

KASEP

Kensington After School Enrichment Program

Fall 2010 Registration

Wednesday, September 8th

Lottery Slips due by Tuesday, September 7th, 9:00 am

Kindergarten registration at 6:45pm

Grades 1-6 registration at 7:15pm

Refreshments available-proceeds benefit the KASEP Scholarship Program

Kensington Community Center Main Room

59 Arlington Avenue, Kensington 94707

KCC/KASEP Office: (510) 525-0292

kccrec@yahoo.com

For lottery results on September 8th, go to www.kaseplottery.com

Classes begin: Monday, September 20th

Classes end: Friday, December 17th

Last day to change classes: Monday, September 27th

Second installment on payment due: Wed., Oct. 27th

Holidays: There will be no KASEP classes on the following days:

Friday, October 15; Thursday-Friday, November 11-12;

Thursday-Friday, November 25-26

Minimum Days: Friday, October 29; Monday-Friday, November 1-5;

Friday, December 17

Scholarships are available for KASEP classes.

**To apply for a scholarship, contact Esther Hill at the KCC/KASEP office,
510-525-0292.**

Deadline for Fall Scholarship Applications is Tuesday, September 7th

KASEP Administration
Esther Hill, Administrator
Sandy Thacker, Curriculum Coordinator

KASEP Oversight Committee:

Tre Curran, Renee Hoyer-Nielsen, Catherine Johnson, Kim Johnson, Suzie Kito,
Karen Kondracki, Amy Kurzer, Maya Turman, Cathy Wagner

Please fill out your registration form(s) before coming to registration, including the names and phone numbers of two additional people to be contacted in case of an emergency. We can't complete your registration if the form hasn't been filled out completely. Your cooperation will expedite the registration process for you and for everyone else.

Fall KASEP Dates and Times to Remember!

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|-------------------------|--|
| Tuesday, Sept. 7, 9am: | Lottery Slips due at KCC office
Scholarship applications deadline at KCC office |
| Wednesday, Sept. 8: | Fall registration starting at 6:45pm for
kindergarten and 7:15pm for grades 1-6 |
| Monday, Sept. 20: | Beginning of Fall KASEP session |
| Monday, Sept. 27: | Last day to drop KASEP classes |
| Friday, Oct. 15: | School holiday, no KASEP |
| Wednesday, Oct. 27: | Second payment for KASEP due |
| Thur.-Fri., Nov. 11-12: | School holiday, no KASEP |
| Thur.-Fri., Nov. 25-26: | School holiday, no KASEP |
| Friday, December 17: | Last day of Fall Session |
| Wednesday, December 8: | Winter Session Registration |
| Monday, January 3: | KASEP Winter Session Begins |

Steps for Registration

1. KASEP Fall brochures delivered to school on Tuesday, August 31st.
2. Parents fill out lottery slip and return to the KCC office in the Recreation Building before 9 am Tuesday, September 7th. Please note that we've included two lottery slips: one for kindergarten students and one for grades 1-6. **NEW:** Lottery slip may be faxed to the KCC office at (510)525-0294 by 9am on Tuesday, September 7th. Please call to confirm receipt.
3. KCC staff post results of lottery drawings (one for kindergarten students and one for grades 1-6) by 3pm on Wednesday, September 8th. Results are posted at the Kensington Community Center, at the Recreation Building, and online at: www.kaseplottery.com
4. Registration begins for kindergarten students at 6:45pm and at 7:15pm for grades 1-6 in the Community Center. Names are called in the order drawn in the lotteries. During registration, families cannot ask a family with a lower lottery number to register for them.

Some frequently asked questions about registration:

I can't attend registration—how do I sign up for classes?

Another family can list you on their lottery slip and sign up for both families at registration. They cannot register for you if your name is not on their lottery slip. You can also sign up for any spaces left in classes after registration in the KCC office. Only one lottery slip should be submitted for two families registering together.

Can I register if I forgot to submit a lottery slip?

You can come to registration and receive a number that follows the numbers given out through the lottery. As above, you can also sign up for any spaces left in classes after registration in the KCC office.

What happens if I arrive at registration after my name has been called?

You'll need to get a "walk-in" number and wait until the rest of the lottery numbers have been called.

Do I need to fill out any paper work before registration?

Please fill out the top section of the registration form and bring it with you to registration. Remember to sign the waiver and the areas on the registration form that ask for a signature. The registrar will fill in classes for you at the bottom of the sheet, so please leave this part blank. You'll find a separate worksheet in the packet that you can use to jot down first and second choices for classes.

May I register if I owe money for a previous session?

No, you may not sign up for classes at registration. Please come by the KCC office to clear your account. You may register in the office for classes with openings.

Do I need a lottery number to sign up for gymnastics and karate?

No, you may sign up for karate directly without having a lottery number. Please call Judy Baker at 233-1833 for questions about gymnastics.

Can I pay by credit card?

KCC currently can only accept cash or checks.

Should I pack a snack for my child?

You can always send a snack along with your child. Whether snacks are provided in a class is at the discretion of the teacher. If your child has any food allergies or special food requirements and you want them to have a snack, you need to provide a snack from home. Also, please let KASEP know about any food allergy issues or special food requirements for your child.

Will outdoor classes be held on rainy days?

Yes, we have assigned rooms for indoor games and activities on rainy days. Please consult the class description in the brochure for the specific room. Also, please note that the rainy day rooms vary by day since we have many classes during the week.

We appreciate the fine service KNA Copy Centre provides for all of our printing needs.

KNA Copy Centre

1865 Solano Avenue, Berkeley, CA 94707

510-526-8777

KASEP FALL 2010 LOTTERY SLIP- GRADES 1-6

Please fill out this slip if you will be registering a child or children in grades 1-6

PARENT OR GUARDIAN'S NAME(S):

ONE OTHER FAMILY'S NAME THAT YOU ARE REGISTERING, IF APPLICABLE:

THIS SLIP IS TO BE DROPPED OFF NO LATER THAN 9:00 AM ON TUESDAY, SEPTEMBER 7TH IN THE MAIL SLOT OF THE KCC/KASEP OFFICE IN THE RECREATION BUILDING.

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Cut along dotted line and submit only the appropriate lottery slip or slips. One lottery drawing is held for kindergarten students and one for all students in grades 1-6.

KASEP FALL 2010 LOTTERY SLIP - KINDERGARTEN

Please fill out this slip if you are registering a child in kindergarten

PARENT OR GUARDIAN'S NAME(S):

ONE OTHER FAMILY'S NAME THAT YOU ARE REGISTERING, IF APPLICABLE:

THIS SLIP IS TO BE DROPPED OFF NO LATER THAN 9:00 AM ON TUESDAY, SEPTEMBER 7TH IN THE MAIL SLOT OF THE KCC/KASEP OFFICE IN THE RECREATION BUILDING.

WHAT YOU NEED TO KNOW

GETTING TO CLASS

For students in grades 1-6, KASEP is responsible only after they check in at their KASEP class. Parents are responsible for providing any required assistance to ensure that their children find their way from school to KASEP classes. If parents do not think their child is able to independently get to KASEP classes, they should consider waiting until their child is older to start KASEP. Please let us know if your child will be missing their KASEP class.

SIGN-OUT PROCEDURES

On the registration form there will be a place to check and sign a waiver which allows your child to leave KASEP classes on his or her own. If you do not sign this waiver, you or whomever you have assigned are required to come into the classroom and sign the child out before he or she may leave.

Students with permission to leave on their own may only leave at the end of the class.

