

# **KASEP**

## **Kensington After School Enrichment Program**

**Winter 2011 Registration**

**Wednesday, December 8th**

**Lottery Slips due by Tuesday, December 7th, 9:00 am**

**Kindergarten registration at 6:45pm**

**Grades 1-6 registration at 7:15pm**

**Refreshments available-proceeds benefit the KASEP Scholarship Program**

**Kensington Community Center Main Room**

**59 Arlington Avenue, Kensington 94707**

**KCC/KASEP Office: (510) 525-0292**

**[kccrec@yahoo.com](mailto:kccrec@yahoo.com)**

**For lottery results on December 8th, go to [www.kaseplottery.com](http://www.kaseplottery.com)**

**Classes begin: Monday, January 3rd**

**Classes end: Friday, March 18th**

**Last day to change classes: Monday, January 10th**

**Second installment on payment due: Wed., Feb. 2nd**

**Holidays: There will be no KASEP classes on the following days:**

**Monday, January 17; Monday-Friday, February 21-25**

**Minimum Days: There are no minimum days this session.**

**Scholarships are available for KASEP classes.**

**To apply for a scholarship, contact Esther Hill at the KCC/KASEP office,  
510-525-0292.**

**Deadline for Winter Scholarship Applications is Tuesday, December 7th**

# **KASEP Administration**

Esther Hill, Administrator

Sandy Thacker, Curriculum Coordinator

Jennifer Phalen, KASEP Afternoon Office Coordinator

KASEP Oversight Committee:

Michael, Bahn, Tre Curran, Renee Hoyer-Nielsen, Catherine Johnson, Kim Johnson, Suzie Kito, Karen Kondracki, Amy Kurzer, Anna Siria Ortiz, Maya Turman, Cathy Wagner

*Please fill out your registration form(s) before coming to registration, including the names and phone numbers of two additional people to be contacted in case of an emergency. We can't complete your registration if the form hasn't been filled out completely. Your cooperation will expedite the registration process for you and for others.*

## **Winter KASEP Dates and Times to Remember!**

- |                        |  |
|------------------------|--|
| Tuesday, Dec. 7:       | Lottery Slips due at KCC office, 9am.<br>Scholarship applications deadline at KCC office |
| Wednesday, Dec. 8:     | Winter registration starting at 6:45pm for kindergarten and 7:15pm for grades 1-6        |
| Thursday, Dec. 16:     | KASEP Performance and Party, 6:30 pm in the Youth Hut                                    |
| Monday, January 3:     | Beginning of Winter KASEP session  |
| Monday, January 10:    | Last day to drop KASEP classes   |
| Monday, January 17:    | School holiday, no KASEP   |
| Wednesday, Feb. 2:     | Second payment for KASEP due   |
| Mon.-Fri., Feb. 21-25: | School holiday, no KASEP   |
| Wednesday, March 2:    | Spring Session Registration  |
| Friday, March 18:      | Last day of Winter Session   |
| Monday, March 21:      | KASEP Spring Session Begins  |

## **Steps for Registration**

1. KASEP Winter brochures delivered to school on Tuesday, November 30th.
2. Parents fill out lottery slip and return to the KCC office in the Recreation Building before 9 am Tuesday, December 7th. Please note that we've included two lottery slips: one for kindergarten students and one for grades 1-6.
3. KCC staff post results of lottery drawings (one for kindergarten students and one for grades 1-6) by 3pm on Wednesday, December 8th. Results are posted at the Kensington Community Center, at the Recreation Building, and online at: [www.kaseplottery.com](http://www.kaseplottery.com)
4. Registration begins for kindergarten students at 6:45pm and at 7:15pm for grades 1-6 in the Community Center. Names are called in the order drawn in the lotteries. During registration, families cannot ask a family with a lower lottery number to register for them.

### **Some frequently asked questions about registration:**

**I can't attend registration—how do I sign up for classes?**

Another family can list you on their lottery slip and sign up for both families at registration. They cannot register for you if your name is not on their lottery slip. You can also sign up for any spaces left in classes after registration in the KCC office. Only one lottery slip should be submitted for two families registering together.

**Can I register if I forgot to submit a lottery slip?**

You can come to registration and receive a number that follows the numbers given out through the lottery. As above, you can also sign up for any spaces left in classes after registration in the KCC office.

**What happens if I arrive at registration after my name has been called?**

You'll need to get a "walk-in" number and wait until the rest of the lottery numbers have been called.

**Do I need to fill out any paper work before registration?**

Please fill out the top section of the registration form and bring it with you to registration. Remember to sign the waiver and the areas on the registration form that ask for a signature. The registrar will fill in classes for you at the bottom of the sheet, so please leave this part blank. You'll find a separate worksheet in the packet that you can use to jot down first and second choices for classes.

**May I register if I owe money for a previous session?**

No, you may not sign up for classes at registration. Please come by the KCC office to clear your account. You may register in the office for classes with openings.

**Do I need a lottery number to sign up for gymnastics and karate?**

**No, you may sign up for karate directly without having a lottery number. Please call Judy Baker at 233-1833 for questions about gymnastics.**

**Can I pay by credit card?**

**KCC currently can only accept cash or checks.**

**Should I pack a snack for my child?**

**You can always send a snack along with your child. Whether snacks are provided in a class is at the discretion of the teacher. If your child has any food allergies or special food requirements and you want them to have a snack, you need to provide a snack from home. Also, please let KASEP know about any food allergy issues or special food requirements for your child.**

**Will outdoor classes be held on rainy days?**

**Yes, we have assigned rooms for indoor games and activities on rainy days. Please consult the class description in the brochure for the specific room. Also, please note that the rainy day rooms vary by day since we have many classes during the week.**

**We appreciate the fine service KNA Copy Centre provides for all of our printing needs.**

**KNA Copy Centre**

**1865 Solano Avenue, Berkeley, CA 94707**

**510-526-8777**

## **KASEP WINTER 2011 LOTTERY SLIP- GRADES 1-6**

**Please fill out this slip if you will be registering a child or children in grades 1-6**

**PARENT OR GUARDIAN'S NAME(S):**

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**ONE OTHER FAMILY'S NAME THAT YOU ARE REGISTERING, IF APPLICABLE:**

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**THIS SLIP IS TO BE DROPPED OFF NO LATER THAN 9:00 AM ON TUESDAY, DECEMBER 7TH IN THE MAIL SLOT OF THE KCC/KASEP OFFICE IN THE RECREATION BUILDING.**

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**Cut along dotted line and submit only the appropriate lottery slip or slips. One lottery drawing is held for kindergarten students and one for all students in grades 1-6.**

## **KASEP WINTER 2011 LOTTERY SLIP - KINDERGARTEN**

**Please fill out this slip if you are registering a child in kindergarten**

**PARENT OR GUARDIAN'S NAME(S):**

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**ONE OTHER FAMILY'S NAME THAT YOU ARE REGISTERING, IF APPLICABLE:**

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**THIS SLIP IS TO BE DROPPED OFF NO LATER THAN 9:00 AM ON TUESDAY, DECEMBER 7TH IN THE MAIL SLOT OF THE KCC/KASEP OFFICE IN THE RECREATION BUILDING.**



# **WHAT YOU NEED TO KNOW**

## **GETTING TO CLASS**

For students in grades 1-6, KASEP is responsible only after they check in at their KASEP class. Parents are responsible for providing any required assistance to ensure that their children find their way from school to KASEP classes. If parents do not think their child is able to independently walk to KASEP classes, they should consider waiting until their child is older to start KASEP. Please let us know if your child will be missing their KASEP class.

