

KASEP

Kensington After School Enrichment Program

Winter 2010 Registration

Wednesday, December 9th

Lottery Slips due by Tuesday, December 8th, 9:00 am

Kindergarten registration at 6:45pm

Grades 1-6 registration at 7:15pm

**Refreshments available -- all proceeds will benefit the
KASEP Scholarship Program**

Kensington Community Center Main Room

59 Arlington Avenue, Kensington 94707

KCC/KASEP Office: (510) 525-0292

kccrec@yahoo.com

For lottery results on December 9th, go to www.kaseplottery.com

Classes begin: Monday, January 4th

Classes end: Friday, March 19th

Last day to change classes: Monday, January 11th

Second installment on payment due: Wed., Feb. 10th

Holidays: There will be no KASEP classes on the following days:

Monday, January 18; Monday-Friday, February 15-19

Minimum Days: None

Scholarships are available for KASEP classes.

**To apply for a scholarship, contact Esther Hill at the KCC/KASEP office,
510-525-0292.**

Deadline for Winter Scholarship Applications is Tuesday, December 8th

KASEP Administration

Esther Hill, Administrator

Sandy Thacker, Curriculum Coordinator

Elma Conley and Janet Pedersen, Afternoon Supervisors

KASEP Oversight Committee:

**Tre Curran, Renee Hoyer-Nielsen, Catherine Johnson, Kim Johnson, Suzie Kito,
Karen Kondracki, Amy Kurzer, Maya Turman, Cathy Wagner**

Winter KASEP Dates and Times to Remember!

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|------------------------------|--|
| Tuesday, Dec. 8, 9am: | Lottery Slips due at KCC office
Scholarship applications due at KCC office |
| Wednesday, Dec.. 9: | Winter registration starting at 6:45pm for
kindergarten and 7:15pm for grades 1-6 |
| Thursday, Dec. 17: | 6:30 pm: KCC holiday performances for families
and display of KASEP projects |
| Friday, Dec. 18: | End of Fall KASEP classes |
| Monday, January 4: | Beginning of Winter KASEP session |
| Monday, January 11: | Last day to drop KASEP classes |
| Monday, January 18 | School holiday, no KASEP |
| Mon.-Fri., Feb. 15-19 | School holiday, no KASEP |
| Wednesday, Feb. 10: | Second payment for KASEP due |
| Wednesday, March 3: | Spring KASEP Registration |
| Wednesday, March 10: | Summer Camp Registration |
| Friday, March 19: | Last day of Winter KASEP session |

Steps for Registration

1. KASEP Winter brochures delivered to school on Tuesday, December 1st.
2. Parents fill out lottery slip and return to the KCC office in the Recreation Building before 9 am Tuesday, December 8th. Please note that we've included two lottery slips: one for kindergarten students and one for grades 1-6. **NEW:** Lottery slip may be faxed to the KCC office at (510)525-0294 by 9am on Tuesday, Sept. 8th.
3. KCC staff post results of lottery drawing (one for kindergarten students and one for grades 1-6) by 3pm on Wednesday, December 9th. Results are posted at the Kensington Community Center, at the Recreation Building, and online at: www.kaseplottery.com.
4. Registration begins for kindergarten students at 6:45pm and at 7:15pm. for grades 1-6 in the Community Center. Names are called in the order drawn in the lotteries. During registration, families cannot ask a family with a lower lottery number to register for them.

Some frequently asked questions about registration:

I can't attend registration—how do I sign up for classes?

Another family can list you on their lottery slip and sign up for both families at registration. They cannot register for you if your name is not on their lottery slip. You can also sign up for any spaces left in classes after registration in the KCC office. Only one lottery slip should be submitted for two families registering together.

Can I register if I forgot to submit a lottery slip?

You can come to registration and receive a number that follows the numbers given out through the lottery. As above, you can also sign up for any spaces left in classes after registration in the KCC office.

What happens if I arrive at registration after my name has been called?

You'll need to get a "walk-in" number and wait until the rest of the lottery numbers have been called.

Do I need to fill out any paper work before registration?

Please fill out the top section of the registration form and bring it with you to registration. The registrar will fill in classes for you at the bottom of the sheet, so please leave this part blank. You'll find a separate worksheet in the packet that you can use to jot down first and second choices for classes.

May I register if I owe money for a previous session?

No, you may not sign up for classes at registration. Please come by the KCC office to clear your account. You may register in the office for classes with openings.

Do I need a lottery number to sign up for gymnastics and karate ?

No, you may sign up for karate directly without having a lottery number. Please call Judy Baker at 233-1833 for questions about gymnastics.

Can I pay by credit card?

KCC currently can only accept cash or checks.

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**KNA Copy Centre
1865 Solano Avenue, Berkeley, CA 94707
510-526-8777**

KASEP WINTER 2010 LOTTERY SLIP- GRADES 1-6

Please fill out this slip if you will be registering a child or children in grades 1-6

PARENT OR GUARDIAN'S NAME(S):

ONE OTHER FAMILY'S NAME THAT YOU ARE REGISTERING, IF APPLICABLE:

THIS SLIP IS TO BE DROPPED OFF NO LATER THAN 9:00 AM ON TUESDAY, DECEMBER 8TH IN THE MAIL SLOT OF THE KCC/KASEP OFFICE IN THE RECREATION BUILDING.

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Cut along dotted line and submit only the appropriate lottery slip or slips. One lottery drawing is held for kindergarten students and one for all students in grades 1-6.

KASEP WINTER 2010 LOTTERY SLIP - KINDERGARTEN

Please fill out this slip if you are registering a child in kindergarten

PARENT OR GUARDIAN'S NAME(S):

ONE OTHER FAMILY'S NAME THAT YOU ARE REGISTERING, IF APPLICABLE:

THIS SLIP IS TO BE DROPPED OFF NO LATER THAN 9:00 AM ON TUESDAY, DECEMBER 8TH IN THE MAIL SLOT OF THE KCC/KASEP OFFICE IN THE RECREATION BUILDING.

WHAT YOU NEED TO KNOW

GETTING TO CLASS

For students in grades 1-6, KASEP is responsible only after they check in at their KASEP class. Parents are responsible for providing any required assistance to ensure that their children find their way from school to KASEP classes. If parents do not think their child is able to independently get to KASEP classes, they should consider waiting until their child is older to start KASEP. Please let us know if your child will be missing their KASEP class.

SIGN-OUT PROCEDURES

On the registration form there will be a place to check and sign a waiver which allows your child to leave KASEP classes on his or her own. If you do not sign this waiver, you or whomever you have assigned are required to come into the classroom and sign the child out before he or she may leave. Students with permission to leave on their own may only leave at the end of the class.

The KASEP staff makes every effort to be sure that all students are signed out before leaving the classroom, but it is important that we have your cooperation to insure that (1) you or a person that you have assigned always signs out before taking the child from the classroom, and (2) you talk with your child about not leaving the classroom or the area just outside the classroom until you or the assigned person comes to pick him or her up. To change the child's status in the middle of a session, you need to sign a new form in the KCC office and also alert the appropriate KASEP teachers so they can change the sign-out procedure for your child in their roll books.

