

KASEP

Kensington after School Enrichment Program

Fall 2013 Session

Come join the fun. With our amazing range of exciting programs and classes you and your family can participate in community activities of all kinds. There are hundreds of options that can enrich everyone at all ages and stages of life.

Returning Users? Update your account

New Users? Create a Family Account

1. **Online Registration:** WWW.KENSINGTONCOMMUNITYCOUNCIL.ORG
2. **Family Account** - includes
 - a. Address, Cell Phone Number,
 - b. Grade your child is attending,
 - c. Emergency Contact,
 - d. Who picks up your child at the end of class,
 - e. Medical Information/Allergies,
3. **Browse classes by category.** You help put your schedule together, browse the Master Calendar of classes by week. Click to September 16th – first week of KASEP.
4. **NEW: Register for KCC classes online along with the KASEP classes:** gymnastics, circus, karate, and BandWorks.
5. **Add the classes** you like to your cart then head for checkout.

6. **Need Minimum Day** for grades 1-3? It is listed under Getting Started and you can pay online during checkout
7. **KCC Scholarship Donation Fund** - Help families who demonstrate need for financial assistance to enroll in one KASEP Class. You can donate any amount during checkout.
8. **Check Out**-pay with Visa, MasterCard or Discover credit card. It's that easy!

Fall 2013 Session

Monday, September 16 - Friday, December 20, 2013
13 WEEK SESSION

NEW ON-LINE REGISTRATION BEGINS
TUESDAY, SEPTEMBER 3, 6:00 PM

Holidays: There will be no KASEP classes on the following days:
Friday, October 11; Tuesday, November 5; Monday, November 11;
Wednesday-Friday, November 27-29

Minimum Days: The following days are minimum days this Fall
(Not including Wednesdays) Thurs. Sept. 12;
Thursday, October 31; Friday, November 1; Monday, November 4;
Thursday, November 7; Friday, November 8; Tuesday, November 26,
Friday, December 20
(See information on Minimum Day cards)

Last Day to Change Classes: Wednesday, September 25
Second Installment on Payment Due: Friday, November 1

KASEP Administration and Dates to Remember

**Marty West by Administrator
Sandy Thacker, Curriculum Coordinator
Jennifer Phalen, KASEP Afternoon Office Coordinator**

**KASEP Oversight Committee: Michael Bahn, Lisa Mullins, Patty Robertson,
Mary Shaughnessy, Becky Stephens, Lisa Trottier**

**KCC/ KASEP Office
59 Arlington Avenue, Kensington, CA 94707
(510) 525-0292 kccrec@yahoo.com**

Tuesday, Sept. 3	On-line KASEP Registration Begins, 6:00pm
Saturday, Sept. 7	KCC Movie Night, free 7:30pm
Monday, Sept. 16:	KASEP Classes Begin – week 1 of 14 weeks
Friday, Oct. 11	NO KASEP – school training day
Sunday, Oct. 20	KCC FALL Parade - noon
Tuesday, Nov. 5	NO KASEP - School Conference
Monday, Nov. 11	NO KASEP- Veteran's Day - School Holiday
Wed.- Fri., Nov. 27-29	NO KASEP - Thanksgiving Holiday
Tuesday, Dec. 3	KASEP Winter ONLINE Registration Begins, 6:00pm
Thursday, Dec. 19	KASEP Winter Performance, 5:00 pm
Friday, Dec. 20	Last Day of Fall KASEP
Monday, Jan. 6, 2014	Winter KASEP Begins

KASEP REGISTRATION – CHANGES THAT IMPACT YOU

ALL KASEP REGISTRATION WILL BE ON-LINE

THERE WILL NOT BE A LOTTERY

REGISTRATION

Online: KensingtonCommunityCouncil.Org

By Phone: 510-525-0292

In Person: M-F 10:00 to 3:00pm, KCC office

NEW ON-LINE REGISTRATION

NO MORE LOTTERY - NEW POLICY FOR ON-LINE REGISTRATION

There are several KASEP classes identified as “highly impacted classes” – highly desirable and always full: Carpentry, Critter Adventures for Kindergartners, Pottery, and Engineering.

There are 3 KASEP sessions during the academic school year: Fall, Winter and Spring. This new policy gives priority to students who have not taken the class in a prior session. If you enroll in carpentry, engineering, pottery or critters in the Fall, you CANNOT sign up for that class in the Winter session. A flag will be placed on your account to prevent you from registering for that class in Winter. The flag is removed for the KASEP Spring Session and you can enroll again in the highly impacted class.

***TIP – good to know.** Carpentry, Critters, Pottery and Engineering – if there is space available after everyone on the waitlist is called and given the opportunity to enroll, and there is still space available, you may enroll. Check in with the KCC office one week after the start of registration.*

THIS POLICY DOES NOT APPLY ALL KASEP CLASSES - music, language, sports, cooking, singing, keyboard, or art classes. You may enroll in any of these classes, in each session, on a space available basis.

WAITLIST

Once a class is fully enrolled, you may put your child on the waitlist for that class. No payment is required when you are waitlisted. If there is a cancellation, the first person on the waitlist will be called and given 24 hours to respond. The waitlist will accept 5 names.

***TIP- good to know!** The first two names on the waitlist for each class will have the opportunity to pre-register for that class the following session. Children on more than one waitlist may only register for one class. Waitlist does not carry over to the next school year.*

MINIMUM DAY – sign- up ONLINE

A Minimum Day card, available only to KASEP students, provides supervision for your child on minimum days (NOT for early dismissal on Wednesdays) from dismissal time until the start of the first KASEP classes.

