelry while building individuality and self confidence. They will work with basic hand tools (hammers, punches, pliers, etc.) for the creation of earrings, necklaces, bracelets and pins. Some projects will include a design (drawing) phase, while others will encourage students to work directly as an intuitive process. Materials students will work with may include: metal, beads, wood, plastics, yarn/hemp twine, shells and recycled/found forms.

Keyboard for Grades 1-3

Instructor: Jan Jones

Recreation Building Room C

Mondays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class size: 5-7

Cost: \$130 (sheet music and workbook materials provided) 8 week session

Students must provide their own keyboard.

Beginners and continuing keyboard students are welcome in this basic class. Students will learn to read notes and play familiar songs. Each student in the class will get a short, individual lesson, while the other students are working with music-related materials. This class teaches fledgling musicians basic rhythm and note-reading, thus providing a good foundation for piano as well as other instruments. Books, worksheets, music stands and art materials will be provided.

Students must provide their own electronic keyboard with the following capabilities: mid-size keys (full size okay, mini-size not); polyphonic (plays at least 3 notes at a time) ; battery operated. Students will need to bring keyboards to and from class. A good small keyboard for the keyboard class is a Casio SA 75. They are sold at Music Works in El Cerrito and sometimes at Toys R Us.

Mandarin, Beginning and Intermediate for Grades 1-3

Instructor: Shelly Ouyang

Recreation Building Room A

Tuesdays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class size: 6-7

Cost: \$130 (materials included) 9 week session

The purpose of this class is to inspire students' interest in learning Chinese and to introduce Chinese culture in a fun and playful environment. Students learn Mandarin Chinese through games, songs and drawings. Chinese pronunciation and character writing is also introduced.

Mandarin, Advanced for Grades 1-6

Instructor: Shelly Ouyang
Recreation Building Room A
Tuesdays 3:45-5:00 (1 hour 15 minute class)
Grades 1-6
Class size: 6-8
Cost: \$130 (materials included) 9 week session

This class is for students who have already finished the intermediate Mandarin or have learned Mandarin before. The class will focus on increasing vocabulary, learning to write more Chinese characters and reading original literature, history and art. The instructor will guide the students to improve their listening, speaking, reading and writing skills. New vocabulary will be learned from each reading assignment. The instructor will also teach poems and calligraphy. Students may take one or both classes.

Pastel Art for Grades 1-3

Instructor: Jeanne Rehrig
Recreation Building Room C
Tuesdays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class size: 6-8
Cost: \$135 (materials included) 9 week session

This Young Rembrandts class is full of possibilities. Join Jeanne for pastel fun as we learn about a new medium and explore art history by studying different artists and their work. We will create wonderful artwork while being inspired by Van Gogh, Monet and other master artists. Through this class, students will learn color blending, drawing techniques and shading with pastels, watercolor and other media. The results will be truly frameable.

Pastel Art for Grades 1-6

Instructor: Jeanne Rehrig
Recreation Building Room C
Tuesdays 3:45-5:00 (1 hour 15 minute class)
Grades 1-6
Class size: 6-8
Cost: \$135 (materials included) 9 week session

This Young Rembrandts class is full of possibilities. Join Jeanne for pastel fun as we learn about a new medium and explore art history by studying different artists and their work. We will create wonderful artwork while being inspired by Van Gogh, Monet and other master artists. Through this class, students will learn color blending, drawing techniques and shading with pastels, watercolor and other media. The results will be truly frameable.

Pokémon for Grades 2-6

Instructor: Jose Rodriguez

Recreation Building Room C

Mondays 3:45-4:45 (1 hour class)

Grades 2-6

Class size: 6-8

Cost: \$105 (materials included) 8 week session

The goal of this class is to teach the basic rules of how to play the Pokémon TCG (Trading Card Game) as well as advanced techniques needed for deck building and game strategy. Key points will include: learning the terms of the game, following turn order, basic issues of rule contradictions, deck structure and balance, and most importantly sportsmanship. Starter card set will be provided to each student.