## **SIGN-OUT PROCEDURES**

On the registration form there will be a place to check and sign a waiver which allows your child to leave KASEP classes on his or her own. If you do not sign this waiver, you or whomever you have assigned are required to come into the classroom and sign the child out before he or she may leave. Students with permission to leave on their own may only leave at the end of the class.

The KASEP staff make every effort to be sure that all students are signed out before leaving the classroom, but it is important that we have your cooperation to insure that (1) you or a person that you have assigned always signs out before taking the child from the classroom, and (2) you talk with your child about not leaving the classroom or the area just outside the classroom until you or the assigned person comes to pick him or her up. To change the child's status in the middle of a session, you need to sign a new form in the KCC office and also alert the appropriate KASEP teachers so they can change the sign-out procedure for your child in their roll books.

**THE BIGGEST HELP PARENTS CAN GIVE US IS TO BE ON TIME OR EVEN A LITTLE EARLY TO PICK UP THEIR CHILD.** If you have given written permission for your child to leave the classroom on his or her own, your child should know where they are supposed to go after class.

## **KINDERGARTEN CLASSES**

KASEP teachers will arrive at the kindergarten classroom in time to pick up the kindergartners, will walk the children down to KASEP, supervise lunch and teach their class. After the class, those children must be picked up by parents or caregivers.

## ATTENDANCE

Parents must notify KASEP (525-0292 voice mail) if a child will be absent.

Each teacher takes attendance every day and gives the roll immediately to the Afternoon Office Coordinator, who then checks unaccounted absences against the school roster for the day. If the child is still not accounted for, the Afternoon Office Coordinator will call the parents' home and work numbers. If there is no answer, she will call the emergency numbers listed on the child's registration form. If calling all available numbers proves fruitless, a call to the Kensington Police will be made if the parent has given authorization to do so.

## SCHOLARSHIPS

In an effort to make our classes available to more students, we offer four partial scholarships each session. Scholarships are limited to one scholarship per family per session. For students eligible for the free lunch program, the scholarship pays for 80% of the class cost; for students eligible for the reduced lunch program or who have demonstrated need, the scholarship pays for 50% of the class cost. Applications will be processed first come, first served with a waiting list of up to four names for the following session. The waiting list will not be carried over the summer. All application information is kept confidential. Applications are available in the KCC office and are due by Tuesday, December 7<sup>th</sup>.

We raise money for scholarships through our bake sales and through donations at registration. We greatly appreciate the generosity of our community in making scholarship funds available.

## PAYMENT

Payment is due at registration. Please make checks payable to K.C.C. Payment can be made in two installments, but a minimum of 50% of the total must be paid at registration.

Classes are occasionally canceled if there is insufficient enrollment. You will be refunded and notified before the beginning of the session if your child's class has been canceled. If parents have not paid in full for all previous KASEP classes, they will not be eligible for the lottery or KASEP classes until they have paid their outstanding balance.



## REFUNDS

Students may drop a class in the first week. There will be a non-refundable processing fee of 10% of the class cost for any class dropped. No refunds are given for students who drop out of class after the first week.

## CLASS PRICES

Please note that the variation in class fees is due to several factors, including the number of weeks that the class meets during the session, the length of the class, and the class size. With holidays in the Winter, the classes will meet for 9 Mondays, 10 Tuesdays, 10 Wednesdays, 10 Thursdays and 10 Fridays.

## LATE PICKUP FEE

Parents will be charged a \$15 late fee for each fifteen minutes or part thereof that they are late.

## DISCIPLINE

Our program is designed to offer quality classes to children after school. Disciplinary problems disrupt the classes and affect the quality of the teaching. On the first occasion of a disciplinary problem, the parent or guardian of a child will be called in an attempt to enlist the parent or guardian's help in correcting the behavior. A second offense may result in the child being permanently dismissed from the class. Any behavior deemed by the teacher to be dangerous will result in the immediate dismissal of the student. The parent will be notified of any action taken. In a case of disciplinary dismissal, no refund will be given.

## WAITING LIST

Once a class is full, children will be placed on a waiting list. The first two names on the waiting list for each class will have the opportunity to preregister for that class the following session. Children on more than one waiting list may only preregister for one class, which applies only to the following session. The waiting list does not carry over to the next school year.

## **MINIMUM DAY CARDS**

A Minimum Day card, available only to KASEP students, provides supervision for your child on minimum days (**NOT for early dismissal on Wednesdays**) from dismissal time until the start of the first KASEP classes. The card costs \$20, can be purchased at the KASEP office or at registration, and is valid all year. Parents are responsible for their children on minimum days (again, not Wednesdays) until the start of KASEP class if they have not purchased a Minimum Day card.

## **AGE REQUIREMENT FOR CLASSES**

Each class description lists the ages for the class. Please do not sign up for a class if your child is not in the grades listed for the class in the brochure.

## **KASEP ADVISORY COMMITTEE**

KASEP is fortunate to have thoughtful, dedicated and hardworking volunteers who serve on the Oversight Committee. These volunteers work at registration, meet regularly to help set policy and advise the administrator, work at camp registration and special events, and evaluate KASEP classes. Committee members receive priority for KASEP registration in recognition of the time they invest in the program. If you are interested in serving on the Oversight Committee, please contact the office at 525-0292 for consideration.

# **SATURDAY DRAMA CLASSES WITH KELLY**

**KELLY DONAHUE-MARLEY** has an education in Child Development, as well as lifelong participation in and passion for the "World of Theater." She has many years of experience working with children, including a number of years teaching Drama at several East Bay public and private schools, including KASEP, Madera School, and the El Cerrito Recreation Department. Kelly's dynamic style and personal enthusiasm fuel each student's theatrical abilities in a supportive and fun environment.

## **Drama Exploration Advanced Workshop**

**Instructor: Kelly Donahue-Marley**

**Kensington Recreation Building Room A**

**Time: Saturdays 12 noon - 1:30 p.m. January 9 - March 19, 2011 (11 classes)**

**Grades: 4th-7th**

**Class Size: 7 - 14**

**Cost: \$185 + \$10 materials fee (make separate \$10 check out to Kelly Donahue)**

This is an advanced drama class and is designed for older and more experienced acting students. The class is wildly creative, encouraging all students to participate and contribute with their ideas and imagination. The class includes: advanced theatre exercises and improvisation; character development; skit work, classic and original; theatre history, styles and terminology; pantomiming; costuming, props and more!

## **Drama Exploration A for Grades 1-3**

**Instructor: Kelly Donahue-Marley**

**Kensington Recreation Building Room A**

**Time: Saturdays 1:30-3:00 p.m. January 9 - March 19, 2011 (11 classes)**

**Grades: 1st-3rd**

**Class Size: 7 - 12**

**Cost: \$185 + \$10 materials fee (make separate \$10 check out to Kelly Donahue)**

In this exciting, creative and super fun class, students learn to be comfortable with their own expression and develop acting skills. Using a wide variety of activities, Kelly helps children explore many aspects of the Theatre World. The class includes theatre games, pantomime, improvisation, theatre terms, story plays, both teacher and student directed skits, costuming, face painting, movement and more. Creativity and individual ideas are strongly encouraged!