THE BIGGEST HELP PARENTS CAN GIVE US IS TO BE ON TIME OR EVEN A LITTLE EARLY TO PICK UP THEIR CHILD. If you have given written permission for your child to leave the classroom on his or her own, your child should know where they are supposed to go after class.

KINDERGARTEN CLASSES

In order to provide enrichment classes to all kindergartners, KASEP offers before school enrichment classes for PM kindergartners Monday through Friday, as well as after school classes for AM kindergartners every day.

The PM kindergartners taking a before school KASEP class should arrive at 10:15 am for their KASEP class (see class descriptions for location of classes). KASEP teachers will teach their class and will then walk students up to their kindergarten classroom. KASEP teachers will arrive at the kindergarten classroom in time to pick up the AM kindergartners. Once the PM kindergartners have gone into the classroom, the KASEP teachers will walk the AM kindergarten group down, supervise lunch and teach their class. After the class, those children must be picked up by parents or caregivers.

ATTENDANCE

Parents must notify KASEP (525-0292 voice mail) if a child will be absent.

Each teacher takes attendance every day and gives the roll immediately to the Afternoon Supervisor, who then checks unaccounted absences against the school roster for the day. If the child is still not accounted for, the Afternoon Supervisor will call the parents' home and work numbers. If there is no answer, she will call the emergency numbers listed on the child's registration form. Should calling all available numbers prove fruitless, a call to the Kensington Police will be made if the parent has given authorization to do so.

SCHOLARSHIPS

In an effort to make our classes available to more students, we offer four partial scholarships each session. Scholarships are limited to one scholarship per family per session. For students eligible for the free lunch program, the scholarship pays for 80% of the class cost; for students eligible for the reduced lunch program or who have demonstrated need, the scholarship pays for 50% of the class cost. Applications will be processed first come, first served with a waiting list of up to four names for the following session. The waiting list will not be carried over the summer. All application information is kept confidential. Applications are available in the KCC office and are due by Tuesday, September 8th.

We raise money for scholarships through our bake sales and through donations at registration. We greatly appreciate the generosity of our community in

making scholarship funds available.

PAYMENT

Payment is due at registration. Please make checks payable to K.C.C. Payment can be made in two installments, but a minimum of 50% of the total must be paid at registration.

Classes are occasionally canceled if there is insufficient enrollment. You will be refunded and notified before the beginning of the session if your child's class has been canceled. If parents have not paid in full for all previous KASEP classes, they will not be eligible for the lottery or KASEP classes until they have paid their outstanding balance.

REFUNDS

Students may drop a class in the first week. There will be a non-refundable processing fee of 10% of the class cost for any class dropped. No refunds are given for students who drop out of class after the first week.

CLASS PRICES

Please note that the variation in class fees is due to several factors, including the number of weeks that the class meets during the session, the length of the class, and the class size. This Winter, with holidays Monday, January 18 and Monday-Friday, February 15-19, Monday classes will meet for nine weeks; Tuesday, Wednesday, Thursday and Friday classes for 10 weeks.

LATE PICKUP FEE

Parents will be charged a \$15 late fee for each fifteen minutes or part thereof that they are late.

DISCIPLINE

Our program is designed to offer quality classes to children after school. Disciplinary problems disrupt the classes and affect the quality of the teaching. On the first occasion of a disciplinary problem, the parent or guardian of a child will be called in an attempt to enlist the parent or guardian's help in correcting the behavior. A second offense may result in the child being permanently dismissed from the class. Any behavior deemed by the teacher to be dangerous will result in the immediate dismissal of the student. The parent

will be notified of any action taken. In a case of disciplinary dismissal, no refund will be given.

WAITING LIST

Children who do not get into a class because it is already full have the option of being placed on a waiting list. Up to 50% of the class for the following session will be taken from this list, according to the order of sign-up. Children on more than one waiting list can only preregister for one class, which applies only to the following session. The waiting list does not carry over to the next school year.

MINIMUM DAY CARDS

A Minimum Day card, available only to KASEP students, provides supervision for your child on minimum days (NOT for early dismissal on Wednesdays) from dismissal time until the start of the first KASEP classes. The card costs \$20, can be purchased at the KASEP office or at registration, and is valid all year. Parents are responsible for their children on minimum days (again, not Wednesdays) until the start of KASEP class if they have not purchased a Minimum Day card.

AGE REQUIREMENT FOR CLASSES

Each class description lists the ages for the class. Please do not sign up for a class if your child is not in the grades listed for the class in the brochure.

KASEP ADVISORY COMMITTEE

KASEP is fortunate to have thoughtful, dedicated and hardworking volunteers who serve on the Oversight Committee. These volunteers work at registration, meet regularly to help set policy and advise the administrator, work at camp registration and special events, and evaluate KASEP classes. Committee members receive priority for KASEP registration in recognition of the time they invest in the program. If you are interested in serving on the Oversight Committee, please contact the office at 525-0292 for consideration.

Shotokan Karate

We are excited to offer Shotokan Karate beginning classes at the Kensington Community Center, 59 Arlington Avenue, in Kensington. Shotokan Karate is a traditional Japanese martial art that focuses on the building of both mind and body through disciplined karate training.

See your child...

- **Develop strength and coordination**
- **Build discipline and confidence**
- **Increase coordination**
- **Learn self-defense techniques**

Our school's founder is Sensei M. A. Sharifi who holds the rank of 7th Dan (7th degree black belt). Sensei Sharifi has trained and taught in Japan, Europe, the Middle East, and the United States. The Shotokan Karate Institute has been in the East Bay for over 20 years. His students who will be running the KASEP classes will include:

Sarah Brown, 2nd Dan

Dr. Rick McCallum, 2nd Dan

Richard Capone, 2nd Dan (2 children at Hilltop)

Class Information:

Mondays: 2:25 – 3:45 pm Grades 1-3*

Costs (9 sessions): \$150

Dates: (9 weeks) January 4, 11, 25, February 1, 8, 22, March 1, 8, 15

Location: Community Center Main Room

*The class offered is a beginning class and thus there will be no physical contact. Students should wear loose fitting clothing.

Enrollment:

You may enroll during the open KASEP registration on Wednesday, December 9 at 7 pm in the Kensington Community Center. Or you may download a registration form from our web site at: www.shotokan.com For registration questions, contact KCC. For karate questions, you may contact the Shotokan Karate Institute.