Pottery for Grades 1-4

Instructor: Chris Lack

Recreation Building Room B

Thursdays 2:25-3:40 (1 hour 15 minute class) Grades 1-3

Thursdays 2:45-3:40 (55 minute class) Grade 4

Grades 1-4

Class Size: 7-9

Cost: Grades 1-3 \$155 (materials included) 9 week session

Grade 4 \$140 (materials included) 9 week session

Chris has been teaching and working with the medium of clay for quite awhile. He enjoys helping students of all ages and levels get their hands into the clay and let their creativity flow. Pottery making takes many forms from pots to sculpture, beads to fountains. Students gain a knowledge and a sense of the sculpting process, hand skills, and the enjoyment of working with clay.

Pottery Workshop for Grades 1-6

Instructor: Chris Lack

Recreation Building Room B

Thursdays 3:45-5:00 (1 hour 15 minute class)

Grades 1-6

Class Size: 7-9

Cost: \$155 (materials included) 9 week session

As students gain confidence in working with clay, they are encouraged to use their own ideas and creativity in making more complex and more intricate projects. Pottery making takes many forms ñ from pots to sculpture, beads to fountains. Students learn new techniques and skills, while enjoying both the process and the results of their work.

Recorder for Grades 2-6

Instructor: Jane Webber

Community Center Room 2

Wednesdays 1:50-3:05 (1 hour 15 minute class) Grades 2-3

Wednesdays 2:10-3:05 (55 minute class) Grades 4-6

Grades 2-6

Class Size: 6-7

Cost: Grades 2-3 \$150 (recorders and other materials provided) 9 week session

Grades 4-6 \$140 (recorders and other materials provided) 9 week session

Come learn to play the recorder! Recorder is a wonderful way to introduce music into a child's life, and can be a stepping stone to the study of more complex instruments later on. Beginning students will learn basic fingerings and note-reading, and will begin playing simple tunes from the very first class. As students advance, more sophisticated techniques and music will be presented. All levels are welcome, as each student will be given individual instruction tailored to his or her unique needs and learning style.

Sewing for Grades 1-3

Instructor: Lynn Crook

Recreation Building Room C

Wednesdays 1:50-3:05 (1 hour 15 minute class)

Grades 1-3

Class Size: 7-8

Cost: \$150 (materials included) 9 week session

Join in the fun of sewing! In this class, kids learn basic hand sewing skills as they make small items such as bookmarks, coin purses, and puppets. Returning students who have more skills can sew items like small balls, little quilts, and even stuffed teddy bears. There are always new projects for each session.

Sewing and Beyond for Grades 4-6

Instructor: Lynn Crook

Recreation Building Room C

Wednesdays 3:10-4:25 (1 hour 15 minute class)

Grades 4-6 (and 3rd graders who have previously taken sewing class)

Class Size: 7-8

Cost: \$150 (materials included) 9 week session

In this class, boys and girls learn how to use a sewing machine. This ability makes it possible to create larger items like pillows, drawstring bags, totes, and quilts of all sizes. Juggling bags, balls, and even stuffed chickens can appear by the end of a session. Great ideas become beloved creations.

Spanish, Beginning for Grades 4-6

Instructor: Lissette Lopez

Recreation Building Room C

Thursdays 2:45-3:40 (55 minute class)

Grades 4-6

Class Size: 6-8

Cost: \$120 (materials included) 9 week session

In this class for older students, start learning a second language. Get a head start on Spanish skills through writing, and strengthen your conversational Spanish with games, music, cultural celebrations and interactive activities.

Spanish, Beginning for Grades 1-6

Instructor: Lissette Lopez

Recreation Building Room C

Thursdays 3:45-4:45 (1 hour class)

Grades 1-6

Class Size: 6-8

Cost: \$120 (materials included) 9 week session

In this class students will learn a basic introduction to Spanish language and culture. The class is structured with a hands-on approach to learning, using role playing, songs, art, and food as different ways to engage and motivate children to learn the language while having fun.