**Enrollment is first come, first serve! You may enroll by:**

- Calling Kelly directly at 510-253-9653**
- Calling the KASEP office at 510-525-0292**
- Coming to KASEP registration on Wed., Dec. 8, starting at 7:15 p.m.**



# Shotokan Karate

We are excited to continue to offer Shotokan Karate beginning classes via the Kensington Community Center in Kensington. Shotokan Karate is a traditional Japanese martial art that focuses on the building of both mind and body through disciplined karate training.

## **See your child...**

- **Develop strength and coordination**
- **Build discipline and confidence**
- **Increase coordination**
- **Learn self-defense techniques**

Our school's founder is Sensei M. A. Sharifi who holds the rank of 7<sup>th</sup> Dan (7<sup>th</sup> degree black belt). Sensei Sharifi has trained and taught in Japan, Europe, the Middle East, and the United States. The Shotokan Karate Institute has been in the East Bay for over 20 years. His students who will be running the KASEP classes will include:

Dr. Rick McCallum, 3<sup>rd</sup> Dan

Richard Capone, 2<sup>nd</sup> Dan (1 child at Hilltop; 1 child graduate of Hilltop)

## **Class Information:**

**Mondays:** 2:25 P.M (2:45 P.M.) – 3:45 P.M.                      Grades 1-6\*

**Costs (9 sessions):** \$125

**Dates:** 9 weeks beginning Monday January 3 and ending Monday March 14

**Location:** Community Center Main Room

\*The classes offered this winter are beginning classes and thus there will be no physical contact. Students should wear loose fitting clothing.

Grades 1 to 3 will start at 2:25 and grades 4 to 6 will start at 2:45.

## **Enrollment:**

You may enroll during the open KASEP registration on December 8, 2010 at 7 P.M. in the Kensington Community Center. Or you may download a registration form from our website at: [www.shotokan.com](http://www.shotokan.com) For registration questions, you may contact KCC. For karate questions, you may contact the Shotokan Karate Institute.

**Shotokan Karate Institute:** 510-526-8334    [shotokankarateinstitute@yahoo.com](mailto:shotokankarateinstitute@yahoo.com)

**KCC:** 510-525-0292    [kccrec@yahoo.com](mailto:kccrec@yahoo.com)

*Please make all checks payable to: KCC*

**[www.shotokan.com](http://www.shotokan.com)**

# KASEP WINTER 2011 SCHEDULE

Monday, January 3 – Friday, March 18, 2011

KASEP HOLIDAYS: Monday, January 17; Monday-Friday, February 21-25

Final Schedule of Winter Classes will be posted on [www.aboutkensington.com](http://www.aboutkensington.com)

TIME	MONDAY 13 Weeks	TUESDAY 13 Weeks	WEDNESDAY 13 Weeks	THURSDAY 11 Weeks	FRIDAY 10 Weeks
11:30 - 1:00 Kindergarten	Tennis K\TC (*CCM) Cooking with Taste K \CCK	Carpentry K \RBB Art&Bookmaking K\RBC  <i>Gymnastics K(KCC class)</i>	Carpentry K \RBB Mandarin K\RBA	Critter Adv K\RBB Yoga K\CCM	Games&Sports K \CCG(*CCM) Singing Together K\CC1 Flower Power K\RBC
2:25 - 3:45 Grades 1 - 3 2:45 - 3:45 Grades 4 - 6 <u>Wednesday</u> 1:50 - 3:15 Grades 1 - 3 2:10 - 3:15 Grades 4 - 6	Photography\CC2\4-6 Everyday Art\RBB\2-6 Keyboard A\RBC\1-3 Beginning & Intermediate Tennis \TC (*CC1)\1-4 Beg. Mandarin A \RBA\1-3 Cooking with Taste A \CCK\1-3  <i>Karate (KCC class)</i>	Carpentry A\RBB\1-3 Sports A\ RBF (*CC1)\1-3 Art & Bookmaking \RBC\2-3 Cooking from Garden A \CCK\1-3 Hip Hop \RBA\3-6  <i>Gymnastics (KCC class)</i>	Carpentry A\RBB\1-3 Serendipity for Girls \CC1\5-6 Beg. Mandarin \RBA\1-3 Recorder \CC2\2-6 Sewing A \RBC\1-3 Sports B\RBF (*CCM)\2-5 Cooking A\CCK\1-3	Sports C \RBF (*CC1)\3-6 Pottery A \RBB\1-4 Crafts\RBC\1-6 Yoga A\CCM\1-3	Beginning Tennis \TC (*CCM) \1-4 Science You Can See A \CC1\1-3 Serendipity for Girls \RBC\3-4
3:50 - 4:40 (unless noted)  <u>Wednesday</u> 3:20-4:35 (unless noted)	Advanced Tennis \TC (*CCM)\4-6 Int./Adv. Mandarin \RBA\1-6	Carpentry Workshop \RBB\1-6 (3:50-5:05)	Carpentry Workshop \RBB\1-6 Int./Adv. Mandarin \RBA\1-6 Sewing B & Beyond \RBC\4-6 Beg. & Int. Tennis \TC (*CCM)\2-6 Cooking B\CCK\3-6	Pottery Workshop \RBB\1-6 Flower Power \CC1\1-6	Intermediate Tennis \TC (*CCM)\3-6 Dynamic Engineering \CC1\3-6

Listings include: Course title\Location\Grade Levels

\*alternate room on rainy days

CCM Community Center Main Room  
CC1 Community Center Room 1  
CC2 Community Center Room 2  
CCK Community Center Kitchen  
CCG Community Center and grassy field

RBA Recreation Building Room A  
RBB Recreation Building Room B  
RBC Recreation Building Room C  
RBF Recreation Building Field  
TC Tennis Courts  
BBC Basketball Court



## **A WORD OR TWO ABOUT OUR KASEP TEACHERS**

**LANCE AKIYAMA** has been working with children for the past five years in various settings including a LEGO camp, Spectrum Center, and as a counselor at Neighborhood School and KCC Summer Day Camp. He aspires to facilitate personal growth through his work with children and by becoming a life coach.

**TATI ARGUE** holds a BA in English from UC Berkeley. She has taught children and adults in both academic and fitness settings for ten years. She is currently a staff fitness instructor at the YMCA and has taught kids' classes in tumbling, Hip Hop and other dance forms there. She also teaches dance privately at her home studio. By day she is a preschool teacher.

**VICKY BRODT** has a Bachelor's Degree in Early Childhood Education and has taught preschool for over 10 years. She loves working with kids of all ages. She loves to cook and to share her enthusiasm for cooking with kids. Vicky taught Cooking and Crafting last year for KASEP and cooking in our KCC Summer Camp. The counselors are still raving about some of her recipes.

**ELAINE CHU** loves teaching book arts and has exhibited in various craft shows. She has worked as a graphic designer and piano instructor internationally. She has a Bachelor's Degree in Music from Yale University and a B.F.A. In Graphic Design from University of the Arts in Philadelphia.

**MARK COSTANTINI** is an award-winning professional photographer whose work has been published in many newspapers and magazines, including Time, Life, Newsweek, Rolling Stone, People, Sports Illustrated and the New York Times. Mark was also a staff photographer for the San Francisco Chronicle for over twenty years. He now does documentary photographic essays focused on social issues and the human condition.

**LYNN CROOK**, a former middle-school educator, has been teaching sewing at KASEP since 1996. She began sewing her own clothes in high school and college. When her children went to school in Berkeley, Lynn started working on their school raffle quilts. Winning awards for her own quilts, she is now rewarded while teaching sewing skills to children at KASEP.