Shotokan Karate Institute: 510-526-8334

shotokankarateinstitute@yahoo.com

website: www.shotokan.com

KCC: 510-525-0292 kccrec@yahoo.com

Please make all checks payable to: KCC

KASEP WINTER 2010 SCHEDULE

Monday, January 4 - Friday, March 19, 2010

KASEP HOLIDAYS: Monday, January 18; Monday-Friday, February 15-19

Final Schedule of Winter Classes will be posted on www.aboutkensington.com

TIME	MONDAY 9 Weeks	TUESDAY 10 Weeks	WEDNESDAY 10 Weeks	THURSDAY 10 Weeks	FRIDAY 10 Weeks
10:15 - 11:45 Kindergarten	Tennis K\TC (*CCM) Singing Together K \CC1	Carpentry K \RBB Art&Bookmaking K\RBC	Carpentry K \RBB	Critter Adv K\RBB Yoga K\CCM	Games&Sports K \CCG(*CCM) Spanish K\RBB
11:35 - 1:05 Kindergarten	Tennis K\TC (*CCM) Singing Together K \CC1	Carpentry K \RBB Art&Bookmaking K\RBC	Carpentry K \RBB Mandarin K\RBA	Critter Adv K\RBB Wondertales K\RBA Yoga K\CCM	Games&Sports K \CCG(*CCM) Spanish K\RBB
2:25 - 3:45 Grades 1 - 3 2:45 - 3:45 Grades 4 - 6 <u>Wednesday</u> 1:50 - 3:15 Grades 1 - 3 2:10 - 3:15 Grades 4 - 6	Chorus A\CC1\1-3 Everyday Art\RBB\2-6 Keyboard A\RBC\1-3 Beginning & Intermediate Tennis \TC (*CC2) \1-4 Beg. Mandarin A \RBA\1-3 <i>Karate A (KCC class)</i>	Photography\CC2\4-6 Carpentry A\RBB\1-3 Sports A \RBF (*CC1)\1-3 Art & Bookmaking for Grade 3\RBC\3 Creative Movement and Dance A\RBA\1-3 <i>Gymnastics (KCC class)</i>	Carpentry A\RBB\1-3 Girls Creating Serendipity \CC1\5-6 Beg. Mandarin A \RBA\1-3 Recorder \CC2\2-6 Sewing A \RBC\1-3 Sports B \RBF (*CCM)\2-5 Cooking A\CCK\1-3	Drama A\RBA\1-3 Sports C \RBF (*CC1)\3-6 Pottery A \RBB\1-4 Crafts\RBC\1-6 Yoga A\CCM\1-3	Spanish A\RBB\1-3 Girls Creating Serendipity \CC1 \3-4 Beginning Tennis \TC (*CCM) \1-4 Hip Hop Dance \RBA\3-6
3:50 - 4:40 (unless noted) <u>Wednesday</u> 3:20-4:35 (unless noted)	Advanced Tennis TC (*CCM)\4-6 Int./Adv. Mandarin \RBA\1-6	Carpentry Workshop \RBB\1-6 (3:50-5:05) Photography 2 \CC2\4-6 (3:50-5:05) Creative Movement and Dance\RBA\2-6	Carpentry Workshop \RBB\1-6 Int./Adv. Mandarin \RBA\1-6 Sewing & Quilting B \RBC\4-6 Beg. & Int. Tennis \TC (*CCM)\2-6 Cooking B\CCK\3-6	Pottery Workshop \RBB\1-6 Drama A\RBA\1-3 (3:50-5:05) Games and Puzzles \CC1\2-6	Spanish B\RBB\4-6 Drama B \RBA\4-6 (3:50-5:05) Intermediate Tennis TC (*CCM)\3-6

Listings include: Course title\Location\Grade Levels

*alternate room on rainy days

CCM Community Center Main Room
CC1 Community Center Room 1
CC2 Community Center Room 2
CCK Community Center Kitchen
CCG Community Center and grassy field

RBA Recreation Building Room A
RBB Recreation Building Room B
RBC Recreation Building Room C
RBF Recreation Building Field
TC Tennis Courts
BBC Basketball Court

A WORD OR TWO ABOUT OUR KASEP TEACHERS

TATI ARGUE holds a BA in English from UC Berkeley. She has taught children and adults in both academic and fitness settings for ten years. She is currently a staff fitness instructor at the YMCA and has taught kids' classes in tumbling, Hip Hop and other dance forms there. She also teaches dance privately at her home studio. By day she is a preschool teacher.

VICKY BRODT first learned her love of sewing when she was a child, designing and sewing clothes for her dolls. She has sewn all her life and loves the creative and rewarding art of quilting. She has been a preschool teacher for many years and loves working with kids, including her own children. Vicky is also an experienced cook. She taught Cooking last year in our KCC Summer Camp, and the counselors are still raving about some of her recipes.

ELAINE CHU loves teaching book arts and has exhibited in various craft shows. She has worked as a graphic designer and piano instructor internationally. She has a Bachelor's Degree in Music from Yale University and a B.F.A. In Graphic Design from University of the Arts in Philadelphia.

MARK COSTANTINI is an award-winning professional photographer whose work has been published in many newspapers and magazines, including Time, Life, Newsweek, Rolling Stone, People, Sports Illustrated and the New York Times. Mark was also a staff photographer for the San Francisco Chronicle for over twenty years. He now does documentary photographic essays focused on social issues and the human condition.

LYNN CROOK, a former middle-school educator, has been teaching sewing at KASEP since 1996. She began sewing her own clothes in high school and college. When her children went to school in Berkeley, Lynn started working on their school raffle quilts. Winning awards for her own quilts, she is now rewarded while teaching sewing skills to children at KASEP.

KELLY DONAHUE has an education in Child Development, as well as a life-long participation in and passion for the world of theater. She has many years of experience working with children, including a number of years teaching Drama at several East Bay public and private schools, including KASEP, Madera School, and the El Cerrito Recreation Department. Kelly's dynamic style and personal enthusiasm fuels the students' theatrical abilities in a supportive and fun environment.

ELENA GARDELLA has taught creative movement, dance and drama in many Bay Area public schools. She received her BA in theater from UC San Diego and has studied Afro-Cuban, Afro-Haitian, West African and modern dance. Elena performs full spectrum improvisation with Joya Cory's Lucky Dog Theater.

CAROLYN HOLM is a collage and assemblage artist, and the author of "Everyday Art for Kids." She is also a former Kensington Hilltop parent, and created the annual Family Art Night at the school.

RENEE HOYER-NIELSEN is a former college basketball player who even has a few awards under her belt. She has coached a range of levels from 1st graders to 8th grade boys and girls. She also has coached Girls' Varsity Basketball at the high school level. In addition to coaching, Renee has created, trained staff and coached both the David Hunter Memorial Basketball League and the Girls' Hoops Basketball League for the City of El Cerrito.

CATHERINE "CRICKET" JOHNSON has practiced yoga for over twenty years. She began teaching nearly twenty years ago when she was a student at Cornell University. Since then she has taught children ages 3-60 in a variety of contexts. She loves introducing yoga to people and also loves to bring her guitar to class to accompany the Kundalini chants.

JAN JONES is a professional musician--an accomplished performer, an innovative composer/arranger and a skilled instructor. She has taught music including singing, keyboard, piano and recorder to children and adults for more than 25 years.