Examples of minimum day include Back to School Night, Teacher Parent Conferences, and Halloween. School lets out earlier and there is a time lag before the start of the first KASEP class. This is an optional fee based service.

There are 8 minimum days in the Fall, 1 in Winter and 1 in Spring. Cost is \$16.00 per child for the Fall session, \$2.00 for Winter and \$2.00 for Spring. This is an optional fee, a service KCC offers to parents and which can be paid for during check-out.

CLASS PRICES

KASEP class prices include an administrative fee, credit card fees, and materials fees. The price of the class varies based on the number of weeks the class meets during the session, as well as instruction time and class size.

This Fall, because of requests from our community, KASEP is able to start its program earlier, offering 13 weeks of instruction. For the Fall session, classes meet 13 Mondays, 13 Tuesdays, 13 Wednesdays, 13 Thursdays and 12 Fridays. The longer session will be reflected in higher prices for the classes.

PAYMENT

Payment is due at registration. We accept credit cards on-line and cash and checks in the office. Please make checks payable to K.C.C. Payment can be made in two installments, but a minimum of 50% of each class must be paid at registration.

- ✓ **Credit Card: We accept Visa, MasterCard and Discover**
- ✓ **Check: Please make checks payment to KCC and write class title and child's name on check. A \$25.00 fee will be charge for all returned checks.**

If you owe money from a previous session, you cannot enroll in KASEP until your outstanding balance is paid.

CREDIT AND REFUND POLICY

Classes are occasionally canceled if there is insufficient enrollment. You will be refunded by check and notified before the beginning of the session if your child's class has been canceled. **If KCC/ KASEP cancels a class for any reason, a full refund will be given.**

Classes: If a student drops a class 7 days before the start of class, the full fee will be refunded less a \$25 administrative fee.

If a student drops a class after attending the first class, within 2 days of the first class, you will be charged for the 1 class and assessed the administrative fee of \$25.00. No refunds will be given after the second week of class.

Credit: Students who withdraw from the first class, may receive a credit for the next session (less the pro-rated fee for the class attended). Credit is valid for 6 months to be used towards another class.

PHOTO RELEASE

Occasionally KCC may take photos of students or their work and publish it in the Outlook, our local newspaper or online as part of our brochure and for public relations purposes. We will not publish the names of students.

SCHOLARSHIP DONATIONS

KASEP offers 50 different classes per week for children ages 5–12. The Scholarship Donation Fund offers access to families who would not otherwise have the opportunity to enroll in a KASEP class without your generosity and kindness.

It is only with your financial support that KCC can sustain this commitment to help provide scholarships to others. Donations are accepted by check, cash or credit card.

Scholarships are available for KASEP classes. To apply for a scholarship, contact Marty Westby at the KCC/ KASEP office, 510-525-0292. Deadline for Fall Scholarship Applications is Friday, September 13th.

KINDERGARTEN CLASSES FALL 2013

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI DAY
	13 Weeks	13 Weeks	13 Weeks	13 Weeks	12 Weeks
11:30 - 1:00 Kindergarten	Tennis (* CCM) Garden Fun	Carpentry Art & Bookmaking Mandarin <i>Gymnastics Judy</i>	Carpentry K Fun with Crafts	Critter Adv Kitchen Kids	Games & Sports Club Jam

(Classes in alphabetical order)

Art and Bookmaking for Kindergartners

Instructor: Elaine Chu
 Recreation Building Room C
 Tuesdays 11:30- 1:00 (1 hour 30 minute class)
 Grade: Kindergarten
 Class Size: 6-7
 Cost: \$230 13 week session

Kindergartners can get creative with hands-on art and bookmaking projects. They develop fine motor skills, an appreciation for the arts and crafts, and an inspired sense of accomplishment. Fun projects include pop-up animal books, 3-D medieval castles, felt pamphlets featuring planets and stars, accordion books with pockets, and more. New projects are offered throughout the year.

Carpentry for Kindergartners

Instructor: Sandy Thacker
 Recreation Building Room B
 Tuesdays and Wednesdays 11:30- 1:00 (1 hour 30 minute class)
 Grade: Kindergarten
 Class Size: 6-7
 Cost: Tuesdays \$255 (materials included) 13 week session
 Wednesdays \$255 (materials included) 13 week session

From the very beginning of teaching carpentry to kindergartners, I was never interested in just playing around with wood. I wanted these young carpenters to learn to use real tools and to make real projects, in a safe and supportive environment. To my continuing delight, these five- and six-year-olds are able to make a wide variety of projects of ever-increasing complexity. They learn problem solving, coordination skills, and even some basic math. They have fun and are always proud to take their amazing projects home to enjoy for years to come.

Club Jam: Percussion & Singing for Kindergartners

Instructor: Sarah Torney
Recreation Building Room C
Fridays 11:30- 1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class size: 6-7
Cost: \$190 (materials included) 12 week session

This class incorporates both singing and percussion. Students participate in simple and fun music games and learn how to sing basic children's songs. Class also includes an introduction to rhythm where students will sing rhythmic syllables and play simple beats on hand drums. Class concludes with a performance.