**FARHAT DAUD**, with a B.A. In Architecture from UC Berkeley and a Masters in Architecture from the University of Pennsylvania, is currently a licensed, practicing architect. She acquired her passion for cooking through her mother, who is a registered dietitian and taught food science and cooking in India. Growing up, their home kitchen was a laboratory for her mother's experiments and passion for food was a way of life. When Farhat got to college she found she was able to recreate her mother's cooking without recipes and with very little instruction because she had absorbed the basics that her mother had taught. She still enjoys improvising in the kitchen and cooking with her own children.

**CAROLYN HOLM** is a collage and assemblage artist, and the author of "Everyday Art for Kids." She is also a former Kensington Hilltop parent, and created the annual Family Art Night at the school.

**CATHERINE "CRICKET" JOHNSON** Catherine 'Cricket' Johnson is a certified Kundalini Yoga instructor who has practiced and taught yoga for 20 years. With a Second grader at Hilltop, she is grateful to serve the community through teaching in the KASEP program.

Cricket has a degree in Biology from Skidmore College with an emphasis in Plant Biology and has completed coursework towards a Masters Degree in Landscape Architecture at Cornell University. Cricket has always been fascinated by plants and flowers and has enjoyed studying them in school. She has worked with the Education Staff at the Royal Botanic Garden in Edinburgh, Scotland, designing a guide to the garden for school teachers; has worked at floral design in a flower shop in Pittsburgh, PA.; and has been an active member of the Floral design team for the Hilltop Garden Party for the last two years.

Cricket sings in a Bay Area women's vocal group, Voci ([www.vocisings.com](http://www.vocisings.com)). A self-described funky folky, she also performs original songs and uplifting covers with her voice and guitar. Music, movement and heartfelt expression lift her up and will be an integral part of her offering to the KASEP program.

**JAN JONES** is a professional musician--an accomplished performer, an innovative composer/arranger and a skilled instructor. She has taught music including singing, keyboard, piano and recorder to children and adults for more than 25 years.

**CHRIS LACK** works both as a gardener/designer and as a teacher. He has degrees from California College of the Arts and San Francisco State University in Fine Arts. He has been a practicing landscape worker/designer for over twenty years in this area, and has taught many classes during that time as well. Nature, pottery and garden works are near to Chris' heart, and his interest in them comes through in all of his classes.

**ANNA WATKINS PORTER** was born in Europe, lived in Canada and attended college in the United States. Anna's mother's family cooked in the French style--lots of fresh produce with lots of butter! Anna has an interior design business. When she's not hunting for vintage furniture, she's usually on [epicurious.com](http://epicurious.com) planning her next meal. She loves living in the the food mecca of the Bay Area, going to farmers' markets, cooking with her kids, and eating from her family's garden.

**KIM ROOTS**, with a degree in Mathematics and Philosophy from the University of California at Santa Cruz, has been teaching and coaching sports and tennis in our program and in the community for several years. Kim's major interest is to make sports accessible and fun for all kids.

**XINRONG WANG SEARCY** enjoys integrating teaching Chinese language with stories, children's songs, ancient poems and history. She has taught Chinese language and cultural classes for Berkeley Mandarin Group. She has a Master's Degree from Peking University in China and has been a visiting scholar at the Center for Chinese Studies at the University of Hawaii in Manoa.



**SANDY THACKER** has taught carpentry to kids for more than twenty years. Sandy, who has a Master's Degree in Education from Stanford University, previously taught high school and junior high school and then worked for several years as a carpenter. She loves working with young students, and it shows. She has developed a wonderful and very successful program for teaching woodworking skills to children.

**SARAH TORNEY** has been a local preschool teacher for sixteen years, with a main focus on singing, circle time and storytelling.

**JANE WEBBER** has been teaching flute and recorder to children for the past 35 years and brings to this "labor of love" a wealth of experience grounded in kindness and commitment to the growth, both musical and personal, of her students. She also performs with the New Millennium Strings Orchestra.



# **KINDERGARTEN CLASSES** **(in alphabetical order)** **Winter 2011**

*Please note that, beginning this session, all Kindergarten classes will start at 11:30, when KASEP teachers pick up children from their kindergarten classes, and all classes will end at 1:00.*

## **Art and Bookmaking for Kindergartners**

Instructor: Elaine Chu  
Recreation Building Room C  
Tuesdays 11:30-1:00 (1 hour 30 minute class)  
Grade: Kindergarten  
Class Size: 6-7  
Cost: \$160 10 week session

Kindergartners can get creative with hands-on art and bookmaking projects. They develop fine motor skills, an appreciation for the arts and crafts, and an inspired sense of accomplishment. Fun projects include pop-up animal books, 3-D medieval castles, felt pamphlets featuring planets and stars, accordion books with pockets, and more. New projects are offered throughout the year.

## **Carpentry for Kindergartners**

Instructor: Sandy Thacker  
Recreation Building Room B  
Tuesdays and Wednesdays 11:30-1:00 (1 hour 30 minute class)  
Grade: Kindergarten  
Class Size: 6-7  
Cost:           Tuesdays     \$185 (materials included) 10 week session  
                  Wednesdays \$185 (materials included) 10 week session

From the very beginning of teaching carpentry to kindergartners, I was never interested in just playing around with wood. I wanted these young carpenters to learn to use real tools and to make real projects, in a safe and supportive environment. To my continuing delight, these five- and six-year-olds are able to make a wide variety of projects of ever-increasing complexity. They learn problem solving, coordination skills, and even some basic math. They have fun and are always proud to take their amazing projects home to enjoy for years to come.

## **Cooking with Taste for Kindergartners**

Instructor: Farhat Daud

Community Center Kitchen

Mondays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$145 (supplies included) 9 week session

In this class children will learn the basic skills and rudimentary science of creating in the kitchen. The class is structured by methods, such as boiling, steaming, sautéing, etc., which will provide a base to learn why simple chemical reactions allow us to create flavorful, healthy dishes. Basic knife skills, peeling, grating, cracking eggs and more will be taught and developed over the course of the session. Children will have the opportunity to create their own recipes and improvisation is encouraged. This class is part science lab, part art studio and all fun!

## **Critter Adventures for Kindergartners**

Instructor: Chris Lack

Recreation Building Room B

Thursdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$180 (materials included) 10 week session

Explore the World of Nature by interacting with the hillside environment around our school. Did you know that lizards, snakes, butterflies, squirrels, gophers, deer, as well as a host of smaller animals and insects live right outside our doors? Our Critter class is a fun way to see, talk about and learn about some of the animal and plant neighbors we are close to. Chris likes to take short walks for looking and collecting, and he uses art and craft work as a way of amplifying and illustrating the natural world. In past years we have studied frogs, snails and slugs; caterpillars, bugs and butterflies; birds, fish and crickets; a lizard and a snake or two. Things to see, things to make, things to take home. Join the fun!

## **Flower Power for Kindergartners**

Instructor: Catherine Johnson

Recreation Building Room C

Fridays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$150 (material included) 10 week session

This class is for the floral enthusiast. We will talk about flower anatomy, classification and symbolism, observe flowers, sketch flowers, dry flowers, press flowers, eat flowers, arrange flowers and force bulbs.