CHRIS LACK works both as a gardener/designer and as a teacher. He has degrees from California College of the Arts and San Francisco State University in Fine Arts. He has been a practicing landscape worker/designer for over twenty years in this area, and has taught many classes during that time as well. Nature, pottery and garden works are near to Chris' heart, and his interest in them comes through in all of his classes.

KIM ROOTS, with a degree in Mathematics and Philosophy from the University of California at Santa Cruz, has been teaching and coaching sports and tennis in our program and in the community for several years. Kim's major interest is to make sports accessible and fun for all kids.

XINRONG WANG SEARCY enjoys integrating teaching Chinese language with stories, children's songs, ancient poems and history. She has taught Chinese language and cultural classes for Berkeley Mandarin Group. She has a Master's Degree from Peking University in China and has been a visiting scholar at the Center for Chinese Studies at the University of Hawaii in Manoa.

STACEY SMITH graduated from U.C. Santa Cruz with a Bachelor of Arts degree in Language Studies and a minor in Jewish Studies. She learned to speak Spanish fluently while studying in Panama with the American Field Service, a foreign exchange program with a basis in community service. She currently works in the aftercare program for the City of El Cerrito, teaching Spanish and German to K-2 students once a week. She taught Spanish at KASEP last year.

SANDY THACKER has taught carpentry to kids for more than twenty years. Sandy, who has a Master's Degree in Education from Stanford University, previously taught high school and junior high school and then worked for several years as a carpenter. She loves working with young students, and it shows. She has developed a wonderful and very successful program for teaching woodworking skills to children.

SARAH TORNEY has been a local preschool teacher for sixteen years, with a main focus on singing, circle time and storytelling.

JANE WEBBER has been teaching flute and recorder to children for the past 35 years and brings to this "labor of love" a wealth of experience grounded in kindness and commitment to the growth, both musical and personal, of her students. She also performs with the New Millennium Strings Orchestra.

KINDERGARTEN CLASSES **(in alphabetical order)** **WINTER 2010**

Art and Bookmaking for Kindergartners

Instructor: Elaine Chu

Recreation Building Room C

Tuesdays 10:15-11:45 (1 hour 30 minute class)

PM kindergartners

Tuesdays 11:35-1:05 (1 hour 30 minute class)

AM kindergartners

Grade: Kindergarten

Class Size: 6

Cost: (for PM kindergartners) \$160

10 week session

(for AM kindergartners) \$160

10 week session

Kindergartners can get creative with hands-on art and bookmaking projects. They develop fine motor skills, an appreciation for the arts and crafts, and an inspired sense of accomplishment. Fun projects include pop-up animal books, 3-D medieval castles, felt pamphlets featuring planets and stars, accordion books with pockets, and more. New projects throughout the year.

Carpentry for Kindergartners

Instructor: Sandy Thacker

Recreation Building Room B

Tuesdays and Wednesdays 10:15-11:45 (1 hour 30 minute class)

PM kindergartners

Tuesdays and Wednesdays 11:35-1:05 (1 hour 30 minute class)

AM kindergartners

Grade: Kindergarten

Class Size: 6-7

Cost: (for PM kindergartners) Tuesdays \$185 (materials included) 10 week session

Wednesdays \$185 (materials included) 10 week session

(for AM kindergartners) Tuesdays \$185 (materials included) 10 week session

Wednesdays \$185 (materials included) 10 week session

From the very beginning of teaching carpentry to kindergartners, I was never interested in just playing around with wood. I wanted these young carpenters to learn to use real tools and to make real projects, in a safe and supportive environment. To my continuing delight, these five- and six-year-olds are able to make a wide variety of projects of ever-increasing complexity. They learn problem solving, coordination skills, and even some basic math. They have fun and are always proud to take their amazing projects home to enjoy for years to come.

Critter Adventures for Kindergartners

Instructor: Chris Lack

Recreation Building Room B

Thursdays 10:15-11:45 (1 hour 30 minute class)

PM kindergartners

Thursdays 11:35-1:05 (1 hour 30 minute class)

AM kindergartners

Grade: Kindergarten

Class Size: 6-7

Cost: (for PM kindergartners) \$180 (materials included) 10 week session

(for AM kindergartners) \$180 (materials included) 10 week session

Explore the World of Nature by interacting with the hillside environment around our school. Did you know that lizards, snakes, butterflies, squirrels, gophers, deer, as well as a host of smaller animals and insects live right outside our doors? Our Critter class is a fun way to see, talk about and learn about some of the animal and plant neighbors we are close to. Chris likes to take short walks for looking and collecting, and he uses art and craft work as a way of amplifying and illustrating the natural world. In past years we have studied frogs, snails and slugs; caterpillars, bugs and butterflies; birds, fish and crickets; a lizard and a snake or two. Things to see, things to make, things to take home. Join the fun!

Games and Sports for Kindergartners

Instructor: Kim Roots

Community Center and Adjoining Grassy Area

Fridays 10:15-11:45 (1 hour 30 minute class)

PM kindergartners

Fridays 11:35-1:05 (1 hour 30 minute class)

AM kindergartners

Grade: Kindergarten

Class Size: 6-7

Cost: (for PM kindergartners) \$160 (equipment included) 10 week session

(for AM kindergartners) \$160 (equipment included) 10 week session

Sports are a wonderful way to be active, to learn to be part of a team, to gain confidence in your physical abilities, and to have fun. These young athletes will play a variety of games to learn the basic skills of team and individual sports. Proper supervision will assure safe play and the emphasis will be on cooperation and good sportsmanship.

Mandarin for Kindergartners

Instructor: Xinrong Wang Searcy

Recreation Building Room A

Wednesdays 11:35-1:05 (1 hour 30 minute class)

AM kindergartners

Grade: Kindergarten

Class Size: 6-7

Cost: \$150 (materials included) 10 week session

Grade: Kindergarten

Kindergartners can get to know some Chinese culture. The instructor will teach through fun interactive activities such as storytelling, singing and game playing in a group. Students learn basic listening and conversation in Mandarin by introducing themselves to the others, greetings, counting, making phone calls, talking about school, weather and holidays, etc. Students will be able to write some Chinese words.

Singing Together for Kindergartners

Instructor: Sarah Torney

Community Center Room 1

Mondays 10:15-11:45 (1 hour 30 minute class) PM kindergartners

Mondays 11:35-1:05 (1 hour 30 minute class) AM kindergartners

Grade: Kindergarten

Class size: 6-7

Cost: (for PM kindergartners) \$135 (materials included) 9 week session

(for AM kindergartners) \$135 (materials included) 9 week session

Everybody has a built-in instrument: their voice! This fun new class will introduce children to their own sound through songs, rhythm and melodies. Each student will get their own song book, and we will add percussion and other instruments to the mix. Sarah will accompany the singing with guitar or keyboard.