The KASEP staff make every effort to be sure that all students are signed out before leaving the classroom, but it is important that we have your cooperation to insure that (1) you or a person that you have assigned always signs out before taking the child from the classroom, and (2) you talk with your child about not leaving the classroom or the area just outside the classroom until you or the assigned person comes to pick him or her up. To change the child's status in the middle of a session, you need to sign a new form in the KCC office and also alert the appropriate KASEP teachers so they can change the sign-out procedure for your child in their roll books.

THE BIGGEST HELP PARENTS CAN GIVE US IS TO BE ON TIME OR EVEN A LITTLE EARLY TO PICK UP THEIR CHILD. If you have given written permission for your child to leave the classroom on his or her own, your child should know where they are supposed to go after class.

KINDERGARTEN CLASSES

KASEP teachers will arrive at the kindergarten classroom in time to pick up the kindergartners, will walk the children down to KASEP, supervise lunch and teach their class. After the class, those children must be picked up by parents or caregivers.

ATTENDANCE

Parents must notify KASEP (525-0292 voice mail) if a child will be absent.

Each teacher takes attendance every day and gives the roll immediately to the Afternoon Office Coordinator, who then checks unaccounted absences against the school roster for the day. If the child is still not accounted for, the Afternoon Office Coordinator will call the parents' home and work numbers. If there is no answer, she will call the emergency numbers listed on the child's registration form. If calling all available numbers proves fruitless, a call to the Kensington Police will be made if the parent has given authorization to do so.

SCHOLARSHIPS

In an effort to make our classes available to more students, we offer four partial scholarships each session. Scholarships are limited to one scholarship per family per session. For students eligible for the free lunch program, the scholarship pays for 80% of the class cost; for students eligible for the reduced lunch program or who have demonstrated need, the scholarship pays for 50% of the class cost. Applications will be processed first come, first served with a waiting list of up to four names for the following session. The waiting list will not be carried over the summer. All application information is kept confidential. Applications are available in the KCC office and are due by Tuesday, September 7th.

We raise money for scholarships through our bake sales and through donations at registration. We greatly appreciate the generosity of our community in making scholarship funds available.

PAYMENT

Payment is due at registration. Please make checks payable to K.C.C. Payment can be made in two installments, but a minimum of 50% of the total must be paid at registration.

Classes are occasionally canceled if there is insufficient enrollment. You will be refunded and notified before the beginning of the session if your child's class has been canceled. If parents have not paid in full for all previous KASEP classes, they will not be eligible for the lottery or KASEP classes until they have paid their outstanding balance.

REFUNDS

Students may drop a class in the first week. There will be a non-refundable processing fee of 10% of the class cost for any class dropped. No refunds are given for students who drop out of class after the first week.

CLASS PRICES

Please note that the variation in class fees is due to several factors, including the number of weeks that the class meets during the session, the length of the class, and the class size. With holidays and parent/teacher conferences in the Fall, the classes will meet for 13 Mondays, 13 Tuesdays, 13 Wednesdays, 11 Thursdays and 10 Fridays.

LATE PICKUP FEE

Parents will be charged a \$15 late fee for each fifteen minutes or part thereof that they are late.

DISCIPLINE

Our program is designed to offer quality classes to children after school. Disciplinary problems disrupt the classes and affect the quality of the teaching. On the first occasion of a disciplinary problem, the parent or guardian of a child will be called in an attempt to enlist the parent or guardian's help in correcting the behavior. A second offense may result in the child being permanently dismissed from the class. Any behavior deemed by the teacher to be dangerous will result in the immediate dismissal of the student. The parent will be notified of any action taken. In a case of disciplinary dismissal, no refund will be given.

WAITING LIST

Once a class is full, children will be placed on a waiting list. The first two names on the waiting list for each class will have the opportunity to preregister for that class the following session. Children on more than one waiting list may only preregister for one class, which applies only to the following session. The waiting list does not carry over to the next school year.

MINIMUM DAY CARDS

A Minimum Day card, available only to KASEP students, provides supervision for your child on minimum days (**NOT for early dismissal on Wednesdays**) from dismissal time until the start of the first KASEP classes. The card costs \$20, can be purchased at the KASEP office or at registration, and is valid all year. Parents are responsible for their children on minimum days (again, not Wednesdays) until the start of KASEP class if they have not purchased a Minimum Day card.

AGE REQUIREMENT FOR CLASSES

Each class description lists the ages for the class. Please do not sign up for a class if your child is not in the grades listed for the class in the brochure.

KASEP ADVISORY COMMITTEE

KASEP is fortunate to have thoughtful, dedicated and hardworking volunteers who serve on the Oversight Committee. These volunteers work at registration, meet regularly to help set policy and advise the administrator, work at camp registration and special events, and evaluate KASEP classes. Committee members receive priority for KASEP registration in recognition of the time they invest in the program. If you are interested in serving on the Oversight Committee, please contact the office at 525-0292 for consideration.

NEW SATURDAY DRAMA CLASSES WITH KELLY

KELLY DONAHUE-MARLEY has an education in Child Development, as well as lifelong participation in and passion for the "World of Theater." She has many years of experience working with children, including a number of years teaching Drama at several East Bay public and private schools, including KASEP, Madera School, and the El Cerrito Recreation Department. Kelly's dynamic style and personal enthusiasm fuel each student's theatrical abilities in a supportive and fun environment.

Drama Exploration Advanced Workshop

Instructor: Kelly Donahue-Marley

Kensington Recreation Building Room A

Time: Saturdays 12 noon - 1:30 p.m. September 25-December 11 (no class on Nov. 27)

Grades: 4th-7th

Class Size: 7 - 14

Cost: \$185 + \$10 materials fee paid to instructor at first class

This is an advanced drama class and is designed for older and more experienced acting students. The class is wildly creative, encouraging all students to participate and contribute with their ideas and imagination. The class includes: advanced theatre exercises and improvisation; character development; skit work, classic and original; theatre history, styles and terminology; pantomiming; costuming, props and more!

Drama Exploration A for Grades 1-3

Instructor: Kelly Donahue-Marley

Kensington Recreation Building Room A

Time: Saturdays 1:30-3:00 p.m. September 25-December 11 (no class on Nov. 27)

Grades: 1st-3rd

Class Size: 7 - 12

Cost: \$185 + \$10 materials fee paid to instructor at first class

In this exciting, creative and super fun class, students learn to be comfortable with their own expression and develop acting skills. Using a wide variety of activities, Kelly helps children explore many aspects of the Theatre World. The class includes theatre games, pantomime, improvisation, theatre terms, story plays, both teacher and student directed skits, costuming, face painting, movement and more. Creativity and individual ideas are strongly encouraged!

Enrollment is first come, first serve! You may enroll by:

- **Calling Kelly directly at 510-253-9653**
- **Calling the KASEP office at 510-525-0292**
- **Coming to KASEP registration on Wed., Sept. 8, starting at 7:15 p.m.**



Shotokan Karate

We are excited to continue to offer Shotokan Karate beginning classes via the Kensington Community Center in Kensington. Shotokan Karate is a traditional Japanese martial art that focuses on the building of both mind and body through disciplined karate training.

See your child...

- **Develop strength and coordination**
- **Build discipline and confidence**
- **Increase coordination**
- **Learn self-defense techniques**

Our school's founder is Sensei M. A. Sharifi who holds the rank of 7th Dan (7th degree black belt). Sensei Sharifi has trained and taught in Japan, Europe, the Middle East, and the United States. The Shotokan Karate Institute has been in the East Bay for over 20 years. His students who will be running the KASEP classes will include:

Dr. Rick McCallum, 3rd Dan

Richard Capone, 2nd Dan (1 child at Hilltop; 1 child graduate of Hilltop)

Class Information:

Mondays: 2:25 P.M (2:45 P.M.) – 3:45 P.M. Grades 1-6*

Costs (13 sessions): \$155

Dates: 13 weeks beginning Monday Sept. 30th and ending Monday Dec. 13th

Location: Community Center Main Room

*The classes offered this fall are beginning classes and thus there will be no physical contact. Students should wear loose fitting clothing.