## **Games and Sports for Kindergartners**

Instructor: Kim Roots

Community Center and Adjoining Grassy Area

Fridays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-8

Cost: \$160 (equipment included) 10 week session

Sports are a wonderful way to be active, to learn to be part of a team, to gain confidence in your physical abilities, and to have fun. These young athletes will play a variety of games to learn the basic skills of team and individual sports. Proper supervision will assure safe play and the emphasis will be on cooperation and good sportsmanship.

## **Mandarin for Kindergartners**

Instructor: Xinrong Wang Searcy

Recreation Building Room A

Wednesdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$150 (materials included) 10 week session

Grade: Kindergarten

Kindergartners can get to know some Chinese culture. The instructor will teach through fun interactive activities such as storytelling, singing and game playing in a group. Students learn basic listening and conversation in Mandarin by introducing themselves to the others, greetings, counting, making phone calls, talking about school, weather and holidays, etc. Students will be able to write some Chinese words.

## **Singing Together for Kindergartners**

Instructor: Sarah Torney

Community Center Room 1

Fridays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class size: 6-7

Cost: \$145 (materials included) 10 week session

Everybody has a built-in instrument: their voice! This fun new class will introduce children to their own sound through songs, rhythm and melodies. Each student will get their own song book, and we will add percussion and other instruments to the mix. Sarah will accompany the singing with guitar or keyboard.

## **Tennis for Kindergartners**

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Mondays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-8

Cost: \$145 9 week session

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. New and used rackets are available to borrow.

## **Yoga for Kindergartners**

Instructor: Catherine Johnson

Community Center Main Room

Thursdays 11:30-1:00 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$140 10 week session

In this class we will have fun playing awareness games, stretching, breathing, chanting and learning about yoga together. Subjects we will explore include...What is meditation? What is a guru? What are emotions? What does yoga mean? ... Mostly we will have a lot of fun.

# **CLASSES FOR GRADES 1-6 (in alphabetical order) WINTER 2011**

Note: Class names followed by an "A" are generally for grades 1-3. Those followed by a "B" are generally for grades 4-6, with some exceptions.

## **Art and Bookmaking**

Instructor: Elaine Chu

Recreation Building Room C

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Grades: 2-3

Class Size: 6-8

Cost: \$150 (materials included) 10 week session

In Art and Bookmaking, students may write and illustrate their own short stories, create pop-up environments, and experiment with materials and techniques through markers, watercolors, oil pastels, rubber stamps and recycled items. They will create a variety of structures including 3-D animal landscapes, yakity-yak books, treasure map scrolls, magic flexagons, and more. There will be new projects throughout the year.

## **Carpentry A**

Instructor: Sandy Thacker

Recreation Building Room B

Grades 1-3

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Class Size: 7-8

Cost: Tuesdays: \$165 (materials included) 10 week session

Wednesdays: \$175 (materials included) 10 week session

There's magic in creating something from nothing. You see something you really like, but instead of buying it, you make it yourself. Along the way, you learn new skills, the safe use of a variety of tools, and some practical math. When your project is completed, whether it's a paddle boat, a marble maze, a birdhouse, a xylophone, or another item you come up with, it's a great feeling to take it home to play with and use, or give as a special gift.

## **Carpentry Workshop**

Instructor: Sandy Thacker

Recreation Building Room B

Tuesdays 3:50-5:05 (1 hour 15 minute class)

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 1-6

Class Size: 6-8

Cost: Tuesdays \$165 (materials included) 10 week session

Wednesdays \$165 (materials included) 10 week session

There is a great satisfaction in working with wood. As you get older and more adept at working with tools, you can also expand your skills by creating more complex and creative projects, sometimes working from your own designs. When you finish a project, whether it's a pinball machine, a pool table, a xylophone, a stool, a bookshelf, or something else you decide to make, it's a special feeling to know that you made it yourself to use or to give as a wonderful present to family or friends.

**If any parents have access to wood or other carpentry materials or tools that they might donate to our carpentry classes, please call Sandy at (510) 482-1258. Thanks.**

## **Cooking A**

Instructor: Vicky Brodt

Community Center Kitchen

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Grades 1-3

Class size: 6-8

Cost: \$160 (materials provided) 10 week session

This is a basic cooking class that teaches cooking skills and vocabulary, with a little measure of math, a sprinkling of social studies, a good portion of science, and a large measure of fun. Kids will enjoy making and eating many international dishes, seasonal recipes, and fun creations.

## **Cooking B**

Instructor: Vicky Brodt

Community Center Kitchen

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 3-6

Class size: 6-8

Cost: \$150 (materials provided) 10 week session

This is a basic cooking class that teaches cooking skills and vocabulary, with a little measure of math, a sprinkling of social studies, a good portion of science, and a large measure of fun. Kids will enjoy making and eating many international dishes, seasonal recipes, and fun creations.



## **Cooking with Taste A**

Instructor: Farhat Daud

Community Center Kitchen

Mondays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 6-8

Cost: \$135 (materials provided) 10 week session

In this class children will learn the basic skills and rudimentary science of creating in the kitchen. The class is structured by methods, such as boiling, steaming, sautéing, etc., which will provide a base to learn why simple chemical reactions allow us to create flavorful, healthy dishes. There will be an emphasis on taste, developing the palette and when and how to flavor food. Children will have the opportunity to create their own recipes and improvisation is encouraged. This class is part science lab, part art studio and all fun!

## **Cooking from the Garden A**

Instructor: Anna Watkins Porter

Community Center Kitchen

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 6-8

Cost: \$150 (materials provided) 10 week session

Learn some principles of cooking while discovering new tastes and textures! We will focus on the "edible schoolyard" - kids will learn about our food sources, some basic botany and prepare fruits and vegetables in fun recipes!

All vegetarian menu will encourage kids to broaden their palette and make healthy food choices. Each class will consist of learning about seasonal produce, how it tastes raw vs. cooked, using new kitchen tools, cooking techniques and a shared meal. Possible menus include berry parfait, roast corn, frittata and pumpkin zucchini muffins.

## **Crafts: Let's Get Crafting!**

Instructor: Vicky Brodt

Recreation Building Room C

Thursdays 2:25-3:45 (1 hour 20 minute class) Grades 1-3

Thursdays 2:45-3:45 (1 hour class) Grades 4-6

Grades 1-6

Class size: 6-8

Cost: \$150 (materials provided) 10 week session Grades 1-3

\$135 (materials provided) 10 week session Grades 4-6

Come make craft projects that could include: mosaic stepping stones, handmade journals, no-sew fabric projects and lots more. Older and more experienced students will be able to make more elaborate and complicated projects.

## **Dynamic Engineering**

Instructor: Lance Akiyama

Community Center Room 1

Fridays 3:50-5:05 (1 hour 15 minute class)

Grades 3-6

Class size: 6-8

Cost: \$140 (materials provided) 10 week session

Pushing the limits of what you think is possible is an extraordinary experience. This new class is driven by that feeling of exhilaration when you construct something spectacular out of nothing. Resourcefulness, troubleshooting, and a practical understanding of physics are key concepts that students use as they create towers, catapults, roller coasters, LEGO racers, and other exciting projects.

## **Everyday Art: Exploring Painting and Drawing**

Instructor: Carolyn Holm

Recreation Building Room B

Mondays 2:25-3:45 (1 hour 20 minute class) Grades 2-3

Mondays 2:45-3:45 (1 hour class) Grades 4-6

Grades 2-6 NOTE: First graders find this class to be a bit of a challenge. We want art to be fun, not frustrating, so the minimum age for Everyday Art is second grade.