Spanish for Kindergartners

Instructor: Stacey Smith

Recreation Building Room B

Fridays 10:15-11:45 (1 hour 30 minute class) PM kindergartners

Fridays 11:35-1:05 (1 hour 30 minute class) AM kindergartners

Grade: Kindergarten

Class size: 6-7

Cost: (for PM kindergartners) \$155 (materials included) 10 week session

(for AM kindergartners) \$155 (materials included) 10 week session

This class will introduce children to Spanish through a lively, interactive class. Each class will have a theme, and there will be Spanish vocabulary and activities related to each theme. Activities include singing, dancing, sports and games to introduce both language and culture in a fun and relaxed environment. Stacey believes that if we can give kids resources, like learning Spanish, while they are young, that they will grow up with a broader and more tolerant view of the world.

Tennis for Kindergartners

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Mondays 10:15-11:45 (1 hour 30 minute class) PM kindergartners

Mondays 11:35-1:05 (1 hour 30 minute class) AM kindergartners

Grade: Kindergarten

Class Size: 6-8

Cost: (for PM kindergartners) \$145 9 week session

(for AM kindergartners) \$145 9 week session

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. New and used rackets are available to borrow.

WonderTales Theatre: Drama for Kindergartners

Instructor: Kelly Donahue

Recreation Building Room A

Thursdays 11:35-1:05 (1 hour 30 minute class) AM kindergartners

Grade: Kindergarten

Class Size: 6-8

Cost: \$170 (materials included) 10 week session

In this fun and creative "play based" drama class, kindergartners have the opportunity to explore their own expression and imagination. The students will learn basic skills through a variety of theatre games, story plays, improvisation, pantomime, costumes, face paint, creative movement and more.

Yoga for Kindergartners

Instructor: Catherine Johnson

Community Center Main Room

Thursdays 10:45-11:45 (1 hour 30 minute class) PM kindergartners

Thursdays 11:35-1:05 (1 hour 30 minute class) AM kindergartners

Grade: Kindergarten

Class Size: 6-7

Cost: (for PM kindergartners) \$140 10 week session

(for AM kindergartners) \$140 10 week session

Kundalini Yoga is a rich blend of movement, stillness, breath work, chanting and meditation, all aimed at encouraging energy to move in the body in a balanced and harmonious way. It is an active and engaging practice as well as a wonderful introduction to an ancient and empowering art.

CLASSES FOR GRADES 1-6 (in alphabetical order) WINTER 2010

Note: Class names followed by an "A" are generally for grades 1-3. Those followed by a "B" are generally for grades 4-6, with some exceptions.

Art and Bookmaking for 3rd Graders

Instructor: Elaine Chu

Recreation Building Room C

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Grade: 3

Class Size: 6

Cost: \$150 (materials included) 10 week session

In Art and Bookmaking, students may write and illustrate their own short stories, create pop-up environments, and experiment with materials and techniques through markers, watercolors, oil pastels, rubber stamps and recycled items. They will create a variety of structures including 3-D animal landscapes, yakity-yak books, treasure map scrolls, magic flexagons, and more. There will be new projects throughout the year.

Carpentry A

Instructor: Sandy Thacker

Recreation Building Room B

Grades 1-3

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Class Size: 7-8

Cost: Tuesdays: \$165 (materials included) 10 week session

Wednesdays: \$180 (materials included) 10 week session

There's magic in creating something from nothing. You see something you really like, but instead of buying it, you make it yourself. Along the way, you learn new skills, the safe use of a variety of tools, and some practical math. When your project is completed, whether it's a paddle boat, a marble maze, a birdhouse, a xylophone, or another item you come up with, it's a great feeling to take it home to play with and use, or give as a special gift.

Carpentry Workshop

Instructor: Sandy Thacker

Recreation Building Room B

Tuesdays 3:50-5:05 (1 hour 15 minute class)

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 1-6

Class Size: 6-8

Cost: Tuesdays \$165 (materials included) 10 week session

Wednesdays \$165 (materials included) 10 week session

There is a great satisfaction in working with wood. As you get older and more adept at working with tools, you can also expand your skills by creating more complex and creative projects, sometimes working from your own designs. When you finish a project, whether it's a pinball machine, a pool table, a xylophone, a stool, a bookshelf, or something else you decide to make, it's a special feeling to know that you made it yourself to use or to give as a wonderful present to family or friends.

If any parents have access to wood or other carpentry materials or tools that they might donate to our carpentry classes, please call Sandy at (510) 482-1258. Thanks.

Chorus A

Instructor: Sarah Torney

Community Center Room 1

Mondays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 5-7

Cost: \$130 (materials provided) 9 week session

Everyone has a built-in instrument: their voice! In this new class, students will be introduced to their own sound through songs, rhythm and melodies. They will learn to sing together as a chorus, will get their own song book, and will explore the many genres of music. Percussion and other instruments may be added to the mix. Sarah will sometimes accompany the singing with guitar or keyboard.

Cooking A

Instructor: Vicky Brodt
Community Center Kitchen
Wednesdays 1:50-3:15 (1 hour 25 minute class)
Grades 1-3
Class size: 6-8
Cost: \$160 (materials provided) 10 week session

Soups and salads, sandwiches and desserts, students learn to gain confidence in the kitchen in this hands-on class, and then enjoy tasting their own creations. Both boys and girls will learn basic cooking principles. Holiday recipes will also be included. Safety is always stressed.

Cooking B

Instructor: Vicky Brodt
Community Center Kitchen
Wednesdays 3:20-4:35 (1 hour 15 minute class)
Grades 3-6
Class size: 6-8
Cost: \$145 (materials provided) 10 week session

Learn to make soups and salads, sandwiches and desserts, special dishes for the holidays. Students will learn their way around the kitchen and get to taste their own creations. Nutrition and safety are always stressed.

Crafts: Let's Get Crafting! New class!!!

Instructor: Vicky Brodt
Community Center Kitchen
Thursdays 2:25-3:45 (1 hour 20 minute class) Grades 1-3
Thursdays 2:45-3:45 (1 hour class) Grades 4-6
Grades 1-6
Class size: 6-8
Cost: \$150 (materials provided) 10 week session Grades 1-3
\$135 (materials provided) 10 week session Grades 4-6

Come make craft projects that could include: mosaic stepping stones, handmade journals, no-sew fabric projects and lots more. Older and more experienced students will be able to make more elaborate and complicated projects.

Creative Movement and Dance A New class!!

Instructor: Elena Gardella
Recreation Building Room A
Tuesdays 2:25-3:45 (1 hour 20 minute class)
Grades 1-3
Class size: 6-10
Cost: \$125 (materials included) 10 week session

This class explores the dynamics of the body in motion - expansion/contraction, percussive/soft, free/controlled - using movement as a form of creative expression. We will touch on the basics of modern dance, West African dance, freestyle salsa, play movement games and dance improvisation. The focus of the class is to move with rhythm, have fun and gain body awareness.

Creative Movement and Dance New class!!