Sports for Grades 1-3

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 1 on rainy days)

Tuesdays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class Size: 7-12

Cost: \$125 (equipment provided) 9 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, basketball, kickball, and tag games. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Room 1 on rainy days.

Sports for Grades 2-5

Instructors: Kim Roots

Playing Field next to Recreation Building (Community Center Room 1 on rainy days)

Wednesdays 1:50-3:05 (1 hour 15 minute class) Grades 2-3

Wednesdays 2:10-3:05 (55 minute class) Grade 4-5

Grades 2-5

Class Size: 7-12

Cost: Grades 2-3 \$125 (equipment provided) 9 week session

Grade 4-5 \$115 (equipment provided) 9 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, baseball, basketball, kickball, and track & field. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Main Room on rainy days.

Sports for Grades 3-6

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 2 on rainy days)

Thursdays 2:25-3:40 (1 hour 15 minute class) Grade 3

Thursdays 2:45-3:40 (55 minute class) Grades 4-6

Grades 3-6

Class Size: 7-12

Cost: Grade 3 \$125 (equipment provided) 9 week session

Grade 4-6 \$115 (equipment provided) 9 week session

In this class for the upper grades, kids will learn more advanced skills in a variety of popular sports, including soccer, baseball, basketball, kickball, and track and field. The prime objectives are that students have fun and learn to respect fellow classmates. Please note that the class will meet in Room 1 in the Community Center on rainy days.

Tennis, Beginning and Intermediate for Grades 1-4

Instructor: Kim Roots

Tennis Courts (Community Center Room 2 on rainy days)

Mondays 2:25-3:40 (1 hour 15 minute class) Grades 1-3

Mondays 2:45-3:40 (55 minute class) Grade 4

Grades: 1-4

Class Size: 7-8

Cost: Grades 1-3 \$115 8 week session

Grade 4 \$105 8 week session

Tennis, Advanced for Grades 3-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Mondays 3:45-4:45 (1 hour class)

Grades: 3-6

Class Size: 7-8

Cost: \$105 8 week session

Tennis, Beginning and Intermediate for Grades 2-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Wednesdays 3:10-4:25 (1 hour 15 minute class)

Grades: 2-6

Class Size: 7-8

Cost: \$130 9 week session

Tennis, Beginning for Grades 1-4

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Fridays 2:25-3:40 (1 hour 15 minute class) Grades 1-3

Fridays 2:45-3:40 (55 minute class) Grade 4

Grades 1-4

Class Size: 7-8

Cost: Grades 1-3 \$130 9 week session

Grades 4 \$120 9 week session

Tennis, Intermediate for Grades 3-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Fridays 3:45-4:45 (1 hour class)

Grades 3-6 (2nd graders with permission of instructor)

Class Size: 7-8

Cost: \$120 9 week session

Workshop for Young Engineers for Grades 1-3

Instructor: Lance Akiyama

Recreation Building Room A

Thursdays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class size: 6-8

Cost: \$140 (materials provided) 9 week session

Constructing hands-on projects with exciting goals can engage your whole world. That feeling of being totally involved with building something from nothing is the powerful drive behind this class. Craft wood makes up the bulk of the materials, but students also use wheels, hot glue, propellers, and much more to build things like catapults, bridges, and helicopters. Each class begins with a short lecture and simple guidelines, but then students are given free range of resources to accomplish their most ambitious designs. The best part is that students get to take their projects home! This isn't a Lego camp ñ it's better.

Visit www.TheWYE.com for detailed information and photos.

Workshop for Young Engineers for Grades 4-6

Instructor: Lance Akiyama

Recreation Building Room A

Thursdays 3:45-5:00 (1 hour 15 minute class)

Grades 4-6

Class size: 6-8

Cost: \$140 (materials provided) 9 week session

You can call this a class, but make no mistake! This is not a classroom, but a space for you to freely construct feats of engineering that will awe your friends and parents alike. Each class begins with some valuable engineering ideas presented by the teacher. Most of the time you will be building, experimenting, and redesigning your project. Everything is built from scratch using craft wood, hot glue, wheels, rubber bands, and a whole lot more. Ambitious projects like propeller-powered cars, medieval-style catapults, and even hydraulic robots are just a few of the true-to-life things you'll be constructing. And yes, you get to keep whatever you make!