Grades 1 to 3 will start at 2:25 and grades 4 to 6 will start at 2:45.

Enrollment:

You may enroll during the open KASEP registration on September 8, 2010 at 7 P.M. in the Kensington Community Center. Or you may download a registration form from our website at: www.shotokan.com For registration questions, you may contact KCC. For karate questions, you may contact the Shotokan Karate Institute.

Shotokan Karate Institute: 510-526-8334 shotokankarateinstitute@yahoo.com

KCC: 510-525-0292 kccrec@yahoo.com

Please make all checks payable to: KCC

www.shotokan.com

Gymnastics

Judy Baker, Gymnastics Director (510) 233-1833
KCC (510) 525-0292
kccrec@yahoo.com
59 Arlington Avenue, Kensington, CA 94707

SCHEDULE FOR GYMNASTICS STARTING SEPT. 21, 2010

We are proud to offer gymnastics classes again this year at the Kensington Community Center, 59 Arlington Avenue (behind the library). Students should wear loose clothing such as leotards, sweatpants, or shorts. Long hair must be tied in a ponytail.

TUESDAYS

11:35 A.M. - 1:00 P.M.	Kindergartners
2:30 P.M. - 3:30 P.M.	Advanced Beginners - Grades 1-3
2:50 P.M. - 3:50 P.M.	Advanced Beginners - Grades 4-6

INSTRUCTORS

Instructors Judy Baker and Jean Jay are highly qualified and well trained former gymnasts. They have been teaching for fourteen years and are very patient with children.

ENROLLMENT

Please call Judy Baker at 233-1833 to enroll. Enrollment is on-going. You may also enroll during the open KASEP registration on September 9th at 7:00 P.M. in the Kensington Community Center. Parents or guardians of all students are required to sign a waiver before the start of the program.

FEES

The tuition for the Fall session, which runs for thirteen weeks, beginning September 21 and ending December 14, 2010, is as follows:

Kindergartners	\$150
Grades 1-6	\$140
<u>One time annual administrative fee - all students</u>	\$45

Please make the tuition check payable to KCC and administrative fee check payable to Judy Baker.

KASEP FALL 2010 SCHEDULE

Monday, September 20 – Friday, December 17, 2010

KASEP HOLIDAYS: Friday, October 15; Thursday-Friday, November 11-12; Thursday-Friday, November 25-26

Final Schedule of Fall Classes will be posted on www.aboutkensington.com

TIME	MONDAY 13 Weeks	TUESDAY 13 Weeks	WEDNESDAY 13 Weeks	THURSDAY 11 Weeks	FRIDAY 10 Weeks
11:35 - 1:05 Kindergarten	Tennis K\TC (*CCM) Cooking with Taste K \CCK	Carpentry K \RBB Art&Bookmaking K\RBC <i>Gymnastics K(KCC class)</i>	Carpentry K \RBB Mandarin K\RBA	Critter Adv K\RBB Yoga K\CCM Imaginative Drama and Play K\RBA	Games&Sports K \CCG(*CCM) Singing Together K\CC1 Flower Power K\RBC
2:25 - 3:45 Grades 1 - 3 2:45 - 3:45 Grades 4 - 6 <u>Wednesday</u> 1:50 - 3:15 Grades 1 - 3 2:10 - 3:15 Grades 4 - 6	Photography\CC2\4-6 Everyday Art\RBB\2-6 Keyboard A\RBC\1-3 Beginning & Intermediate Tennis \TC (*CC1)\1-4 Beg. Mandarin A \RBA\1-3 Cooking with Taste A \CCK\1-3 <i>Karate (KCC class)</i>	Carpentry A\RBB\1-3 Sports A\ RBF (*CC1)\1-3 Art & Bookmaking \RBC\2-3 Cooking from Garden A \CCK\1-3 Hip Hop \RBA\3-6 <i>Gymnastics (KCC class)</i>	Carpentry A\RBB\1-3 Serendipity for Girls \CC1\5-6 Beg. Mandarin \RBA\1-3 Recorder \CC2\2-6 Sewing A \RBC\1-3 Sports B\RBF (*CCM)\2-5 Cooking A\CCK\1-3	Fun with Drama A \RBA\1-3 Sports C \RBF (*CC1)\3-6 Pottery A \RBB\1-4 Crafts\RBC\1-6 Yoga A\CCM\1-3	Chorus A \CCM(*CC2)\1-3 Beginning Tennis \TC (*CCM) \1-4 Science You Can See A \CC1\1-3 Serendipity for Girls \RBC\3-4 Advanced Drama Performance Class \RBA\4-6
3:50 - 4:40 (unless noted) <u>Wednesday</u> 3:20-4:35 (unless noted)	Advanced Tennis \TC (*CCM)\4-6 Int./Adv. Mandarin \RBA\1-6	Carpentry Workshop \RBB\1-6 (3:50-5:05)	Carpentry Workshop \RBB\1-6 Int./Adv. Mandarin \RBA\1-6 Sewing B & Beyond \RBC\4-6 Beg. & Int. Tennis \TC (*CCM)\2-6 Cooking B\CCK\3-6	Pottery Workshop \RBB\1-6 Fun with Drama \RBA\1-4 (3:50-5:05) Co-ed Basketball \BBC (*CC)\3-6 Flower Power \CC1\1-6	Intermediate Tennis \TC (*CCM)\3-6 Dynamic Engineering \CC1\3-6

Listings include: Course title\Location\Grade Levels

***alternate room on rainy days**

CCM Community Center Main Room
CC1 Community Center Room 1
CC2 Community Center Room 2
CCK Community Center Kitchen
CCG Community Center and grassy field

RBA Recreation Building Room A
RBB Recreation Building Room B
RBC Recreation Building Room C
RBF Recreation Building Field
TC Tennis Courts
BBC Basketball Court

A WORD OR TWO ABOUT OUR KASEP TEACHERS

LANCE AKIYAMA has been working with children for the past five years in various settings including a LEGO camp, Spectrum Center, and as a counselor at Neighborhood School and KCC Summer Day Camp. He aspires to facilitate personal growth through his work with children and by becoming a life coach.

MIMOSA ANDRE has been teaching drama in the Bay Area since 2005. Children's programs include Contra Costa Civic Theater's Summer Drama Camp and Musical Juniors as well as Bay Area Children's Theatre. She has also worked with Berkeley Rep and many schools around the Bay Area. Making theater with children brings two of her favorite things together. What a great way to spend time!

TATI ARGUE holds a BA in English from UC Berkeley. She has taught children and adults in both academic and fitness settings for ten years. She is currently a staff fitness instructor at the YMCA and has taught kids' classes in tumbling, Hip Hop and other dance forms there. She also teaches dance privately at her home studio. By day she is a preschool teacher.

VICKY BRODT first learned her love of sewing when she was a child, designing and sewing clothes for her dolls. She has sewn all her life and loves the creative and rewarding art of quilting. She has been a preschool teacher for many years and loves working with kids, including her own children. Vicky is also an experienced cook. She taught Cooking this year in our KCC Summer Camp, and the counselors are still raving about some of her recipes.

ELAINE CHU loves teaching book arts and has exhibited in various craft shows. She has worked as a graphic designer and piano instructor internationally. She has a Bachelor's Degree in Music from Yale University and a B.F.A. In Graphic Design from University of the Arts in Philadelphia.