Critter Adventures for Kindergartners

Instructor: Chris Lack
Recreation Building Room B
Thursdays 11:30- 1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class Size: 6-7
Cost: \$245 (materials included) 13 week session

Explore the World of Nature by interacting with the hillside environment around our school. Did you know that lizards, snakes, butterflies, squirrels, gophers, deer, as well as a host of smaller animals and insects live right outside our doors? Our Critter class is a fun way to see, talk and learn about some of the animal and plant neighbors we are close to. Chris likes to take short walks for looking and collecting, and he uses art and craft work as a way of amplifying and illustrating the natural world. In past years we have studied frogs, snails and slugs; caterpillars, bugs and butterflies; birds, fish and crickets; a lizard and a snake or two. Things to see, things to make, things to take home. Join the fun!

Games and Sports for Kindergartners

Instructor: Kim Roots
Grassy Area next to Community Center (Community Center Main Room on rainy days)
Fridays 11:30- 1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class Size: 6-8
Cost: \$200 (equipment included) 12 week session

Sports are a wonderful way to be active, to learn to be part of a team, to gain confidence in your physical abilities, and to have fun. These young athletes will play a variety of games to learn the basic skills of team and individual sports. Proper supervision will assure safe play and the emphasis will be on cooperation and good sportsmanship.

Garden Fun for Kindergartners

NEW CLASS!!!

Instructor: Kate Verhoef
Recreation Building Room B
Mondays 11:30-1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class Size: 6-7
Cost: \$205 (materials included) 13 week session

Did you know that garden plants need friends to help them grow? That some bugs are good for your garden and some are really bad? That worms work very hard to make healthy soil? Learn all about making a healthy garden ecosystem in this hands-on class. Fun projects will include making wildflower seed mud pies, planting seeds in see-through containers, planting garden "friends", and making a hotel for helper bugs, just to name a few.

Kitchen Kids for Kindergartners

Instructor: Pascal Roger
Community Center Kitchen
Thursdays 11:30-1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class Size: 6-7
Cost: \$205 (materials included) 13 week session

This hands-on cooking class is fun, delicious, and healthy! The heart of cooking with kindergartners is having a positive experience with healthy foods. Children will learn that good food is delicious and that cooking is an important way to take care of oneself.

Let's Go Crafting for Kindergartners

Instructor: Sarah Torney
Recreation Building Room A
Wednesdays 11:30-1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class Size: 6-7
Cost: 11:30-1:00 \$215 (materials included) 13 week session

Come play with me – remember the fun of painting with your hands and your feet – learn by doing. Work with paint, chalk, and a variety of other recycled materials -- make Halloween Masks, and other seasonal themed projects. Use that creative side of your brain to experience a new world as you cut, paint and glue.

Mandarin for Kindergartners

Instructor: Shelly Ouyang
Recreation Building Room A
Tuesdays 11:30- 1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class Size: 6-7
Cost: \$195 (materials included) 13 week session

The instructor will teach through fun interactive activities such as storytelling, singing and game playing in a group. Students learn basic listening and conversation in Mandarin by introducing themselves to the others, greetings, counting, making phone calls, talking about school, weather and holidays, etc.

Tennis for Kindergartners

Instructor: Kim Roots
Tennis Courts (Community Center Main Room on rainy days)
Mondays 11:30- 1:00 (1 hour 30 minute class)
Grade: Kindergarten
Class Size: 6-7
Cost: \$220 13 week session

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. New and used rackets are available to borrow.

**CLASSES FOR GRADES 1-6
(in alphabetical order)
FALL 2013**

Action Figures Grades 2-6

New Class!!!

Instructor: Shelly Cournoyer

Recreation Building Room A

Mondays 2:25-3:40 (1 hour 15 minute class) Grades 2-3

Mondays 2:45-3:40 (55 minute class) Grade 4-6

Grades 2-6

Class size: 6-8

Cost: Grades 2-3 \$200 (materials included) 13 week session

Grade 4-6 \$185 (materials included) 13 week session

Here's a fun class for all kids who want to create their own action figure-like puppet. Action Figures are a great way to express your sense of humor and convey an idea in a concise, visual format. We will work on developing your own character and storytelling ideas.

Carpentry for Grades 1-3

Instructor: Sandy Thacker

Recreation Building Room B

Grades 1-3

Tuesdays 2:25-3:40 (1 hour 15 minute class)

Wednesdays 1:50-3:05 (1 hour 15 minute class)

Class Size: 7-8

Cost: Tuesdays: \$220 (materials included) 13 week session

Wednesdays: \$220 (materials included) 13 week session

There's magic in creating something from nothing. You see something you really like, but instead of buying it, you make it yourself. Along the way, you learn new skills, the safe use of a variety of tools, and some practical math. When your project is completed, whether it's a paddle boat, a marble maze, a birdhouse, a xylophone, or another item you come up with, it's a great feeling to take it home to play with and use, or give as a special gift.

If any parents have access to wood or other carpentry materials or tools that they might donate to our carpentry classes, please call Sandy at (510) 482-1258. Thanks.

Carpentry Workshop for Grades 1-6

Instructor: Sandy Thacker

Recreation Building Room B

Tuesdays 3:45-5:00 (1 hour 15 minute class)

Wednesdays 3:10-4:25 (1 hour 15 minute class)

Grades 1-6

Class Size: 6-8

Cost: Tuesdays \$220 (materials included) 13 week session

Wednesdays \$220 (materials included) 13 week session

There is a great satisfaction in working with wood. As you get older and more adept at working with tools, you can also expand your skills by creating more complex and creative projects, sometimes working from your own designs. When you finish a project, whether it's a pinball machine, a pool table, a xylophone, a stool, a bookshelf, or something else you decide to make, it's a special feeling to know that you made it yourself to use or to give as a wonderful present to family or friends.