Instructor: Elena Gardella
Recreation Building Room A
Tuesdays 3:50-4:40 (50 minute class)
Grades 2-6
Class size: 6-10
Cost: \$115 (materials included) 10 week session

This class focuses on creative movement, with a basis in modern dance, West African dance and freestyle salsa. Students will explore the meaning of different dances and what can be expressed through movement. We will explore some choreography - the students will have the chance to work on their own autobiographical movement sequence - and work in groups. Dance, improvisation, games, fun, connection.

Drama Exploration A for Grades 1-3

Instructor: Kelly Donahue-Marley
Recreation Building Room A
Thursdays 2:25-3:45 (1 hour 20 minute class)
Thursdays 3:50-5:05 (1 hour 15 minute class)
Grades 1-3
Class Size: 7-10
Cost: Thursdays \$140 (materials included) 10 week session
 Thursdays \$140 (materials included) 10 week session

In this exciting, creative and super fun class, students learn to be comfortable with their own expression and develop acting skills. Using a wide variety of activities, Kelly helps children explore many aspects of the theatre world. The class includes theatre games, pantomime, improvisation, theatre terms, story plays, skits both teacher and student directed, costuming, face painting, movement and more. Creativity and individual ideas are strongly encouraged.

Drama Exploration Advanced Workshop

Instructor: Kelly Donahue-Marley

Recreation Building Room A

Fridays 3:50-5:05 (1 hour 15 minute class)

Grades 4-6

Class Size: 7-12

Cost: \$140 (materials included) 10 week session

This is the advanced drama class and is designed for older and more experienced acting students. This class is wildly creative, encouraging all students to participate and contribute with their ideas and imagination. The class includes: advanced theatre exercises and improvisation; character development; skit work, both classic and original; theatre history, styles and terminology; pantomime; and costuming, props, and more.

Everyday Art: Exploring 3-D

Instructor: Carolyn Holm

Recreation Building Room B

Mondays 2:25-3:45 (1 hour 20 minute class) Grades 2-3

Mondays 2:45-3:45 (1 hour class) Grades 4-6

Grades 2-6 NOTE: First graders find this class to be a bit of a challenge. We want art to be fun, not frustrating, so the minimum age for Everyday Art is second grade.

Class Size: 7-8

Cost: \$120 (materials included) Grades 2-3 9 week session

\$110 (materials included) Grades 4-6 9 week session

This session the class is all about working in three dimensions, with sculpture and constructions projects combined with painting and collage. Plus we'll learn about the magic of color theory and mixing paint colors. This class is a lot of fun for kids who are already confident about their art skills, but is also for those who are not so confident. Students work individually, at their own level, interpreting the projects according to their own development. Every student comes away from the class with the glow of accomplishment and a growing confidence in his or her success in art.

Games and Puzzles

Instructor: Kim Root

Community Center Room 1

Thursdays 3:50-4:40 (50 minute class)

Grades 2-6

Class size: 6-8

Cost: \$125 (materials included)

Students will be introduced to games like Backgammon, Checkers, and Chess, and will learn valuable strategies to help them improve their game. New games, such as Nim and Hounds and Hare, will be introduced periodically. Students will also examine and solve a variety of puzzles.

Girls Creating Serendipity for 3rd and 4th Graders

Instructor: Renee Hoyer-Nielsen

Community Center Room 1

Fridays 2:25-3:45 (1 hour 20 minute class) Grade 3

Fridays 2:45-3:45 (1 hour class) Grade 4

Grades 3-4

Class size: 6-12

Cost: Grade 3 \$150 (materials included) 10 week session

Grade 4 \$135 (materials included) 10 week session

This is a fun and innovative workshop for girls in 3rd and 4th grades. This class will journal, have round table discussions, and provide a safe place for girls to explore their creativity, broaden their self-understanding and think deeper about their lives. Art projects are a major part of the curriculum. The goal of this class is to inspire girls to listen to their internal wisdom and empower them with self-awareness, confidence, and skill.

Girls Creating Serendipity for 5th and 6th Graders

Instructor: Renee Hoyer-Nielsen

Community Center Room 1

Wednesdays 2:10-3:15 (1 hour 5 minute class)

Grades 5-6

Class size: 6-12

Cost: \$135 (materials included) 10 week session

This workshop is a more advanced Creating Serendipity class that journals, has round table discussions, and continues to offer girls a safe place to explore their creativity, broaden their self-understanding and thinking deeper about their lives. Art is an instrumental part of the curriculum. The goal of this class is to inspire pre-teen girls to listen to their internal wisdom and empower them with self-awareness, confidence, and skills.

Hip Hop Dance

Instructor: Tati Argue

Recreation Building Room A

Fridays 2:45-3:45 (1 hour class) (3rd grade parents, note that class starts at 2:45)

Grades 3-6

Class size: 6-12

Cost: \$130 (materials included) 10 week session

Hip Hop derives its traditions from the street and is by nature an improvisational and personally expressive dance form. In the class, we will focus on dance fundamentals but mostly on having fun—learning the basics while gaining confidence in our own creative impulses. Classes include warm up and stretching, isolations, fundamentals and technique of dance (time, 8-count phrasing, positions, levels, weight shift), movement games, choreography and cool down. Wear loose or stretchy clothes, a sweatshirt or warm top in cold weather, and athletic or dance shoes (no sandals, slippers or hard-soled shoes). Bring a water bottle.

Keyboard A

Instructor: Jan Jones

Recreation Building Room C

Mondays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 5-7

Cost: \$135 (sheet music and workbook materials provided) 9 week session

Students must provide their own keyboard.

Beginners and continuing keyboard students are welcome in this basic class. Students will learn to read notes and play familiar songs. Each student in the class will get a short, individual lesson, while the other students are working with music-related materials. This class teaches fledgling musicians basic rhythm and note-reading, thus providing a good foundation for piano as well as other instruments. Books, worksheets, music stands and art materials will be provided.

Students must provide their own electronic keyboard with the following capabilities: mid-size keys (full size okay, mini-size not); polyphonic (plays at least 3 notes at a time) ; battery operated. Students will need to bring keyboards to and from class. A good keyboard for the keyboard class is a Casio SA 75. They are small enough so that children can carry them. They are sold at Music Works in El Cerrito and sometimes at Toys R Us.

Mandarin, Beginning for Grades 1-3

Instructor: Xinrong Wang Searcy

Recreation Building Room A

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Mondays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class size: 6-8

Cost: Mondays \$130 (materials included) 9 week session

Wednesdays \$155 (materials included) 10 week session

Students can get to know some Chinese culture and develop an interest in Chinese literature. Students will learn basic listening and conversation in Mandarin; for example, introducing themselves to the others, greetings, counting, making phone calls, talking about school, the weather and holidays, etc. Instructor will read original literature and explain its meaning to students. Students will learn to write some Chinese words. Students may take one or both classes.