MARK COSTANTINI is an award-winning professional photographer whose work has been published in many newspapers and magazines, including Time, Life, Newsweek, Rolling Stone, People, Sports Illustrated and the New York Times. Mark was also a staff photographer for the San Francisco Chronicle for over twenty years. He now does documentary photographic essays focused on social issues and the human condition.

LYNN CROOK, a former middle-school educator, has been teaching sewing at KASEP since 1996. She began sewing her own clothes in high school and college. When her children went to school in Berkeley, Lynn started working on their school raffle quilts. Winning awards for her own quilts, she is now rewarded while teaching sewing skills to children at KASEP.

FARHAT DAUD, with a B.A. In Architecture from UC Berkeley and a Masters in Architecture from the University of Pennsylvania, is currently a licensed, practicing architect. She acquired her passion for cooking through her mother, who is a registered dietitian and taught food science and cooking in India. Growing up, their home kitchen was a laboratory for her mother's experiments and passion for food was a

way of life. When Farhat got to college she found she was able to recreate her mother's cooking without recipes and with very little instruction because she had absorbed the basics that her mother had taught. She still enjoys improvising in the kitchen and cooking with her own children.

CAROLYN HOLM is a collage and assemblage artist, and the author of "Everyday Art for Kids." She is also a former Kensington Hilltop parent, and created the annual Family Art Night at the school.

CATHERINE "CRICKET" JOHNSON Catherine 'Cricket' Johnson is a certified Kundalini Yoga instructor who has practiced and taught yoga for 20 years. With a Second grader at Hilltop, she is grateful to serve the community through teaching in the KASEP program.

Cricket has a degree in Biology from Skidmore College with an emphasis in Plant Biology and has completed coursework towards a Masters Degree in Landscape Architecture at Cornell University. Cricket has always been fascinated by plants and flowers and has enjoyed studying them in school. She has worked with the Education Staff at the Royal Botanic Garden in Edinburgh, Scotland, designing a guide to the garden for school teachers; has worked at floral design in a flower shop in Pittsburgh, PA.; and has been an active member of the Floral design team for the Hilltop Garden Party for the last two years.

Cricket sings in a Bay Area women's vocal group, Voci (vocisings.com). A self-described funky folky, she also performs original songs and uplifting covers with her voice and guitar. Music, movement and heartfelt expression lift her up and will be an integral part of her offering to the KASEP program.

JAN JONES is a professional musician--an accomplished performer, an innovative composer/arranger and a skilled instructor. She has taught music including singing, keyboard, piano and recorder to children and adults for more than 25 years.

CHRIS LACK works both as a gardener/designer and as a teacher. He has degrees from California College of the Arts and San Francisco State University in Fine Arts. He has been a practicing landscape worker/designer for over twenty years in this area, and has taught many classes during that time as well. Nature, pottery and garden works are near to Chris' heart, and his interest in them comes through in all of his classes.

ANNA WATKINS PORTER was born in Europe, lived in Canada and attended college in the United States. Anna's mother's family cooked in the French style--lots of fresh produce with lots of butter! Anna has an interior design business. When she's not hunting for vintage furniture, she's usually on epicurious.com planning her next meal. She loves living in the the food mecca of the Bay Area, going to farmers' markets, cooking with her kids, and eating from her family's garden.

KIM ROOTS, with a degree in Mathematics and Philosophy from the University of California at Santa Cruz, has been teaching and coaching sports and tennis in our program and in the community for several years. Kim's major interest is to make sports accessible and fun for all kids.

XINRONG WANG SEARCY enjoys integrating teaching Chinese language with stories, children's songs, ancient poems and history. She has taught Chinese language and cultural classes for Berkeley Mandarin Group. She has a Master's Degree from Peking University in China and has been a visiting scholar at the Center for Chinese Studies at the University of Hawaii in Manoa.

SANDY THACKER has taught carpentry to kids for more than twenty years. Sandy, who has a Master's Degree in Education from Stanford University, previously taught high school and junior high school and then worked for several years as a carpenter. She loves working with young students, and it shows. She has developed a wonderful and very successful program for teaching woodworking skills to children.

SARAH TORNEY has been a local preschool teacher for sixteen years, with a main focus on singing, circle time and storytelling.

JANE WEBBER has been teaching flute and recorder to children for the past 35 years and brings to this "labor of love" a wealth of experience grounded in kindness and commitment to the growth, both musical and personal, of her students. She also performs with the New Millennium Strings Orchestra.

KINDERGARTEN CLASSES **(in alphabetical order)** **Fall 2010**

Art and Bookmaking for Kindergartners

Instructor: Elaine Chu

Recreation Building Room C

Tuesdays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$200 13 week session

Kindergartners can get creative with hands-on art and bookmaking projects. They develop fine motor skills, an appreciation for the arts and crafts, and an inspired sense of accomplishment. Fun projects include pop-up animal books, 3-D medieval castles, felt pamphlets featuring planets and stars, accordion books with pockets, and more. New projects are offered throughout the year.

Carpentry for Kindergartners

Instructor: Sandy Thacker

Recreation Building Room B

Tuesdays and Wednesdays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: Tuesdays \$235 (materials included) 13 week session

Wednesdays \$235 (materials included) 13 week session

From the very beginning of teaching carpentry to kindergartners, I was never interested in just playing around with wood. I wanted these young carpenters to learn to use real tools and to make real projects, in a safe and supportive environment. To my continuing delight, these five- and six-year-olds are able to make a wide variety of projects of ever-increasing complexity. They learn problem solving, coordination skills, and even some basic math. They have fun and are always proud to take their amazing projects home to enjoy for years to come.

Cooking with Taste for Kindergartners

NEW CLASS!

Instructor: Farhat Daud

Community Center Kitchen

Mondays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$195 (supplies included) 13 week session

In this class children will learn the basic skills and rudimentary science of creating in the kitchen. The class is structured by methods, such as boiling, steaming, sautéing, etc., which will provide a base to learn why simple chemical reactions allow us to create flavorful, healthy dishes. Basic knife skills, peeling, grating, cracking eggs and more will be taught and developed over the course of the session. Children will have the opportunity to create their own recipes and improvisation is encouraged. This class is part science lab, part art studio and all fun!

Critter Adventures for Kindergartners

Instructor: Chris Lack

Recreation Building Room B

Thursdays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$200 (materials included) 11 week session

Explore the World of Nature by interacting with the hillside environment around our school. Did you know that lizards, snakes, butterflies, squirrels, gophers, deer, as well as a host of smaller animals and insects live right outside our doors? Our Critter class is a fun way to see, talk about and learn about some of the animal and plant neighbors we are close to. Chris likes to take short walks for looking and collecting, and he uses art and craft work as a way of amplifying and illustrating the natural world. In past years we have studied frogs, snails and slugs; caterpillars, bugs and butterflies; birds, fish and crickets; a lizard and a snake or two. Things to see, things to make, things to take home. Join the fun!

Flower Power for Kindergartners NEW CLASS!

Instructor: Catherine Johnson

Recreation Building Room C

Fridays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$150 (material included) 10 week session

This class is for the floral enthusiast. We will talk about flower anatomy, classification and symbolism, observe flowers, sketch flowers, dry flowers, press flowers, eat flowers, arrange flowers and force bulbs.

Games and Sports for Kindergartners

Instructor: Kim Roots

Community Center and Adjoining Grassy Area

Fridays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-8

Cost: \$160 (equipment included) 10 week session

Sports are a wonderful way to be active, to learn to be part of a team, to gain confidence in your physical abilities, and to have fun. These young athletes will play a variety of games to learn the basic skills of team and individual sports. Proper supervision will assure safe play and the emphasis will be on cooperation and good sportsmanship.