Cooking from Around the World for Grades 4-6

Instructor: Lisette Lopez

Community Center Kitchen

Fridays 2:45-3:40 (55 minute class)

Grades 4-6

Class size: 6-8

Cost: \$165 (materials provided) 12 week session

Join us in this informative and delicious class. Learn the basics of preparing healthy snacks, meals and decadent desserts for yourself and your family. Exotic spices and recipes from around the world will be taught. At the end of the session each student will have made a recipe booklet containing all of the recipes we've made in class.

Creative Cooking for Grades 1-6

Instructor: Lisette Lopez

Community Center Kitchen

Fridays 3:45-5:00 (1 hour 15 minute class)

Grades 1-6

Class size: 6-8

Cost: \$175 (materials provided) 12 week session

Join us in this informative and delicious class. Learn the basics of preparing healthy snacks, meals and decadent desserts for yourself and your family. Exotic spices and recipes from around the world will be taught. At the end of the session each student will have made a recipe booklet containing all of the recipes we've made in class.

Creative Drama for Grades 1-3

New Instructor!

Instructor: Pascale Roger
Community Center Room 1
Thursdays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class Size: 6-10
Cost: \$190 (materials provided) 13 week session

Children of all abilities are proud to be part of fun, creative play with songs, poems or even short plays. In a supportive environment that allows each child to develop his/ her courage to act on stage in front of an audience, Pascale's class includes improvisational games, creative movement, and a light touch creative performance piece to be shared with parents at the end of the session.

Discoveries of Being a Girl/Creating Serendipity for Grades 1-3 New Class!!

Instructor: Karen Collier- returning instructor
Recreation Building Room C
Tuesdays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class Size: 7-8
Cost: \$195 (materials included) 13 week session

Discovering yourself - Creating Serendipity is an empowerment program that uses fun art/ design projects and journal writing, team-building, and round table discussions to encourage girls to creatively explore their imagination, inspire self-awareness, and develop leadership qualities! The word "Serendipity" means: a natural gift for making useful discoveries by accident.

Discoveries of Being a Girl/Creating Serendipity for Grades 4-6 New Class!!

Instructor: Karen Collier- returning instructor
Recreation Building Room C
Tuesdays 3:45-5:00 (1 hour 15 minute class)
Grades 4-6
Class Size: 7-8
Cost: \$195 (materials included) 13 week session

This afternoon class for older girls is geared as an empowerment program that uses fun art/ design projects and journal writing, team-building, and round table discussions to encourage girls to creatively explore their imagination, inspire self-awareness, and develop leadership qualities! The word "Serendipity" means: a natural gift for making useful discoveries by accident.

Everyday Art for Grades 2-6

Instructor: Carolyn Holm

Recreation Building Room B

Mondays 2:25-3:40 (1 hour 15 minute class) Grades 2-3

Mondays 2:45-3:40 (55 minute class) Grades 4-6

Grades 2-6

NOTE: First graders find this class to be a bit of a challenge. We want art to be fun, not frustrating, so the minimum age for Everyday Art is second grade.

Class Size: 7-8

Cost: \$185 (materials included) Grades 2-3 13 week session

\$165 (materials included) Grades 4-6 13 week session

Drawing and painting, collage and printing, sculpture and color theory - this class is about all kinds of art! And it's not just for the "good drawers". Of course kids who are already confident about their art skills will love the class, but so will those who are not so confident. Students work individually, at their own level, interpreting the projects according to their own development, and every student comes away from the class with the glow of accomplishment and a growing confidence.

Hip Hop Dance for Grades 3-6

Instructor: Tati Argue

Recreation Building Room 1

Wednesdays 3:10-4:25 (1 hour 15 minute class)

Grades 3-6

Class size: 6-10

Cost: \$190 (materials included) 13 week session

Hip Hop derives its traditions from the street and is by nature an improvisational and personally expressive dance form. In the class, we will focus on dance fundamentals but mostly on having fun—learning the basics while gaining confidence in our own creative impulses. Classes include warm up and stretching, isolations, fundamentals and technique of dance (time, 8-count phrasing, positions, levels, weight shift), movement games, choreography and cool down. Wear loose or stretchy clothes, a sweat shirt or warm top in cold weather, and athletic or dance shoes (no sandals, slip-ons or hard-soled shoes). Bring a water bottle.

Jewelry Making for Grades 2-6

Instructor: Shelly Cournoyer

Recreation Building Room A

Mondays 3:45-5:00 (1 hour 15 minute class)

Grades 2-6

Class Size: 6-8

Cost: \$200 (materials included) 13 week session

Students learn to create their own one-of-a-kind jewelry while building individuality and self confidence. They will work with basic hand tools (hammers, punches, pliers, etc.) for the creation of earrings, necklaces, bracelets and pins. Some projects will include a design (drawing) phase, while others will encourage students to work directly as an intuitive process. Materials students will work with may include: metal, beads, wood, plastics, yarn/ hemp twine, shells and recycled/ found forms.

Keyboard for Grades 1-3

Instructor: Jan Jones

Recreation Building Room C

Mondays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class size: 5-7

Cost: \$210 (sheet music and workbook materials provided) 13 week session

Students must provide their own keyboard.