Class Size: 7-8

Cost: \$120 (materials included) Grades 2-3 9 week session

\$110 (materials included) Grades 4-6 9 week session

Kids who like to draw, as well as kids who would like to be better drawers, will all love this session of Everyday Art. And good news - you don't have to be "a good drawer" to become a better drawer in this class. Carolyn works with the kids on their drawing skills, using an approach that gets immediate results for a big boost in drawing self esteem. The students will go on to apply these skills in creative projects using color theory, mixed media, and abstract art. They work individually, at their own level, each interpreting the projects according to his or her own development. Kids who are not confident about their art skills won't find the class intimidating, yet "Good Drawers" will find it challenging. In fact, kids coming into the class with less confidence in art are sometimes amazed by what they can do. (For pictures of some past projects from her classes, you are invited to Carolyn Holm's website at [www.carolynholm.us](http://www.carolynholm.us); click on art classes.)

## **Flower Power**

Instructor: Catherine "Cricket" Johnson

Community Center Room 1

Thursdays 3:50-4:40 (50 minute class)

Grades 1-6

Class size: 6-8

Cost: \$130 (materials provided) 10 week session

This class is for the floral enthusiast. Possibilities of what we will do include observing and sketching flowers, drying flowers, pressing flowers, eating flowers, arranging flowers and forcing bulbs. We will make crafts with a floral theme and get out and explore the natural world around the Community Center.

## **Hip Hop Dance**

Instructor: Tati Argue

Recreation Building Room A

Tuesdays 2:45-3:45 (1 hour class) (3<sup>rd</sup> grade parents, note that class starts at 2:45)

Grades 3-6

Class size: 6-12

Cost: \$140 (materials included) 10 week session

Hip Hop derives its traditions from the street and is by nature an improvisational and personally expressive dance form. In the class, we will focus on dance fundamentals but mostly on having fun—learning the basics while gaining confidence in our own creative impulses. Classes include warm up and stretching, isolations, fundamentals and technique of dance (time, 8-count phrasing, positions, levels, weight shift), movement games, choreography and cool down. Wear loose or stretchy clothes, a sweatshirt or warm top in cold weather, and athletic or dance shoes (no sandals, slippers or hard-soled shoes). Bring a water bottle.

## **Keyboard A**

Instructor: Jan Jones

Recreation Building Room C

Mondays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 5-7

Cost: \$140 (sheet music and workbook materials provided) 9 week session

Students must provide their own keyboard.

Beginners and continuing keyboard students are welcome in this basic class. Students will learn to read notes and play familiar songs. Each student in the class will get a short, individual lesson, while the other students are working with music-related materials. This class teaches fledgling musicians basic rhythm and note-reading, thus providing a good foundation for piano as well as other instruments. Books, worksheets, music stands and art materials will be provided.

Students must provide their own electronic keyboard with the following capabilities: mid-size keys (full size okay, mini-size not); polyphonic (plays at least 3 notes at a time) ; battery operated. Students will need to bring keyboards to and from class. A good small keyboard for the keyboard class is a Casio SA 75. They are sold at Music Works in El Cerrito and sometimes at Toys R Us.

## **Mandarin, Beginning for Grades 1-3**

Instructor: Xinrong Wang Searcy

Recreation Building Room A

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Mondays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 6-8

Cost: Mondays \$130 (materials included) 9 week session

Wednesdays \$155 (materials included) 10 week session

Students can get to know some Chinese culture and develop an interest in Chinese literature. Students will learn basic listening and conversation in Mandarin; for example, introducing themselves to the others, greetings, counting, making phone calls, talking about school, the weather and holidays, etc. Instructor will read original literature and explain its meaning to students. Students will learn to write some Chinese words. Students may take one or both classes.

## **Mandarin, Intermediate and Advanced, for Grades 1-6**

Instructor: Xinrong Wang Searcy

Recreation Building Room A

Mondays 3:50-5:05 (1 hour 15 minute class)

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 1-6

Class size: 6-8

Cost: Mondays \$130 (materials included) 9 week session

Wednesdays \$145 (materials included) 10 week session

This class is for students who already have basic listening and reading skills in Mandarin. The class will focus on increasing vocabulary, learning to write more Chinese characters and reading original literature, history and art. The instructor will guide the students to improve their listening and reading comprehension. New vocabulary will be learned from each reading assignment. The instructor will also teach poems and calligraphy. Students may take one or both classes.

## **Photography Workshop**

Instructor: Mark Costantini

Community Center Room 2

Mondays 2:45-3:45 (1 hour class)

Grades 4-6

Class size: 6-8

Cost: \$145 (materials included) 9 week session

Continuing with our breakthrough Photography Workshop, KASEP will again be offering a Black-and-White Photography class this Fall. Students will learn how to photograph with black-and-white film with cameras provided by KASEP as well as learn to develop their own film and print their own photographs in our on-site darkroom. Students will be taught techniques in portraiture, landscape and close-up photography, as well as learn how to mat and present their photographs and create a photographic exhibition. This class provides a unique opportunity to learn classic photographic techniques from a working professional photographer.

## **Pottery A**

Instructor: Chris Lack

Recreation Building Room B

Thursdays 2:25-3:45 (1 hour 20 minute class) Grades 1-3

Thursdays 2:45-3:45 (1 hour class) Grade 4

Grades 1-4

Class Size: 7-9

Cost: Grades 1-3 \$160 (materials included) 10 week session

Grade 4 \$150 (materials included) 10 week session

Chris has been teaching and working with the medium of clay for quite awhile. He enjoys helping students of all ages and levels "get their hands into the clay" and let their creativity flow. Pottery making takes many forms - from pots to sculpture, beads to fountains. Students gain a knowledge and a sense of the sculpting process, hand skills, and the enjoyment of working with clay.

## **Pottery Workshop**

Instructor: Chris Lack

Recreation Building Room B

Thursdays 3:50-4:40 (50 minute class)

Grades 1-6

Class Size: 7-9

Cost: \$150 (materials included) 10 week session

As students gain confidence in working with clay, they are encouraged to use their own ideas and creativity in making more complex and more intricate projects. Pottery making takes many forms - from pots to sculpture, beads to fountains. Students learn new techniques and skills, while enjoying both the process and the results of their work.

## **Recorder**

Instructor: Jane Webber

Community Center Room 2

Wednesdays 1:50-3:15 (1 hour 25 minute class) Grades 2-3

Wednesdays 2:10-3:15 (1 hour 5 minute class) Grades 4-6

Grades 2-6

Class Size: 5-7

Cost: Grades 2-3 \$200 (recorders and other materials provided) 10 week session

Grades 4-6 \$170 (recorders and other materials provided) 10 week session

Come learn to play the recorder! Recorder is a wonderful way to introduce music into a child's life, and can be a stepping stone to the study of more complex instruments later on. Beginning students will learn basic fingerings and note-reading, and will begin playing simple tunes from the very first class. As students advance, more sophisticated techniques and music will be presented. All levels are welcome, as each student will be given individual instruction tailored to his or her unique needs and learning style.

## **Science You Can See A**

Instructor: Lance Akiyama

Community Center Room 1

Fridays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 6-8

Cost: \$140 (materials included) 10 week session

Making new connections between different events is an exciting experience that we use to build and understand our world. You know that when you add this to that, something interesting happens, but how? Conducting fun visual experiments gives students a concrete understanding of scientific ideas. This new class has a heavy emphasis on guided inquiry; students answer questions to discover the information needed for the lesson at hand.