Mandarin, Intermediate and Advanced, for Grades 1-6

Instructor: Xinrong Wang Searcy

Recreation Building Room A

Mondays 3:50-5:05 (1 hour 15 minute class)

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 1-6

Class size: 6-8

Cost: Mondays \$130 (materials included) 9 week session
Wednesdays \$145 (materials included) 10 week session

This class is for students who already have basic listening and reading skills in Mandarin. The class will focus on increasing vocabulary, learning to write more Chinese characters and reading original literature, history and art. The instructor will guide the students to improve their listening and reading comprehension. New vocabulary will be learned from each reading assignment. The instructor will also teach poems and calligraphy. Students may take one or both classes.

Photography Workshop

Instructor: Mark Costantini

Community Center Room 2

Tuesdays 2:45-3:45 (1 hour class)

Grades 4-6

Class size: 6-8

Cost: \$145 (materials included) 10 week session

In this workshop, students will learn how to photograph using black and white film. They will also learn to develop film and print their photographs in a darkroom, as well as how to mat and frame their photographs. They will be taught techniques in portraiture, landscape and close-up photography, and even have a class photo exhibition. This is a unique opportunity to learn classic photographic techniques from a working professional photographer.

Photography Workshop 2 New class!!!

Instructor: Mark Costantini

Community Center Room 2

Tuesdays 3:50-5:05 (1 hour 15 minute class)

Grades 4-6

Class size: 6-8

Cost: \$155 (materials included) 10 week session

Building on the success of our first photography program, KASEP is adding a Photography 2 workshop. In Photography 2, students will explore photographic techniques like solarization, pinhole cameras, studio lighting, contact printing and other interesting photographic and darkroom processes. New and returning students are welcome in this class. Students are encouraged to have a manual 35mm camera but it's not required, as the workshop will provide the use of a camera at no additional cost to those who don't own one.

Pottery A

Instructor: Chris Lack

Recreation Building Room B

Thursdays 2:25-3:45 (1 hour 20 minute class) Grades 1-3

Thursdays 2:45-3:45 (1 hour class) Grade 4

Grades 1-4

Class Size: 7-9

Cost: Grades 1-3 \$155 (materials included) 10 week session

Grade 4 \$145 (materials included) 10 week session

Chris has been teaching and working with the medium of clay for quite awhile. He enjoys helping students of all ages and levels "get their hands into the clay" and let their creativity flow. Pottery making takes many forms - from pots to sculpture, beads to fountains. Students gain a knowledge and a sense of the sculpting process, hand skills, and the enjoyment of working with clay.

Pottery Workshop

Instructor: Chris Lack

Recreation Building Room B

Thursdays 3:50-4:40 (50 minute class)

Grades 1-6

Class Size: 7-9

Cost: \$135 (materials included) 10 week session

As students gain confidence in working with clay, they are encouraged to use their own ideas and creativity in making more complex and more intricate projects. Pottery making takes many forms - from pots to sculpture, beads to fountains. Students learn new techniques and skills, while enjoying both the process and the results of their work.

Recorder

Instructor: Jane Webber

Community Center Room 2

Wednesdays 1:50-3:15 (1 hour 25 minute class) Grades 2-3

Wednesdays 2:10-3:15 (1 hour 5 minute class) Grades 4-6

Grades 2-6

Class Size: 5-7

Cost: Grades 2-3 \$200 (recorders and other materials provided) 10 week session

Grades 4-6 \$170 (recorders and other materials provided) 10 week session

Come learn to play the recorder! Recorder is a wonderful way to introduce music into a child's life, and can be a stepping stone to the study of more complex instruments later on. Beginning students will learn basic fingerings and note-reading, and will begin playing simple tunes from the very first class. As students advance, more sophisticated techniques and music will be presented. All levels are welcome, as each student will be given individual instruction tailored to his or her unique needs and learning style.

Sewing A

Instructor: Lynn Crook

Recreation Building Room C

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Grades 1-3

Class Size: 7-8

Cost: \$170 (materials included) 10 week session

Join in the fun of sewing! In this class, kids learn basic hand sewing skills as they make small items such as bookmarks, coin purses, and puppets. Returning students who have more skills can sew items like small balls, little quilts, and even stuffed teddy bears. There are always new projects for each season.

Sewing B and Beyond

Instructor: Lynn Crook

Recreation Building Room C

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 4-6 (and 3rd graders who have previously taken sewing class)

Class Size: 7-8

Cost: \$155 (materials included) 10 week session

In this class, boys and girls learn how to use a sewing machine. This ability makes it possible to create larger items like pillows, drawstring bags, totes, and quilts of all sizes. Juggling bags, balls, and even stuffed chickens can appear by the end of a session. Great ideas become beloved creations.

Spanish A For Grades 1-3

Instructor: Stacey Smith

Recreation Building Room B

Fridays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class Size: 6-8

Cost: \$145 (materials included) 10 week session

In this introduction to Spanish language and culture, students will learn basic subjects and actions in Spanish by using music, drawing, crafts, dance and games. Students will dance to all types of Latin Music. Students will learn names, colors and actions in Spanish. Students will be encouraged to share their knowledge with their classmates in a fun, relaxed environment. Beginning and returning students are welcome

Spanish B for Grades 4-6

Instructor: Stacey Smith

Recreation Building Room B

Fridays 3:50-5:05 (1 hour 15 minute class)

Grades 4-6

Class Size: 6-8

Cost: \$145 (materials included) 10 week session

In this class for older students, games, dance, art and music will be used to introduce the Spanish language and culture. Conversations will build on vocabulary learned in previous classes. Students will dance to all types of Latin Music. Beginning and returning students are welcome.

Sports A

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 2 on rainy days)

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class Size: 7-12

Cost: \$135 (equipment provided) 10 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, basketball, kickball, and tag games. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment.

Sports B

Instructors: Kim Roots

Playing Field next to Recreation Building (Community Center Main Room on rainy days)

Wednesdays 1:50-3:15 (1 hour 25 minute class) Grades 2-3

Wednesdays 2:10-3:15 (1 hour 5 minute class) Grade 4-5

Grades 2-5

Class Size: 7-12

Cost: Grades 2-3 \$145 (equipment provided) 10 week session

Grade 4-5 \$125 (equipment provided) 10 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, baseball, basketball, kickball, and track & field. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment.

Sports C

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 1 on rainy days)

Thursdays 2:25-3:45 (1 hour 20 minute class) Grade 3

Thursdays 2:45-3:45 (1 hour class) Grades 4-6

Grades 3-6

Class Size: 7-12

Cost: Grade 3 \$135 (equipment provided) 10 week session

Grade 4-6 \$125 (equipment provided) 10 week session

In this class for the upper grades, kids will learn more advanced skills in a variety of popular sports, including soccer, baseball, basketball, kickball, and track and field. The prime objectives are that students have fun and learn to respect fellow classmates.