Beginners and continuing keyboard students are welcome in this basic class. Students will learn to read notes and play familiar songs. Each student in the class will get a short, individual lesson, while the other students are working with music-related materials. This class teaches fledgling musicians basic rhythm and note-reading, thus providing a good foundation for piano as well as other instruments. Books, worksheets, music stands and art materials will be provided.

Students must provide their own electronic keyboard with the following capabilities: mid-size keys (full size okay, mini-size not); polyphonic (plays at least 3 notes at a time); battery operated. Students will need to bring keyboards to and from class.

Mandarin, Beginning and Intermediate for Grades 1-3

Instructor: Shelly Ouyang

Recreation Building Room A

Tuesdays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class size: 6-7

Cost: \$185 (materials included) 13 week session

The purpose of this class is to inspire students' interest in learning Chinese and to introduce Chinese culture in a fun and playful environment. Students learn Mandarin Chinese through games, songs and drawings. Chinese pronunciation and character writing is also introduced.

Pokémon for Beginners Grades 2-6 Moved to Friday!

Instructor: Jose Rodriguez

Recreation Building Room C

Fridays 2:25-3:40 (1 hour 15 minute class) Grades 2-3

Fridays 2:45-3:40 (55 minute class) Grades 4-6

Class size: 6-8

Cost: \$170 (materials included) Grades 2-3 12 week session

\$160 (materials included) Grades 4-6 12 week session

The goal of this program is to teach the basic rules of how to play the Pokémon TCG (Trading Card Game) as well as Basic techniques needed for deck building and game strategy. Key points will include: learning the terms of the game, following turn order, basic issues of rule contradictions, deck structure and balance, and most importantly sportsmanship. A deck of cards will be provided to each student.

Pokémon Advanced for Grades 2-6 Moved to Friday!

Instructor: Jose Rodriguez

Recreation Building Room C

Fridays 3:45-5:00 (1 hour 15 minute class)

Grades 2-6

Class size: 6-8

Cost: \$170 (materials included) 12 week session

This class is for students who have a good grasp of the basic rules and strategy of the Pokémon TCG (Trading Card Game). It will focus on advanced deck creation, rules conflicts, and organized competition. Students should either have taken the Pokémon for Beginners class at least once or have participated in some form of structured Pokémon play such as being a member of a Pokémon organized play league. Students will be required to bring their own decks that must be official Pokémon trading cards. Fake or "Proxy" cards will not be allowed. If your child is unsure if they have a "deck" or what "Proxy" cards are then they should attend the Pokémon for beginners class.

Pottery for Grades 1-4

Instructor: Chris Lack

Recreation Building Room B

Thursdays 2:25-3:40 (1 hour 15 minute class) Grades 1-3

Thursdays 2:45-3:40 (55 minute class) Grade 4

Class Size: 7-9

Cost: Grades 1-3 \$215 (materials included) 13 week session

Grade 4 \$200 (materials included) 13 week session

Chris has been teaching and working with the medium of clay for quite awhile. He enjoys helping students of all ages and levels "get their hands into the clay" and let their creativity flow. Pottery making takes many forms – from pots to sculpture, beads to fountains. Students gain a knowledge and a sense of the sculpting process, hand skills, and the enjoyment of working with clay.

Pottery Workshop for Grades 1-6

Instructor: Chris Lack

Recreation Building Room B

Thursdays 3:45-5:00 (1 hour 15 minute class)

Grades 1-6

Class Size: 7-9

Cost: \$215 (materials included) 13 week session

As students gain confidence in working with clay, they are encouraged to use their own ideas and creativity in making more complex and more intricate projects. Pottery making takes many forms - from pots to sculpture, beads to fountains. Students learn new techniques and skills, while enjoying both the process and the results of their work.

Recorder for Grades 2-6

Instructor: Jane Webber

Community Center Room 2

Wednesdays 1:50-3:05 (1 hour 15 minute class) Grades 2-3

Wednesdays 2:10-3:05 (55 minute class) Grades 4-6

Grades 2-6

Class Size: 6-7

Cost: Grades 2-3 \$215 (recorders and other materials provided) 13 week session

Grades 4-6 \$195 (recorders and other materials provided) 13 week session

Come learn to play the recorder! Recorder is a wonderful way to introduce music into a child's life, and can be a stepping stone to the study of more complex instruments later on. Beginning students will learn basic fingerings and note-reading, and will begin playing simple tunes from the very first class. As students advance, more sophisticated techniques and music will be presented. All levels are welcome, as each student will be given individual instruction tailored to his or her unique needs and learning style.

Sewing for Grades 1-3

Instructor: Lynn Crook

Recreation Building Room C

Wednesdays 1:50-3:05 (1 hour 15 minute class)

Grades 1-3

Class Size: 7-8

Cost: \$210 (materials included) 13 week session

Join in the fun of sewing! In this class, kids learn basic hand sewing skills as they make small items such as bookmarks, coin purses, and puppets. Returning students who have more skills can sew items like small balls, little quilts, and even stuffed teddy bears. There are always new projects for each session.