## **Serendipity for Girls in Grades 3-4**

Instructor: Catherine "Cricket" Johnson

Recreation Building Room C

Fridays 2:25-3:45 (1 hour 20 minute class) Grade 3

Fridays 2:45-3:45 (1 hour class) Grade 4

Grades 3-4

Class size: 6-10

Cost: \$145 (materials included) 10 week session Grade 3

\$135 (materials included) 10 week session Grade 4

Wikipedia defines Serendipity as a propensity for making fortunate discoveries while looking for something unrelated. In this class we will talk about inspiration and make art. We will journal and craft, play and talk.

## **Serendipity for Girls in Grades 5-6**

Instructor: Catherine "Cricket" Johnson

Community Center Room 1

Wednesdays 2:10-3:15 (1 hour 5 minute class)

Grades 5-6

Class size: 6-10

Cost: \$135 (materials included) 10 week session

The day Cricket was asked to facilitate this class she walked into the Barnes & Noble Bookstore at the El Cerrito Plaza. Inside the front door a *Psychology Today* issue entitled, "Serendipity - Seize the Power of Chance" (June 2010), caught her eye. How serendipitous! In this class we will circle and stretch and sing and write with the intent to provide a safe forum for discussion of issues related to being a 5th-6th grade girl. The goal of the class is to inspire the girls to listen to and trust their internal wisdom and to empower them with self-awareness and confidence. The girls will come away from the class with a few more tools in their "self-help" toolbox.

## **Sewing A**

Instructor: Lynn Crook  
Recreation Building Room C  
Wednesdays 1:50-3:15 (1 hour 25 minute class)  
Grades 1-3  
Class Size: 7-8  
Cost: \$170 (materials included) 10 week session

Join in the fun of sewing! In this class, kids learn basic hand sewing skills as they make small items such as bookmarks, coin purses, and puppets. Returning students who have more skills can sew items like small balls, little quilts, and even stuffed teddy bears. There are always new projects for each session.

## **Sewing B and Beyond**

Instructor: Lynn Crook  
Recreation Building Room C  
Wednesdays 3:20-4:35 (1 hour 15 minute class)  
Grades 4-6 (and 3<sup>rd</sup> graders who have previously taken sewing class)  
Class Size: 7-8  
Cost: \$155 (materials included) 10 week session

In this class, boys and girls learn how to use a sewing machine. This ability makes it possible to create larger items like pillows, drawstring bags, totes, and quilts of all sizes. Juggling bags, balls, and even stuffed chickens can appear by the end of a session. Great ideas become beloved creations.

## **Sports A**

Instructor: Kim Roots  
Playing Field next to Recreation Building (Community Center Room 1 on rainy days)  
Tuesdays 2:25-3:45 (1 hour 20 minute class)  
Grades 1-3  
Class Size: 7-12  
Cost: \$135 (equipment provided) 10 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, basketball, kickball, and tag games. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Room 1 on rainy days.

## **Sports B**

Instructors: Kim Roots

Playing Field next to Recreation Building (Community Center Main Room on rainy days)

Wednesdays 1:50-3:15 (1 hour 25 minute class) Grades 2-3

Wednesdays 2:10-3:15 (1 hour 5 minute class) Grade 4-5

Grades 2-5

Class Size: 7-12

Cost: Grades 2-3 \$145 (equipment provided) 10 week session

Grade 4-5 \$135 (equipment provided) 10 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, baseball, basketball, kickball, and track & field. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Main Room on rainy days.

## **Sports C**

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 1 on rainy days)

Thursdays 2:25-3:45 (1 hour 20 minute class) Grade 3

Thursdays 2:45-3:45 (1 hour class) Grades 4-6

Grades 3-6

Class Size: 7-12

Cost: Grade 3 \$135 (equipment provided) 10 week session

Grade 4-6 \$125 (equipment provided) 10 week session

In this class for the upper grades, kids will learn more advanced skills in a variety of popular sports, including soccer, baseball, basketball, kickball, and track and field. The prime objectives are that students have fun and learn to respect fellow classmates. Please note that the class will meet in Room 1 in the Community Center on rainy days.

## **Beginning and Intermediate Tennis for Grades 1-4**

Instructor: Kim Roots

Tennis Courts (Community Center Room 1 on rainy days)

Mondays 2:25-3:45 (1 hour 20 minute class) Grades 1-3

Mondays 2:45-3:45 (1 hour class) Grade 4

Grades: 1-4

Class Size: 7-8

Cost: Grades 1-3 \$125 9 week session

Grade 4 \$115 9 week session

## **Advanced Tennis for Grades 3-6**

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Mondays 3:50-4:40 (50 minute class)

Grades: 3-6

Class Size: 7-8

Cost: \$105 9 week session



## **Beginning and Intermediate Tennis for Grades 2-6**

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades: 3-6

Class Size: 7-8

Cost: \$140 10 week session

## **Beginning Tennis for Grades 1-4**

Instructor: Kim Roots

Tennis Courts (Recreation Building Room B on rainy days)

Fridays 2:25-3:45 (1 hour 20 minute class) Grades 1-3

Fridays 2:45-3:45 (1 hour class) Grade 4

Grades 1-4

Class Size: 7-8

Cost: Grades 1-3 \$140 10 week session

Grades 4 \$125 10 week session

## **Intermediate Tennis for Grades 3-6**

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Fridays 3:50-4:40 (50 minute class)

Grades 3-6 (2<sup>nd</sup> graders with permission of instructor)

Class Size: 7-8

Cost: \$115 10 week session

## **Yoga A**

Instructor: Catherine "Cricket" Johnson

Community Center Main Room

Thursdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class Size: 6-8

Cost: \$135 (materials included) 10 week session

In this class we will have fun playing awareness games, stretching, breathing, chanting and learning about yoga together. Subjects we will explore include...What is meditation? What is a guru? What are emotions? What does yoga mean? ... Mostly we will have a lot of fun.



# WORKSHEET FOR REGISTRATION

(Parents: this worksheet is for use in planning classes, not to be turned in at registration.)

<b>Monday</b>	<b>\$</b>	<b>Tuesday</b>	<b>\$</b>	<b>Wednesday</b>	<b>\$</b>	<b>Thursday</b>	<b>\$</b>	<b>Friday</b>	<b>\$</b>
<b>11:30 - 1:00</b> 1st choice  2nd choice		<b>11:30 - 1:00</b> 1st choice  2nd choice		<b>11:30 - 1:00</b> 1st choice  2nd choice		<b>11:30 - 1:00</b> 1st choice  2nd choice		<b>11:30 - 1:00</b> 1st choice  2nd choice	
<b>2:25/2:45-3:45</b> 1st choice  2nd choice		<b>2:25/2:45-3:45</b> 1st choice  2nd choice		<b>1:50/2:10-3:15</b> 1st choice  2nd choice		<b>2:25/2:45-3:45</b> 1st choice  2nd choice		<b>2:25/2:45-3:45</b> 1st choice  2nd choice	
<b>3:50-4:40/5:05</b> 1st choice  2nd choice		<b>3:50-4:40/5:05</b> 1st choice  2nd choice		<b>3:20-4:35</b> 1st choice  2nd choice		<b>3:50-4:40/5:05</b> 1st choice  2nd choice		<b>3:50-4:40/5:05</b> 1st choice  2nd choice	



# WINTER 2011 KASEP REGISTRATION, AUTHORIZATION & HEALTH FORM

CHILD'S NAME \_\_\_\_\_ AGE \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

CHILD'S SCHOOL \_\_\_\_\_ ROOM NO. \_\_\_\_\_ GRADE \_\_\_\_\_

PARENT NAME \_\_\_\_\_ EMAIL \_\_\_\_\_ CELLPHONE \_\_\_\_\_

PARENT NAME \_\_\_\_\_ EMAIL \_\_\_\_\_ CELLPHONE \_\_\_\_\_

Check here, sign and date only if your child is allowed to leave the building on his or her own.