Imaginative Drama and Play for Kindergartners NEW!

Instructor: Mimosa Andre

Recreation Building Room A

Thursdays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$165 (materials included) 11 week session

Students will have a chance to play, learn, and grow in a drama program specifically designed for kindergartners! Activities include drama games, story creation, dress up, imaginative adventures, guided improvisation, and much much more.

Mandarin for Kindergartners

Instructor: Xinrong Wang Searcy

Recreation Building Room A

Wednesdays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$190 (materials included) 13 week session

Grade: Kindergarten

Kindergartners can get to know some Chinese culture. The instructor will teach through fun interactive activities such as storytelling, singing and game playing in a group. Students learn basic listening and conversation in Mandarin by introducing themselves to the others, greetings, counting, making phone calls, talking about school, weather and holidays, etc. Students will be able to write some Chinese words.

Singing Together for Kindergartners

Instructor: Sarah Torney

Community Center Room 1

Fridays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class size: 6-7

Cost: \$145 (materials included) 10 week session

Everybody has a built-in instrument: their voice! This fun new class will introduce children to their own sound through songs, rhythm and melodies. Each student will get their own song book, and we will add percussion and other instruments to the mix. Sarah will accompany the singing with guitar or keyboard.

Tennis for Kindergartners

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Mondays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-8

Cost: \$210 13 week session

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. New and used rackets are available to borrow.

Yoga for Kindergartners

Instructor: Catherine Johnson

Community Center Main Room

Thursdays 11:35-1:05 (1 hour 30 minute class)

Grade: Kindergarten

Class Size: 6-7

Cost: \$155 11 week session

In this class we will have fun playing awareness games, stretching, breathing, chanting and learning about yoga together. Subjects we will explore include...What is meditation? What is a guru? What are emotions? What does yoga mean? ... Mostly we will have a lot of fun.

CLASSES FOR GRADES 1-6 (in alphabetical order) FALL 2010

Note: Class names followed by an "A" are generally for grades 1-3. Those followed by a "B" are generally for grades 4-6, with some exceptions.

Art and Bookmaking

Instructor: Elaine Chu

Recreation Building Room C

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Grades: 2-3

Class Size: 6-8

Cost: \$185 (materials included) 13 week session

In Art and Bookmaking, students may write and illustrate their own short stories, create pop-up environments, and experiment with materials and techniques through markers, watercolors, oil pastels, rubber stamps and recycled items. They will create a variety of structures including 3-D animal landscapes, yakity-yak books, treasure map scrolls, magic flexagons, and more. There will be new projects throughout the year.

Carpentry A

Instructor: Sandy Thacker

Recreation Building Room B

Grades 1-3

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Class Size: 7-8

Cost: Tuesdays: \$205 (materials included) 13 week session

Wednesdays: \$225 (materials included) 10 week session

There's magic in creating something from nothing. You see something you really like, but instead of buying it, you make it yourself. Along the way, you learn new skills, the safe use of a variety of tools, and some practical math. When your project is completed, whether it's a paddle boat, a marble maze, a birdhouse, a xylophone, or another item you come up with, it's a great feeling to take it home to play with and use, or give as a special gift.

Carpentry Workshop

Instructor: Sandy Thacker

Recreation Building Room B

Tuesdays 3:50-5:05 (1 hour 15 minute class)

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 1-6

Class Size: 6-8

Cost: Tuesdays \$205 (materials included) 13 week session

Wednesdays \$205 (materials included) 13 week session

There is a great satisfaction in working with wood. As you get older and more adept at working with tools, you can also expand your skills by creating more complex and creative projects, sometimes working from your own designs. When you finish a project, whether it's a pinball machine, a pool table, a xylophone, a stool, a bookshelf, or something else you decide to make, it's a special feeling to know that you made it yourself to use or to give as a wonderful present to family or friends.

If any parents have access to wood or other carpentry materials or tools that they might donate to our carpentry classes, please call Sandy at (510) 482-1258. Thanks.

Chorus A

Instructor: Sarah Torney

Community Center Main Room

Fridays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 5-7

Cost: \$140 (materials provided) 10 week session

Everyone has a built-in instrument: their voice! In this new class, students will be introduced to their own sound through songs, rhythm and melodies. They will learn to sing together as a chorus, will get their own song book, and will explore the many genres of music. Percussion and other instruments may be added to the mix. Sarah will sometimes accompany the singing with guitar or keyboard.

Co-ed Basketball

Instructor: Kim Roots

Basketball Courts

Thursdays 3:50-4:40 (50 minute class)

Grades: 3-6

Class Size: 8-12

Cost: \$110 (materials included) 11 week session

Want to learn more basketball skills, while playing with friends and having fun? This class is just for you. We will learn basic fundamental skills in a fun and supportive environment. Learn ball handling and shooting skills while developing an understanding for the game and its strategy. You're sure to pick up new skills that you can use on or off the court.

Cooking A

Instructor: Vicky Brodt

Community Center Kitchen

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Grades 1-3

Class size: 6-8

Cost: \$200 (materials provided) 13 week session

Soups and salads, sandwiches and desserts, students learn to gain confidence in the kitchen in this hands-on class, and then enjoy tasting their own creations. Both boys and girls will learn basic cooking principles. Safety and nutrition are always stressed.

Cooking B

Instructor: Vicky Brodt

Community Center Kitchen

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 3-6

Class size: 6-8

Cost: \$185 (materials provided) 13 week session

Learn to make soups and salads, sandwiches and desserts, and special dishes. Students will learn their way around the kitchen and get to taste their own creations. Nutrition and safety are always stressed.

Cooking with Taste A NEW CLASS!

Instructor: Farhat Daud
Community Center Kitchen
Mondays 2:25-3:45 (1 hour 20 minute class)
Grades 1-3
Class size: 6-8
Cost: \$185 (materials provided) 13 week session

In this class children will learn the basic skills and rudimentary science of creating in the kitchen. The class is structured by methods, such as boiling, steaming, sautéing, etc., which will provide a base to learn why simple chemical reactions allow us to create flavorful, healthy dishes. There will be an emphasis on taste, developing the palette and when and how to flavor food. Children will have the opportunity to create their own recipes and improvisation is encouraged. This class is part science lab, part art studio and all fun!

Cooking from the Garden A NEW CLASS!

Instructor: Anna Watkins Porter
Community Center Kitchen
Tuesdays 2:25-3:45 (1 hour 20 minute class)
Grades 1-3
Class size: 6-8
Cost: \$185 (materials provided) 13 week session

Learn some principles of cooking while discovering new tastes and textures! We will focus on the "edible schoolyard" - kids will learn about our food sources, some basic botany and prepare fruits and vegetables in fun recipes!

All vegetarian menu will encourage kids to broaden their palette and make healthy food choices. Each class will consist of learning about seasonal produce, how it tastes raw vs. cooked, using new kitchen tools, cooking techniques and a shared meal. Possible menus include berry parfait, roast corn, frittata and pumpkin zucchini muffins.

Crafts: Let's Get Crafting!

Instructor: Vicky Brodt
Recreation Building Room C
Thursdays 2:25-3:45 (1 hour 20 minute class) Grades 1-3
Thursdays 2:45-3:45 (1 hour class) Grades 4-6
Grades 1-6
Class size: 6-8
Cost: \$160 (materials provided) 11 week session Grades 1-3
 \$150 (materials provided) 11 week session Grades 4-6

Come make craft projects that could include: mosaic stepping stones, handmade journals, no-sew fabric projects and lots more. Older and more experienced students will be able to make more elaborate and complicated projects.

Drama Advanced Performance Class

NEW TEACHER!