Sewing and Beyond for Grades 4-6

Instructor: Lynn Crook

Recreation Building Room C

Wednesdays 3:10-4:25 (1 hour 15 minute class)

Grades 4-6 (and 3rd graders who have previously taken sewing class)

Class Size: 7-8

Cost: \$210 (materials included) 13 week session

In this class, boys and girls learn how to use a sewing machine. This ability makes it possible to create larger items like pillows, drawstring bags, totes, and quilts of all sizes. Juggling bags, balls, and even stuffed chickens can appear by the end of a session. Great ideas become beloved creations.

Singing: Hit the Note! for Grades 1-3

Instructor: Sarah Torney

Community Center, Room 1

Fridays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class size: 6- 10

Cost: \$180 (materials provided) 12 week session

Let your voice ring and your heart sing. Students gain basic ear training skills for music, starting with songs that focus on rhythm; learn how to sing notes of a major scale and join in the fun of musical games, singing popular songs and prepare for an end of class performance.

Spanish, Beginning for Grades 4-6

Instructor: Lisette Lopez

Recreation Building Room C

Thursdays 2:45-3:40 (55 minute class)

Grades 4-6

Class Size: 6-8

Cost: \$170 (materials included) 13 week session

In this class for older students, start learning a second language. Get a head start on Spanish skills through writing, and strengthen your conversational Spanish with games, music, cultural celebrations and interactive activities.

Spanish, Beginning for Grades 1-6

Instructor: Lisette Lopez

Recreation Building Room C

Thursdays 3:45-4:45 (1 hour class)

Grades 1-6

Class Size: 6-8

Cost: \$170 (materials included) 13 week session

In this class students will learn a basic introduction to Spanish language and culture. The class is structured with a hands-on approach to learning, using role playing, songs, art, and food as different ways to engage and motivate children to learn the language while having fun.

Sports for Grades 1-3

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 1 on rainy days)

Tuesdays 2:25-3:40 (1 hour 15 minute class)

Grades 1-3

Class Size: 7- 12

Cost: \$185 (equipment provided) 13 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, basketball, kickball, and tag games. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Room 1 on rainy days.

Sports for Grades 2-5

Instructors: Kim Roots

Playing Field next to Recreation Building (Community Center Room 1 on rainy days)

Wednesdays 1:50-3:05 (1 hour 15 minute class) Grades 2-3

Wednesdays 2:10-3:05 (55 minute class) Grade 4-5

Grades 2-5

Class Size: 7-12

Cost: Grades 2-3 \$185 (equipment provided) 13 week session

Grade 4-5 \$170 (equipment provided) 13 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, baseball, basketball, kickball, and track & field. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Main Room on rainy days.

Sports for Grades 3-6

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 2 on rainy days)

Thursdays 2:25-3:40 (1 hour 15 minute class) Grade 3

Thursdays 2:45-3:40 (55 minute class) Grades 4-6

Grades 3-6

Class Size: 7-12

Cost: Grade 3 \$185 (equipment provided) 13 week session

Grade 4-6 \$170 (equipment provided) 13 week session

In this class for the upper grades, kids will learn more advanced skills in a variety of popular sports, including soccer, baseball, basketball, kickball, and track and field. The prime objectives are that students have fun and learn to respect fellow classmates. Please note that the class will meet in Room 1 in the Community Center on rainy days.

Tennis, Beginning and Intermediate for Grades 1-4

Instructor: Kim Roots

Tennis Courts (Community Center Room 2 on rainy days)

Mondays 2:25-3:40 (1 hour 15 minute class) Grades 1-3

Mondays 2:45-3:40 (55 minute class) Grade 4

Grades: 1-4

Class Size: 7-8

Cost: Grades 1-3 \$190 13 week session

Grade 4 \$170 13 week session

Tennis, Advanced for Grades 3-6

Instructor: Kim Roots
Tennis Courts (Community Center Main Room on rainy days)
Mondays 3:45-5:00 (1 hour 15 minute class)
Grades: 3-6
Class Size: 7-8
Cost: \$190 13 week session

Tennis, Beginning and Intermediate for Grades 2-6

Instructor: Kim Roots
Tennis Courts (Community Center Main Room on rainy days)
Wednesdays 3:10-4:25 (1 hour 15 minute class)
Grades: 2-6
Class Size: 7-8
Cost: \$190 13 week session

Tennis, Beginning for Grades 1-4

Instructor: Kim Roots
Tennis Courts (Community Center Main Room on rainy days)
Fridays 2:25-3:40 (1 hour 15 minute class) Grades 1-3
Fridays 2:45-3:40 (55 minute class) Grade 4
Grades 1-4
Class Size: 7-8
Cost: Grades 1-3 \$175 12 week session
Grades 4 \$160 12 week session

Tennis, Intermediate for Grades 3-6

Instructor: Kim Roots
Tennis Courts (Community Center Main Room on rainy days)
Fridays 3:45-4:45 (1 hour class)
Grades 3-6 (2nd graders with permission of instructor)
Class Size: 7-8
Cost: \$160 12 week session

Workshop for Young Engineers for Grades 1-3

Instructor: Lance Akiyama
Recreation Building Room A
Thursdays 2:25-3:40 (1 hour 15 minute class)
Grades 1-3
Class size: 6-8
Cost: \$200 (materials provided) 13 week session

Constructing hands-on projects with exciting goals can engage your whole world. That feeling of being totally involved with building something from nothing is the powerful drive behind this class. Craft wood makes up the bulk of the materials, but students also use wheels, hot glue, propellers, and much more to build things like catapults, bridges, and helicopters. Each class begins with a short lecture and simple guidelines, but then students are given free range of resources to accomplish their most ambitious designs. The best part is that students get to take their projects home!