Signature \_\_\_\_\_ Date \_\_\_\_\_

My child, \_\_\_\_\_, has permission to take part in all KASEP activities; any restrictions are stated here:

In case of medical emergency or other situation requiring immediate action, two other people to contact are:

\_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

In an emergency, these people are authorized to give permission for emergency medical treatment for my child. If you cannot reach me or them, I authorize the KASEP staff to take such action as they deem necessary, including treatment of my child by a physician, nurse or at a hospital or other facility.

If my child is absent and parents or emergency numbers cannot be reached, KASEP has my permission to call the Kensington Police to report his or her absence. Yes \_\_\_\_\_ No \_\_\_\_\_

Date: \_\_\_\_\_ Signature (Parent/Guardian): \_\_\_\_\_

Please do not fill out classes or fees below. Use worksheet on preceding page.

Monday	\$	Tuesday	\$	Wednesday	\$	Thursday	\$	Friday	
11:30-1:00		11:30-1:00		11:30-1:00		11:30-1:00		11:30-1:00	
2:25/2:45-3:45		2:25/2:45-3:45		1:50/2:10-3:15		2:25/2:45-3:45		2:25/2:45-3:45	
3:50-4:40/5:05		3:50-4:40/5:05		3:20-4:20/4:35		3:50-4:40/5:05		3:50-4:40/5:05	

\$10 Reg Fee \_\_\_\_\_ (paid once/yr.)      \$20 Min Day Card \_\_\_\_\_ (paid once/yr.)      Scholarship Donation \$ \_\_\_\_\_

Total Amt. Due \_\_\_\_\_      Check No./Date \_\_\_\_\_      Explanation \_\_\_\_\_

Amt. Pd. \_\_\_\_\_

Balance Due \_\_\_\_\_

## Waiver/Release of Liability

Our legal counsel informs us that this form is necessary. Please read carefully.

On behalf of myself and the child enrolled, I acknowledge that certain of the activities in which my child may participate carry the risk of injury. On behalf of myself, my child, the members of my immediate family, our respective heirs, successors and assigns, I do herewith voluntarily assume all risks of such activities, and further, do herewith waive, release and forever discharge Kensington Community Council (hereinafter referred to as K.C.C.), Kensington Community Service District (hereinafter referred to as K.C.S.D.) and Kensington After School Enrichment Program (hereinafter referred to as KASEP), their respective officers, directors, agents, servants, employees, contractors and subcontractors, representatives, successors and assigns, from and of any and all rights, claims, actions, and causes of action, which may accrue to me, my child, the members of my immediate family, our respective heirs, successors, and assigns for any and all damages of any kind whatsoever, including personal injuries, wrongful death, emotional or mental distress, punitive or exemplary damages, pecuniary loss or damage of any kind, or property damage which may be sustained by or accrue to any or each of us arising from or in any way connected to the participation by:

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(Child's Name)

in the activity described in this application, or in any activity reasonably related thereto, including but not limited to travel to and from such activity even if due to the negligence or fault of the parties herein released or the defective condition of the property and/or equipment used. I further agree, for myself, and all those enumerated above, to defend, indemnify, and save harmless, K.C.C., K.C.S.D, KASEP and their respective officers, directors, agents, servants, employees, contractors and subcontractors, representatives, successors, and assigns from any such claims, actions, and causes of action, and any and all damages flowing therefrom.

I have carefully read this agreement, including the foregoing liability waiver, and I fully understand the contents and meaning of each. I acknowledge that I fully understand that I am forever giving up, in advance, any right to sue or make claims against the parties that I am releasing for injuries or damages that my child may sustain while participating in the class, even if caused in whole or in part by the negligence or other fault of the parties or persons I am hereby releasing, by the dangerous or defective condition of any property or equipment owned, maintained or controlled by them, and/or because of their liability without fault. I nonetheless am willing, of my own free will, to sign this waiver of liability because I want my child to be a participant.

I also acknowledge I have read, understand and fully waive the provisions of California Civil Code Section 1542 which is quoted below:

"A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

I also understand that photos may be taken of KASEP classes and that the photos may include my child. I hereby authorize use of these photos for promotional or marketing purposes at the discretion of KASEP, K.C.C. or K.C.S.D.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian

## Media Release Form

General release for film, photography, video, interviews, and internet posts

The Kensington Community Council (KCC) runs the Kensington After School Enrichment Program (KASEP), the Summer Day Camp, recreational programs for adults, and community meetings and events for local residents. We also publish the Outlook, a monthly newsletter distributed to all Kensington residents. On occasion, KCC would like to use the name, photograph, video or film recording, and/or interview comments of students and campers for educational, promotional, and news purposes. In order to use such material, we ask parental consent for any student or camper under 18 years of age.

Please fill out the form below and return to the KCC office at 59 Arlington Avenue, Kensington, CA 94707.

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Student

Name: \_\_\_\_\_

I hereby give consent to the participation in interviews, the use of quotes, and the taking of photographs, movies, and/or video recording of the student named above while participating in classes and activities sponsored by the Kensington Community Council. I also grant to the Kensington Community Council the right to edit, use, and reuse said products for nonprofit purposes including use in print, on the internet, and all other forms of media. I also hereby release the Kensington Community Council and its agents and employees from all claims, demands, and liabilities whatsoever in connection with the above.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

Address of  
Parent/Guardian: \_\_\_\_\_

\_\_\_\_\_

# Health Information for KASEP Students

In case of an emergency, KASEP needs to know any medications your child is taking, and any medical conditions or allergies they might have. Please provide that information in the space below:

Child's name: \_\_\_\_\_

Best telephone number for reaching parent in an emergency: \_\_\_\_\_

Medications your child is taking: \_\_\_\_\_

Medical conditions or allergies: \_\_\_\_\_

\_\_\_\_\_

Detailed description of symptoms to look for and monitor, and specific instructions about what an instructor or staff member should do when a symptom is observed. Use back of page if necessary:

\_\_\_\_\_

\_\_\_\_\_

Physician's Name \_\_\_\_\_ Phone: \_\_\_\_\_

Health Insurance Carrier: \_\_\_\_\_ Policy number: \_\_\_\_\_

Administration of Prescribed Medication for Student: I hereby request that authorized personnel assist this pupil in taking the medication indicated in the manner and dosage prescribed by my child's physician.

Parent or Guardian's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name of parent or guardian (please print): \_\_\_\_\_

## To be completed by Physician/Health Care Provider:

Medication prescribed: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Dosage: \_\_\_\_\_ Time: \_\_\_\_\_

Restrictions and cautions: \_\_\_\_\_

Physician's signature: \_\_\_\_\_ License #: \_\_\_\_\_