Instructor: Mimoso Andre

Recreation Building Room A

Fridays 2:45-3:45 (1 hour class)

Grades 4-6

Class Size: 7-12

Cost: \$125 (materials included) 10 week session

Let's perform! Students will have the opportunity to perform a number of different works throughout the semester, including scenes, original works, and a final group play. Students will also learn about the other elements that go into a production from a technical standpoint. This class will emphasize acting skills, creative expression, dramatic interpretation and more.

Drama classes for grades 1-3 listed under "**Fun with Drama**"

Dynamic Engineering

NEW CLASS!

Instructor: Lance Akiyama

Community Center Room 1

Fridays 3:50-5:05 (1 hour 15 minute class)

Grades 3-6

Class size: 6-8

Cost: \$145 (materials provided) 10 week session

Pushing the limits of what you think is possible is an extraordinary experience. This new class is driven by that feeling of exhilaration when you construct something spectacular out of nothing. Resourcefulness, troubleshooting, and a practical understanding of physics are key concepts that students use as they create towers, catapults, roller coasters, LEGO racers, and other exciting projects.

Everyday Art: Exploring Media

Instructor: Carolyn Holm

Recreation Building Room B

Mondays 2:25-3:45 (1 hour 20 minute class) Grades 2-3

Mondays 2:45-3:45 (1 hour class) Grades 4-6

Grades 2-6 NOTE: First graders find this class to be a bit of a challenge. We want art to be fun, not frustrating, so the minimum age for Everyday Art is second grade.

Class Size: 7-8

Cost: \$170 (materials included) Grades 2-3 13 week session

\$155 (materials included) Grades 4-6 13 week session

This Everyday Art class explores all kinds of art media, from collage to paper mache, from painting to printing. Projects are open-ended, so kids can work individually, interpreting each project according to his or her own development. Kids who are not confident about their art skills are welcome in this class, and usually come away from it with a growing confidence in his or her success in art. Kids who already love art find the projects fun and stimulating. (For pictures of some past projects from her classes, you are invited to Carolyn Holm's website at www.carolynholm.us; click on art classes.)

Flower Power NEW CLASS!

Instructor: Catherine "Cricket" Johnson

Community Center Room 1

Thursdays 3:50-4:40 (50 minute class)

Grades 1-6

Class size: 6-8

Cost: \$140 (materials provided) 11 week session

This class is for the floral enthusiast. We will talk about flower anatomy, classification and symbolism, observe flowers, sketch flowers, dry flowers, press flowers, eat flowers, arrange flowers and force bulbs.

Fun with Drama A NEW TEACHER!

Instructor: Mimosa Andre

Recreation Building Room A

Thursdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class Size: 7-10

Cost: \$135 (materials included) 11 week session

A great introductory class for students new to drama, and a great class for returning drama students as well. Games, creation, and performance elements will be at the center of this class with room to expand in all directions! Drama teaches about confidence, presentation, characterization - important life skills while having fun!

Fun with Drama

NEW TEACHER!

Instructor: Mimoso Andre

Recreation Building Room A

Thursdays 3:50-5:05 (1 hour 15 minute class)

Grades 1-4

Class Size: 7-10

Cost: \$135 (materials included) 11 week session

A great introductory class for students new to drama, and a great class for returning drama students as well. Games, creation, and performance elements will be at the center of this class with room to expand in all directions! Drama teaches about confidence, presentation, characterization – important life skills while having fun.

Hip Hop Dance

Instructor: Tati Argue

Recreation Building Room A

Tuesdays 2:45-3:45 (1 hour class) (3rd grade parents, note that class starts at 2:45)

Grades 3-6

Class size: 6-12

Cost: \$180 (materials included) 13 week session

Hip Hop derives its traditions from the street and is by nature an improvisational and personally expressive dance form. In the class, we will focus on dance fundamentals but mostly on having fun—learning the basics while gaining confidence in our own creative impulses. Classes include warm up and stretching, isolations, fundamentals and technique of dance (time, 8-count phrasing, positions, levels, weight shift), movement games, choreography and cool down. Wear loose or stretchy clothes, a sweatshirt or warm top in cold weather, and athletic or dance shoes (no sandals, slippers or hard-soled shoes). Bring a water bottle.

Keyboard A

Instructor: Jan Jones

Recreation Building Room C

Mondays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 5-7

Cost: \$195 (sheet music and workbook materials provided) 13 week session

Students must provide their own keyboard.

Beginners and continuing keyboard students are welcome in this basic class. Students will learn to read notes and play familiar songs. Each student in the class will get a short, individual lesson, while the other students are working with music-related materials. This class teaches fledgling musicians basic rhythm and note-reading, thus providing a good foundation for piano as well as other instruments. Books, worksheets, music stands and art materials will be provided.

Students must provide their own electronic keyboard with the following capabilities: mid-size keys (full size okay, mini-size not); polyphonic (plays at least 3 notes at a time) ; battery operated. Students will need to bring keyboards to and from class. A good small keyboard for the keyboard class is a Casio SA 75. They are sold at Music Works in El Cerrito and sometimes at Toys R Us.

Mandarin, Beginning for Grades 1-3

Instructor: Xinrong Wang Searcy

Recreation Building Room A

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Mondays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 6-8

Cost: Mondays \$180 (materials included) 13 week session

Wednesdays \$195 (materials included) 13 week session

Students can get to know some Chinese culture and develop an interest in Chinese literature. Students will learn basic listening and conversation in Mandarin; for example, introducing themselves to the others, greetings, counting, making phone calls, talking about school, the weather and holidays, etc. Instructor will read original literature and explain its meaning to students. Students will learn to write some Chinese words. Students may take one or both classes.

Mandarin, Intermediate and Advanced, for Grades 1-6

Instructor: Xinrong Wang Searcy

Recreation Building Room A

Mondays 3:50-5:05 (1 hour 15 minute class)

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 1-6

Class size: 6-8

Cost: Mondays \$180 (materials included) 13 week session

Wednesdays \$180 (materials included) 13 week session

This class is for students who already have basic listening and reading skills in Mandarin. The class will focus on increasing vocabulary, learning to write more Chinese characters and reading original literature, history and art. The instructor will guide the students to improve their listening and reading comprehension. New vocabulary will be learned from each reading assignment. The instructor will also teach poems and calligraphy. Students may take one or both classes.

Photography Workshop

Instructor: Mark Costantini

Community Center Room 2

Mondays 2:45-3:45 (1 hour class)

Grades 4-6

Class size: 6-8

Cost: \$195 (materials included) 13 week session

Continuing with our breakthrough Photography Workshop, KASEP will again be offering a Black-and-White Photography class this Fall. Students will learn how to photograph with black-and-white film with cameras provided by KASEP as well as learn to develop their own film and print their own photographs in our on-site darkroom. Students will be taught techniques in portraiture, landscape and close-up photography, as well as learn how to mat and present their photographs and create a photographic exhibition for our Holiday Open House. This class provides a unique opportunity to learn classic photographic techniques from a working professional photographer.

Pottery A

Instructor: Chris Lack

Recreation Building Room B

Thursdays 2:25-3:45 (1 hour 20 minute class) Grades 1-3

Thursdays 2:45-3:45 (1 hour class) Grade 4

Grades 1-4

Class Size: 7-9

Cost: Grades 1-3 \$175 (materials included) 11 week session

Grade 4 \$165 (materials included) 11 week session

Chris has been teaching and working with the medium of clay for quite awhile. He enjoys helping students of all ages and levels "get their hands into the clay" and let their creativity flow. Pottery making takes many forms - from pots to sculpture, beads to fountains. Students gain a knowledge and a sense of the sculpting process, hand skills, and the enjoyment of working with clay.