Visit www.TheWYE.com for detailed information and photos.

Yoga for Grades 1-3

Instructor: Catherine "Cricket" Johnson

Community Center Room 1

Fridays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class Size: 6-8

Cost: \$130 (materials included) 9 week session

In this class we will play games to enhance our awareness of ourselves and others, stretch, breathe and chant. We will make art, sometimes create our own poses and have fun learning about our voices and our bodies together. The movement, focus on breath awareness and relaxation in a Yoga practice facilitates better body knowledge and may contribute to improved self-esteem.

KCC Classes for Children and Adults

The Kensington Community Council (KCC) offers classes for children and for adults.

KCC is an umbrella organization of which KASEP classes are a part. Some classes are contracted separately under the parent KCC. Payments for these classes are made out to KCC and classes generally follow the same time schedules as our after school KASEP classes. There will be representatives from Karate, Gymnastics, Circus, Robotics and BandWorks at our March 12th registration evening to enroll your child into their classes. The following pages give details for the classes and contact information. You can register directly through them as well as at the KCC office.

We also offer adult classes through KCC. This Spring those classes include an ongoing Acrylic Painting class on Wednesdays and Jazzercise, offered Monday, Wednesday and Friday from 8:15-9:15am--drop-ins welcomed. Plus a Body Sculpting class on Tuesdays and Thursdays from 9-10am. Contact the KCC office at 525-0292.



Shotokan Karate

We are excited to offer Shotokan Karate beginning classes at the Kensington Community Center, 59 Arlington Avenue, in Kensington. Shotokan Karate is a traditional Japanese martial art that focuses on the building of both mind and body through disciplined karate training.

See your child...

- **Develop strength and coordination**
- **Build discipline and confidence**
- **Increase coordination**
- **Learn self-defense techniques**

Our school's founder is Hanshi M. A. Sharifi who holds the rank of 8th Dan (8th degree black belt). Hanshi Sharifi has trained and taught in Japan, Europe, the Middle East, and the United States. The Shotokan Karate Institute has been in the East Bay for over 25 years. His students who will be running the KASEP classes will include:

Sarah Brown, 2nd Dan – Primary Teacher

Richard Capone, 3rd Dan, Rick McCallum, 4th Dan – Substitute teachers

Class Information:

Mondays: 2:45* PM – 3:40 PM

Grades: 4-6 (if previously enrolled in Karate grades 2 to 3 okay)

Dates: Beginning Monday March 25th and ending Monday May 20

Costs (8 sessions): \$95

Location: Community Center Main Room

*The classes offered this Spring are beginning classes and thus there will be no physical contact. Students should wear loose fitting clothing.

Enrollment:

You may enroll during the open KASEP registration on March 12, 2013 at 7 P.M. in the Kensington Community Center. Or you may download a registration form from our web site at: www.shotokan.com For registration questions, contact KCC.

For karate questions, you may contact **Sarah Brown: 510-206-1934**

Shotokan Karate Institute: shotokankarateinstitute@yahoo.com

KCC: 510-525-0292 kccrec@yahoo.com

Please make all checks payable to: KCC

www.shotokan.com

Gymnastics

Judy Baker, Gymnastics Director (510) 233-1833
KCC (510) 525-0292
kccrec@yahoo.com
59 Arlington Avenue, Kensington, CA 94707

SCHEDULE FOR GYMNASTICS STARTING TUESDAY, MARCH 26TH

We are proud to offer gymnastics classes again this year at the Kensington Community Center, 59 Arlington Avenue (behind the library). Students should wear loose clothing such as leotards, sweatpants, or shorts. Long hair must be tied in a ponytail.