Workshop for Young Engineers for Grades 4-6

Instructor: Lance Akiyama

Recreation Building Room A

Thursdays 3:45- 5:00 (1 hour 15 minute class)

Grades 4-6

Class size: 6-8

Cost: \$200 (materials provided) 13 week session

You can call this a class, but make no mistake! This is not a classroom, but a space for you to freely construct feats of engineering that will awe your friends and parents alike. Each class begins with some valuable engineering ideas presented by the teacher. Most of the time you will be building, experimenting, and redesigning your project. Everything is built from scratch using craft wood, hot glue, wheels, rubber bands, and a whole lot more. Ambitious projects like propeller-powered cars, medieval-style catapults, and even hydraulic robots are just a few of the true-to-life things you'll be constructing. And yes, you get to keep whatever you make!

KCC Classes for Children and Adults

The Kensington Community Council (KCC) offers classes for children and for adults.

KCC is an umbrella organization of which KASEP classes are a part. Some classes are contracted separately under the parent KCC. Payments for these classes are made out to KCC and classes generally follow the same time schedules as our after school KASEP classes.

We also offer adult classes through KCC. This Spring classes include a new an ongoing Acrylic Painting class on Wednesdays and Jazzercise, offered Monday, Wednesday and Friday from 8:15- 9:15am- - drop-ins welcomed. Plus a Body Sculpting class on Tuesdays and Thursdays from 9- 10am.

Contact the KCC office at 525-0292.



Shotokan Karate

www.shotokan.com

We are excited to offer Shotokan Karate beginning classes at the Kensington Community Center, 59 Arlington Avenue, in Kensington. Shotokan Karate is a traditional Japanese martial art that focuses on the building of both mind and body through disciplined karate training.

See your child...

- **Develop strength and coordination**
- **Build discipline and confidence**
- **Increase coordination**
- **Learn self-defense techniques**

Our school's founder is Hanshi M. A. Sharifi who holds the rank of 8th Dan (8th degree black belt). Hanshi Sharifi has trained and taught in Japan, Europe, the Middle East, and the United States. The Shotokan Karate Institute has been in the East Bay for over 25 years. His students who will be running the KASEP classes will include:

Sarah Brown, 2nd Dan – Primary Teacher

Richard Capone, 3rd Dan, Rick McCallum, 4th Dan – Substitute teachers

Class Information:

Mondays: 2:25* PM – 3:40 PM

Grades: 4-6 (if previously enrolled in Karate grades 2 to 3 okay)

Dates: Beginning Monday Sept. 16th and ending Monday December 16th

Costs (13 sessions): \$135

Location: Community Center Main Room

*The classes offered this Fall are beginning classes and thus there will be no physical contact. Students should wear loose fitting clothing.

Enrollment:

You may enroll on-line and pay with credit card. KASEP registration starts September 3rd, at 6:00pm. Go to the website, KensingtonCommunityCouncil.Org, register for Karate. **NOTE:** You must first create an on-line family account before you enroll in the class. For registration questions, contact KCC.

For karate questions, you may contact **Sarah Brown: 510-206-1934.**

Shotokan Karate Institute: shotokankarateinstitute@yahoo.com

Gymnastics

Beginning and Advanced

Judy Baker, Beginning Gymnastics, Director (510) 233-1833
Bindy Baker, Advanced Gymnastics, Instructor, 510-233-1833

Judy's Gymnastics STARTS TUESDAY, September 17th
Gymnastics & Beyond! Starts Thursday, September 19th

We are proud to offer two levels of gymnastics classes this year at the Kensington Community Center, 59 Arlington Avenue (behind the library). Students should wear loose clothing such as leotards, sweatpants, or shorts. Long hair must be tied in a ponytail.

TUESDAYS – Judy's Gymnastics – Judy and Jean

11:35 A.M. - 1:00 P.M.	Kindergartners
2:30 P.M. - 3:30 P.M.	Beginners/Intermediate - Grades 1-3
2:50 P.M. - 3:40 P.M.	Intermediate Grades 4-6

THURSDAYS - Gymnastics & Beyond - Bindy

2:25 - 3:40 P.M.	Intermediate - grades 1-3
3:45 - 5:00 P.M.	Advance Grades 3-6

The focus of Thursday's Gymnastics-Beyond class is to prepare the serious student to compete, to strengthen endurance and flexibility. Bindy trains her students following the USA Gymnastics Jr. Olympic Program. Each gymnast is encouraged to achieve his/ her personal best. Classes are taught in a positive, structured and fun environment,

INSTRUCTORS

Instructors Judy Baker and Jean Jay are highly qualified and well trained former gymnasts. They have been teaching in Kensington for fifteen years and are very patient with children. Judy and Jean teach Tuesday's Class.

BINDY BAKER has taught beginning through competitive gymnastics in the El Cerrito area. Bindy's class is geared for the more serious gymnasts who wants to compete. Bindy teaches preschool in the morning and has a desire to coach gymnastics in the afternoon. If you don't know which gymnastics level is best for your child, call Bindy or Judy at 233-1833.

ENROLLMENT Enrollment is online with KASEP registration, beginning Tuesday September 3rd. Go to the website, *KensingtonCommunityCouncil.Org*. Parents or guardians of all students are required to sign a waiver before the start of the program; the waiver is online for you to sign.