Pottery Workshop

Instructor: Chris Lack

Recreation Building Room B

Thursdays 3:50-4:40 (50 minute class)

Grades 1-6

Class Size: 7-9

Cost: \$165 (materials included) 11 week session

As students gain confidence in working with clay, they are encouraged to use their own ideas and creativity in making more complex and more intricate projects. Pottery making takes many forms - from pots to sculpture, beads to fountains. Students learn new techniques and skills, while enjoying both the process and the results of their work.

Recorder

Instructor: Jane Webber

Community Center Room 2

Wednesdays 1:50-3:15 (1 hour 25 minute class) Grades 2-3

Wednesdays 2:10-3:15 (1 hour 5 minute class) Grades 4-6

Grades 2-6

Class Size: 5-7

Cost: Grades 2-3 \$255 (recorders and other materials provided) 13 week session

Grades 4-6 \$215 (recorders and other materials provided) 13 week session

Come learn to play the recorder! Recorder is a wonderful way to introduce music into a child's life, and can be a stepping stone to the study of more complex instruments later on. Beginning students will learn basic fingerings and note-reading, and will begin playing simple tunes from the very first class. As students advance, more sophisticated techniques and music will be presented. All levels are welcome, as each student will be given individual instruction tailored to his or her unique needs and learning style.

Science You Can See A

NEW CLASS!

Instructor: Lance Akiyama

Community Center Room 1

Fridays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 6-8

Cost: \$145 (materials included) 10 week session

Making new connections between different events is an exciting experience that we use to build and understand our world. You know that when you add this to that, something interesting happens, but how? Conducting fun visual experiments gives students a concrete understanding of scientific ideas. This new class has a heavy emphasis on guided inquiry; students answer questions to discover the information needed for the lesson at hand.

Serendipity for Girls in Grades 3-4

NEW TEACHER!

Instructor: Catherine "Cricket" Johnson

Recreation Building Room C

Fridays 2:25-3:45 (1 hour 20 minute class) Grade 3

Fridays 2:45-3:45 (1 hour class) Grade 4

Grades 3-4

Class size: 6-10

Cost: \$145 (materials included) 10 week session

The day Cricket was asked to facilitate this class she walked into the Barnes & Noble Bookstore at the El Cerrito Plaza. Inside the front door a *Psychology Today* issue entitled, "Serendipity - Seize the Power of Chance" (June 2010), caught her eye. How serendipitous! In this class we will circle and stretch and sing and write with the intent to provide a safe forum for discussion of issues related to being a 3rd-4th grade girl. The goal of the class is to inspire the girls to listen to and trust their internal wisdom and to empower them with self-awareness and confidence. The girls will come away from the class with a few more tools in their "self-help" toolbox.

Serendipity for Girls in Grades 5-6

NEW TEACHER!

Instructor: Catherine "Cricket" Johnson

Community Center Room 1

Wednesdays 2:10-3:15 (1 hour 5 minute class)

Grades 5-6

Class size: 6-10

Cost: \$170 (materials included) 13 week session

The day Cricket was asked to facilitate this class she walked into the Barnes & Noble Bookstore at the El Cerrito Plaza. Inside the front door a *Psychology Today* issue entitled, "Serendipity - Seize the Power of Chance" (June 2010), caught her eye. How serendipitous! In this class we will circle and stretch and sing and write with the intent to provide a safe forum for discussion of issues related to being a 5th-6th grade girl. The goal of the class is to inspire the girls to listen to and trust their internal wisdom and to empower them with self-awareness and confidence. The girls will come away from the class with a few more tools in their "self-help" toolbox.

Sewing A

Instructor: Lynn Crook

Recreation Building Room C

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Grades 1-3

Class Size: 7-8

Cost: \$215 (materials included) 13 week session

Join in the fun of sewing! In this class, kids learn basic hand sewing skills as they make small items such as bookmarks, coin purses, and puppets. Returning students who have more skills can sew items like small balls, little quilts, and even stuffed teddy bears. There are always new projects for each session.

Sewing B and Beyond

Instructor: Lynn Crook

Recreation Building Room C

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 4-6 (and 3rd graders who have previously taken sewing class)

Class Size: 7-8

Cost: \$195 (materials included) 13 week session

In this class, boys and girls learn how to use a sewing machine. This ability makes it possible to create larger items like pillows, drawstring bags, totes, and quilts of all sizes. Juggling bags, balls, and even stuffed chickens can appear by the end of a session. Great ideas become beloved creations.

Sports A

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 1 on rainy days)

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class Size: 7-12

Cost: \$175 (equipment provided) 13 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, basketball, kickball, and tag games. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Room 1 on rainy days.

Sports B

Instructors: Kim Roots

Playing Field next to Recreation Building (Community Center Main Room on rainy days)

Wednesdays 1:50-3:15 (1 hour 25 minute class) Grades 2-3

Wednesdays 2:10-3:15 (1 hour 5 minute class) Grade 4-5

Grades 2-5

Class Size: 7-12

Cost: Grades 2-3 \$190 (equipment provided) 13 week session

Grade 4-5 \$175 (equipment provided) 13 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, baseball, basketball, kickball, and track & field. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment. Please note that the class will meet in the Community Center Main Room on rainy days.

Sports C

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 1 on rainy days)

Thursdays 2:25-3:45 (1 hour 20 minute class) Grade 3

Thursdays 2:45-3:45 (1 hour class) Grades 4-6

Grades 3-6

Class Size: 7-12

Cost: Grade 3 \$150 (equipment provided) 11 week session

Grade 4-6 \$135 (equipment provided) 11 week session

In this class for the upper grades, kids will learn more advanced skills in a variety of popular sports, including soccer, baseball, basketball, kickball, and track and field. The prime objectives are that students have fun and learn to respect fellow classmates. Please note that the class will meet in Room 1 in the Community Center on rainy days.

Beginning and Intermediate Tennis for Grades 1-4

Instructor: Kim Roots

Tennis Courts (Community Center Room 1 on rainy days)

Mondays 2:25-3:45 (1 hour 20 minute class) Grades 1-3

Mondays 2:45-3:45 (1 hour class) Grade 4

Grades: 1-4

Class Size: 7-8

Cost: Grades 1-3 \$175 13 week session

Grade 4 \$160 13 week session

Advanced Tennis for Grades 3-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Mondays 3:50-4:40 (50 minute class)

Grades: 3-6

Class Size: 7-8

Cost: \$145 13 week session

Beginning and Intermediate Tennis for Grades 2-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades: 3-6

Class Size: 7-8

Cost: \$175 13 week session

Beginning Tennis for Grades 1-4

Instructor: Kim Roots

Tennis Courts (Recreation Building Room B on rainy days)

Fridays 2:25-3:45 (1 hour 20 minute class) Grades 1-3

Fridays 2:45-3:45 (1 hour class) Grade 4

Grades 1-4

Class Size: 7-8

Cost: Grades 1-3 \$140 10 week session

Grades 4 \$125 10 week session

Intermediate Tennis for Grades 3-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Fridays 3:50-4:40 (50 minute class)

Grades 3-6 (2nd graders with permission of instructor)

Class Size: 7-8

Cost: \$115 10 week session

Yoga A

Instructor: Catherine "Cricket" Johnson

Community Center Main Room

Thursdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class Size: 6-8

Cost: \$150 (materials included) 11 week session

In this class we will have fun playing awareness games, stretching, breathing, chanting and learning about yoga together. Subjects we will explore include...What is meditation? What is a guru? What are emotions? What does yoga mean? ... Mostly we will have a lot of fun.