TUESDAYS

11:35 A.M. - 1:00 P.M.	Kindergartners
2:30 P.M. ñ 3:30 P.M.	Advanced Beginners - Grades 1-3
2:50 P.M. - 3:40 P.M.	Advanced Beginners ñ Grades 4-6

INSTRUCTORS

Instructors Judy Baker and Jean Jay are highly qualified and well trained former gymnasts. They have been teaching for fourteen years and are very patient with children.

ENROLLMENT

Please call Judy Baker at 233-1833 to enroll. Enrollment is on-going. You may also enroll during the open KASEP registration on Tuesday, March 12th at 7:00 P.M. in the Kensington Community Center. Parents or guardians of all students are required to sign a waiver before the start of the program.

FEES

The tuition for the Spring session, which runs for nine weeks, beginning March 25th and ending May 28th, 2013, is as follows:

Kindergartners	\$155
Grades 1-6	\$145
<u>One time annual administrative fee ñ all students</u>	\$45

Please make the tuition check payable to KCC and administrative fee check payable to Judy Baker.



SCHOOL OF ROCK

KENSINGTON HILLTOP SCHOOL

AFTER-SCHOOL PROGRAM

The BandWorks after-school rock band program is designed to introduce kids to the exciting experience of playing in a band. We offer music that kids like to play and that is appropriate for their skill level, providing the right amount of structure to ensure that they will have fun and succeed. Most importantly, students learn to work together toward a common goal and be supportive of one another.

For Grades 3-6
Friday, March 29 – Friday, May 31
No class on Friday, April 5th

2:45-4:00pm Beginner Class (no experience required)

Limit: 1 drums, 1 bass, 2 keyboards, 4 guitars, 2 vocals. Other Instruments ok.
Max 10 kids per class

Meets: KCC Rec Building, Room A
\$180 for 9-week class

REGISTRATION

To register, contact us at:
510. THE. BAND (843. 2263)
info@bandworks.com

Or Register with KCC office 510-525-0292
Please feel free to contact us with any questions or concerns
www.bandworks.com

Kids' Circus Class Coming to Kensington

NEW Wednesday Classes for Grades 2-6

Wednesday, 1:50 – 3:05

Wednesday, 3:10 – 4:25

Community Center

Kids' Circus offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, unicycling, stilt walking, rolla bolla, hooping, and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.



This is a great introduction to circus skills experience for young people new to the circus arts and for those who want to build on skills they've already begun to develop.

The goal of our classes is for every child to be a winner. Learning a new circus skill builds self-esteem and confidence and improves balance, hand-eye coordination, dexterity, team building, and sharing. When children express themselves through theater or performance, it can have positive effects on the children's work and behavior in other areas.

Instructor

Slim Chance the Clown, or Doug McNeely as he is also called, has been performing and teaching Circus Arts for the last 15 years. He has toured the US and Europe and has taught at many schools and parks and recreation centers, including Everett Middle School, Columbia Park Boys and Girls' Club, UCB University Village in Albany Parks and Recreation, as well as teaching circus at El Cerrito Recreation Summer Camp.

Dates: Wednesdays, March 27 – May 29

Cost: \$135.00 (9 classes)

To register: This is a KCC Class. You can sign up by calling 525-0292, or you can register the evening of KASEP Registration on March 12th. Circus is a Vagaboom Children's Arts Education Program.

KCC ADULT CLASS

JAZZERCISE

AT THE KENSINGTON COMMUNITY CENTER

Kevin Knickerbocker is teaching a low-impact jazzercise class

from 8:15am-9: 15am every Monday, Wednesday and Friday

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise fitness class combines dance-based cardio with strength training and stretching to sculpt, tone and lengthen muscles for maximum fat burn.

Pay as you go Pricing

Drop-ins are Welcome

Electronic Fund Transfer (EFT) available

Body Sculpting and Core Conditioning Class

**Tuesday and Thursday mornings
at 9:00am at the Community Center.**

Catherine Martikan, instructor.

Questions? Contact Catherine at jazrcat@comcast.net

Drop-Ins Welcome!