GYMNASTIC FEES

The tuition for the Fall session, which runs for thirteen weeks, beginning September 17 (beginning) Sept. 19 (intermediate/ advanced) and ending December 17th / 19th, is as follows:

Kindergartners (11:30 - 1:00 pm- 1.5 hrs	\$170
Grades 1-6 Judy's Gymnastics - TUESDAY	\$160
Grade 1-3 Intermediate Thursday 2:25 - 3:40 (1 hr 15 min.)	\$205
Grade 3-6 ADVANCED Thursday, 3:45 - 5:00 (1 hr 15 min.)	\$205
<u>One time annual administrative fee - all students</u>	\$ 50

Please pay the administrative fee by check to each of the instructors separate from KCC online registration.



SCHOOL OF ROCK
KENSINGTON HILLTOP SCHOOL
AFTER-SCHOOL PROGRAM

The BandWorks after-school rock band program is designed to introduce kids to the exciting experience of playing in a band. Most importantly, students learn to work together toward a common goal and be supportive of one another.

Intro to Rock Band Instruments for Grades 2-6

Wish you could play guitar? Always wanted to try the drums? Whether you've never picked up an instrument before or are curious about trying a new one, this class offers you a chance to learn some basic skills on guitar, bass, drums, keyboards and vocals. Students get to experience the thrill of playing in a real rock band, playing songs together by the end of the first day, and working toward a rocking in-class performance on the last day! No previous musical experience required. All instruments provided.

Friday, September 20 – December 20th

No class on Friday, October 11 and November 29

2:45-4:00pm Intro Class (no experience required)

Limit: 2 drums, 2 basses, 2 keyboards, 4 guitars, 2 vocals. Other Instruments ok.
Max 10 kids per class

Meets: KCC Rec Building, Room A
\$250.00 for 12-week class

REGISTRATION

To register, first contact BandWorks to discuss instruments and structure of the class. Then go online to the website *KensingtonCommunityCouncil.Org*, create a family account and register for the class.

Please feel free to contact us with any questions or concerns
Check out our website www.bandworks.com

Telephone #: 510-843-2263; email - info@bandworks.com

Kids' Circus Class Comes to Kensington

NEW Wednesday Classes for Grades 2-6

Wednesday, 1:50 – 3:05

Wednesday, 3:10 – 4:25

Community Center



Kids' Circus offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, unicycling, stilt walking, rolla bolla, hooping, and acrobatics. Students will also be introduced to theatrical expression, clowning, and creative movement.

This is a great introduction to circus skills experience for young people new to the circus arts and for those who want to build on skills they've already begun to develop. The goal of our classes is for every child to be a winner. Learning a new circus skill builds self-esteem and confidence and improves balance, hand-eye coordination, dexterity, team building, and sharing. When children express themselves through theater or performance, it can have positive effects on the children's work and behavior in other areas.

Instructor

Slim Chance the Clown, or Doug McNeely as he is also called, has been performing and teaching Circus Arts for the last 15 years. He has toured the US and Europe and has taught at many schools and parks and recreation centers, including Everett Middle School, Columbia Park Boys and Girls' Club, UCB University Village in Albany Parks and Recreation, as well as teaching circus at El Cerrito Recreation Summer Camp.

Dates: Wednesdays, September 18 – December 18

Cost: \$205 (13 classes);

End of Session Performance

To register: This is a KCC Class. You can sign up on-line; go to the website, KensingtonCommunityCouncil.Org , create a family account and register.

Circus is a Vagaboom Children's Arts Education Program.

KCC JAZZERCISE FOR ADULTS

AT THE KENSINGTON COMMUNITY CENTER

Kevin Knickerbocker is teaching low-impact jazzercise from 8:15am-9:15am every Monday, Wednesday and Friday

Every Jazzercise fitness class combines dance-based cardio with strength training and stretching to sculpt, tone and lengthen muscles for maximum fat burn. Pay as you go; Drop-ins are Welcome; EFT payment available.

Kevin Knickerbocker is a certified Jazzercise and Body Sculpting instructor with over 15 years experience.



Adult BODY SCULPTING AND CORE CONDITIONING

**Tuesday and Thursday mornings, 9-10am
Kensington Community Center**

Kevin Knickerbocker, New Instructor

Questions? Call KEVIN at 510-486-2728.

Kevin is excited about the opportunity of continuing Catherine Martiken's class and working with you to continue your physical wellness. Bring mat, weights and water.

KCC PASTEL CLASS FOR ADULTS

Instructor: Jeanne Rehrig

Wednesday Nights

7:00 - 8:30 pm

Kensington Recreation Building

Wednesday, September 18 to October 24

Jeanne Rehrig is a trained artist, who taught pastels last spring to our KASEP students. She is exceptionally talented, gifted in her ability to teach and work with all levels of creativity.

Have fun with Jeanne exploring the versatility of using oil pastels as an exciting art-making medium. Everything from painterly grounds to thick impasto effects can be achieved with their use. You can layer and scrape with tools or mix with mineral spirits to create atmospheric effects. This is one of the few media that can offer instant gratification. So, enhance your creativity while enjoying many of the qualities of oil painting without a lot of the hassles.

Beginners are welcome as well as more advanced students who want to expand their repertoire by trying out a new medium.

Cost \$120.00 for six sessions,

Materials list given at the first class.

(Minimum five students)

To register, call the KCC office at 525-0292

Pre-registration is required