WORKSHEET FOR REGISTRATION

(Parents: this worksheet is for use in planning classes, not to be turned in at registration.)

Monday	\$	Tuesday	\$	Wednesday	\$	Thursday	\$	Friday	\$
11:35 - 1:05 1st choice 2nd choice		11:35 - 1:05 1st choice 2nd choice		11:35 - 1:05 1st choice 2nd choice		11:35 - 1:05 1st choice 2nd choice		11:35 - 1:05 1st choice 2nd choice	
2:25/2:45-3:45 1st choice 2nd choice		2:25/2:45-3:45 1st choice 2nd choice		1:50/2:10-3:15 1st choice 2nd choice		2:25/2:45-3:45 1st choice 2nd choice		2:25/2:45-3:45 1st choice 2nd choice	
3:50-4:40/5:05 1st choice 2nd choice		3:50-4:40/5:05 1st choice 2nd choice		3:20-4:35 1st choice 2nd choice		3:50-4:40/5:05 1st choice 2nd choice		3:50-4:40/5:05 1st choice 2nd choice	

FALL 2010 KASEP REGISTRATION, AUTHORIZATION & HEALTH FORM

CHILD'S NAME _____ AGE _____ PHONE _____

ADDRESS _____ CITY _____ ZIP _____

CHILD'S SCHOOL _____ ROOM NO. _____ GRADE _____

PARENT NAME _____ EMAIL _____ CELLPHONE _____

PARENT NAME _____ EMAIL _____ CELLPHONE _____

Check here, sign and date only if your child is allowed to leave the building on his or her own.

Signature _____ Date _____

My child, _____, has permission to take part in all KASEP activities; any restrictions are stated here:

In case of medical emergency or other situation requiring immediate action, two other people to contact are:

Print Name	Relationship	Phone

Print Name	Relationship	Phone

In an emergency, these people are authorized to give permission for emergency medical treatment for my child. If you cannot reach me or them, I authorize the KASEP staff to take such action as they deem necessary, including treatment of my child by a physician, nurse or at a hospital or other facility.

If my child is absent and parents or emergency numbers cannot be reached, KASEP has my permission to call the Kensington Police to report his or her absence. Yes _____ No _____

Date: _____ Signature (Parent/Guardian): _____

Please do not fill out classes or fees below. Use worksheet on preceding page.

Monday	\$	Tuesday	\$	Wednesday	\$	Thursday	\$	Friday	
11:35-1:05		11:35-1:05		11:35-1:05		11:35-1:05		11:35-1:05	
2:25/2:45-3:45		2:25/2:45-3:45		1:50/2:10-3:15		2:25/2:45-3:45		2:25/2:45-3:45	
3:50-4:40/5:05		3:50-4:40/5:05		3:20-4:20/4:35		3:50-4:40/5:05		3:50-4:40/5:05	

\$10 Reg Fee _____ (paid once/yr.) \$20 Min Day Card _____ (paid once/yr.) Scholarship Donation \$ _____

Total Amt. Due _____	<u>Check No./Date</u>	<u>Explanation</u>
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Amt. Pd. _____		
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Balance Due _____		
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Waiver/Release of Liability

Our legal counsel informs us that this form is necessary. Please read carefully.

On behalf of myself and the child enrolled, I acknowledge that certain of the activities in which my child may participate carry the risk of injury. On behalf of myself, my child, the members of my immediate family, our respective heirs, successors and assigns, I do herewith voluntarily assume all risks of such activities, and further, do herewith waive, release and forever discharge Kensington Community Council (hereinafter referred to as K.C.C.), Kensington Community Service District (hereinafter referred to as K.C.S.D.) and Kensington After School Enrichment Program (hereinafter referred to as KASEP), their respective officers, directors, agents, servants, employees, contractors and subcontractors, representatives, successors and assigns, from and of any and all rights, claims, actions, and causes of action, which may accrue to me, my child, the members of my immediate family, our respective heirs, successors, and assigns for any and all damages of any kind whatsoever, including personal injuries, wrongful death, emotional or mental distress, punitive or exemplary damages, pecuniary loss or damage of any kind, or property damage which may be sustained by or accrue to any or each of us arising from or in any way connected to the participation by:

(Child's Name)

in the activity described in this application, or in any activity reasonably related thereto, including but not limited to travel to and from such activity even if due to the negligence or fault of the parties herein released or the defective condition of the property and/or equipment used. I further agree, for myself, and all those enumerated above, to defend, indemnify, and save harmless, K.C.C., K.C.S.D, KASEP and their respective officers, directors, agents, servants, employees, contractors and subcontractors, representatives, successors, and assigns from any such claims, actions, and causes of action, and any and all damages flowing therefrom.

I have carefully read this agreement, including the foregoing liability waiver, and I fully understand the contents and meaning of each. I acknowledge that I fully understand that I am forever giving up, in advance, any right to sue or make claims against the parties that I am releasing for injuries or damages that my child may sustain while participating in the class, even if caused in whole or in part by the negligence or other fault of the parties or persons I am hereby releasing, by the dangerous or defective condition of any property or equipment owned, maintained or controlled by them, and/or because of their liability without fault. I nonetheless am willing, of my own free will, to sign this waiver of liability because I want my child to be a participant.

I also acknowledge I have read, understand and fully waive the provisions of California Civil Code Section 1542 which is quoted below:

"A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

I also understand that photos may be taken of KASEP classes and that the photos may include my child. I hereby authorize use of these photos for promotional or marketing purposes at the discretion of KASEP, K.C.C. or K.C.S.D.

Signed _____ Date _____

Parent or Guardian

Media Release Form

General release for film, photography, video, interviews, and internet posts

The Kensington Community Council (KCC) runs the Kensington After School Enrichment Program (KASEP), the Summer Day Camp, recreational programs for adults, and community meetings and events for local residents. We also publish the Outlook, a monthly newsletter distributed to all Kensington residents. On occasion, KCC would like to use the name, photograph, video or film recording, and/or interview comments of students and campers for educational, promotional, and news purposes. In order to use such material, we ask parental consent for any student or camper under 18 years of age.

Please fill out the form below and return to the KCC office at 59 Arlington Avenue, Kensington, CA 94707.

Student

Name: _____

I hereby give consent to the participation in interviews, the use of quotes, and the taking of photographs, movies, and/or video recording of the student named above while participating in classes and activities sponsored by the Kensington Community Council. I also grant to the Kensington Community Council the right to edit, use, and reuse said products for nonprofit purposes including use in print, on the internet, and all other forms of media. I also hereby release the Kensington Community Council and its agents and employees from all claims, demands, and liabilities whatsoever in connection with the above.

Signature of Parent/Guardian

Date

Address of Parent/Guardian: _____

Health Information for KASEP Students

In case of an emergency, KASEP needs to know any medications your child is taking, and any medical conditions or allergies they might have. Please provide that information in the space below:

Child's name: _____

Best telephone number for reaching parent in an emergency: _____

Medications your child is taking: _____

Medical conditions or allergies: _____

Detailed description of symptoms to look for and monitor, and specific instructions about what an instructor or staff member should do when a symptom is observed. Use back of page if necessary:

Physician's Name _____ Phone: _____

Health Insurance Carrier: _____ Policy number: _____

Administration of Prescribed Medication for Student: I hereby request that authorized personnel assist this pupil in taking the medication indicated in the manner and dosage prescribed by my child's physician.

Parent or Guardian's signature: _____ Date: _____

Name of parent or guardian (please print): _____

To be completed by Physician/Health Care Provider:

Medication prescribed: _____ Diagnosis: _____

Dosage: _____ Time: _____

Restrictions and cautions: _____

Physician's signature: _____ License #: _____