Beginning and Intermediate Tennis for Grades 1-4

Instructor: Kim Roots

Tennis Courts (Community Center Room 2 on rainy days)

Mondays 2:25-3:45 (1 hour 20 minute class) Grades 1-3

Mondays 2:45-3:45 (1 hour class) Grade 4

Grades: 1-4

Class Size: 7-8

Cost: Grades 1-3 \$125 9 week session

Grade 4 \$115 9 week session

Advanced Tennis for Grades 3-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Mondays 3:50-4:40 (50 minute class)

Grades: 3-6

Class Size: 7-8

Cost: \$105 9 week session

Beginning and Intermediate Tennis for Grades 2-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades: 3-6

Class Size: 7-8

Cost: \$115 10 week session

Beginning Tennis for Grades 1-4

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Fridays 2:25-3:45 (1 hour 20 minute class) Grades 1-3

Fridays 2:45-3:45 (1 hour class) Grade 4

Grades 1-4

Class Size: 7-8

Cost: Grades 1-3 \$140 10 week session

Grades 4 \$125 10 week session

Intermediate Tennis for Grades 3-6

Instructor: Kim Roots

Tennis Courts (Community Center Main Room on rainy days)

Fridays 3:50-4:40 (50 minute class)

Grades 3-6 (2nd graders with permission of instructor)

Class Size: 7-8

Cost: \$115 10 week session

Yoga A New Class!!!

Instructor: Catherine Johnson

Community Center Main Room

Thursdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3

Class Size: 6-8

Cost: \$135 (materials included) 10 week session

Kundalini Yoga is a rich blend of movement, stillness, breath work, chanting and meditation, all aimed at encouraging energy to move in the body in a balanced and harmonious way. It is an active and engaging practice as well as a wonderful introduction to an ancient and empowering art.

WORKSHEET FOR REGISTRATION

(Parents: this worksheet is for use in planning classes, not to be turned in at registration.)

Monday	\$	Tuesday	\$	Wednesday	\$	Thursday	\$	Friday	\$
10:15 - 11:45 1st choice 2nd choice		10:15 - 11:45 1st choice 2nd choice		10:15 - 11:45 1st choice 2nd choice		10:15 - 11:45 1st choice 2nd choice		10:15 - 11:45 1st choice 2nd choice	
11:35 - 1:05 1st choice 2nd choice		11:35 - 1:05 1st choice 2nd choice		11:35 - 1:05 1st choice 2nd choice		11:35 - 1:05 1st choice 2nd choice		11:35 - 1:05 1st choice 2nd choice	
2:25/2:45-3:45 1st choice 2nd choice		2:25/2:45-3:45 1st choice 2nd choice		1:50/2:10-3:15 1st choice 2nd choice		2:25/2:45-3:45 1st choice 2nd choice		2:25/2:45-3:45 1st choice 2nd choice	
3:50-4:40/5:05 1st choice 2nd choice		3:50-4:40/5:05 1st choice 2nd choice		3:20-4:35 1st choice 2nd choice		3:50-4:40/5:05 1st choice 2nd choice		3:50-4:40/5:05 1st choice 2nd choice	

WINTER 2010 KASEP REGISTRATION, AUTHORIZATION & HEALTH FORM

CHILD'S NAME _____ AGE _____ PHONE _____

ADDRESS _____ CITY _____ ZIP _____

CHILD'S SCHOOL _____ ROOM NO. _____ GRADE _____

PARENT NAME _____ EMAIL _____ CELLPHONE _____

PARENT NAME _____ EMAIL _____ CELLPHONE _____

Check here, sign and date only if your child is allowed to leave the building on his or her own.

Signature _____ Date _____

My child, _____, has permission to take part in all KASEP activities; any restrictions are stated here:

In case of medical emergency or other situation requiring immediate action, two other people to contact are:

Print Name	Relationship	Phone

Print Name	Relationship	Phone

In an emergency, these people are authorized to give permission for emergency medical treatment for my child. If you cannot reach me or them, I authorize the KASEP staff to take such action as they deem necessary, including treatment of my child by a physician, nurse or at a hospital or other facility.

If my child is absent and parents or emergency numbers cannot be reached, KASEP has my permission to call the Kensington Police to report his or her absence. Yes _____ No _____

Date: _____ Signature (Parent/Guardian): _____

Please do not fill out classes or fees below. Use worksheet on preceding page.

Monday	\$	Tuesday	\$	Wednesday	\$	Thursday	\$	Friday	
10:15-11:45		10:15-11:45		10:15-11:45		10:15-11:45		10:15-11:45	
11:35-1:05		11:35-1:05		11:35-1:05		11:35-1:05		11:35-1:05	
2:25/2:45-3:45		2:25/2:45-3:45		1:50/2:10-3:15		2:25/2:45-3:45		2:25/2:45-3:45	
3:50-4:40/5:05		3:50-4:40/5:05		3:20-4:20/4:35		3:50-4:40/5:05		3:50-4:40/5:05	

\$10 Reg Fee _____ (Pd. once/yr.) \$20 Min Day _____ (pd. once/yr.) Scholarship Donation \$ _____ Pre-Reg _____

Total Amt. Due _____	<u>Check No./Date</u>	<u>Explanation</u>
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Amt. Pd. _____	_____	_____
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Balance Due _____	_____	_____
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Health Information for KASEP Students

In case of an emergency, KASEP needs to know any medications your child is taking, and any medical conditions or allergies they might have. Please provide that information in the space below:

Child's name: _____

Best telephone number for reaching parent in an emergency: _____

Medications your child is taking: _____

Medical conditions or allergies: _____

Detailed description of symptoms to look for and monitor, and specific instructions about what an instructor or staff member should do when a symptom is observed. Use back of page if necessary:

Physician's Name _____ Phone: _____

Health Insurance Carrier: _____ Policy number: _____

Administration of Prescribed Medication for Student: I hereby request that authorized personnel assist this pupil in taking the medication indicated in the manner and dosage prescribed by my child's physician.

Parent or Guardian's signature: _____ Date: _____

Name of parent or guardian (please print): _____

To be completed by Physician/Health Care Provider:

Medication prescribed: _____ Diagnosis: _____

Dosage: _____ Time: _____

Restrictions and cautions: _____

Physician's signature: _____ License #: _____

Waiver/Release of Liability

Our legal counsel informs us that this form is necessary. Please read carefully.

On behalf of myself and the child enrolled, I acknowledge that certain of the activities in which my child may participate carry the risk of injury. On behalf of myself, my child, the members of my immediate family, our respective heirs, successors and assigns, I do herewith voluntarily assume all risks of such activities, and further, do herewith waive, release and forever discharge Kensington Community Council (hereinafter referred to as K.C.C.), Kensington Community Service District (hereinafter referred to as K.C.S.D.) and Kensington After School Enrichment Program (hereinafter referred to as KASEP), their respective officers, directors, agents, servants, employees, contractors and subcontractors, representatives, successors and assigns, from and of any and all rights, claims, actions, and causes of action, which may accrue to me, my child, the members of my immediate family, our respective heirs, successors, and assigns for any and all damages of any kind whatsoever, including personal injuries, wrongful death, emotional or mental distress, punitive or exemplary damages, pecuniary loss or damage of any kind, or property damage which may be sustained by or accrue to any or each of us arising from or in any way connected to the participation by:

(Child's Name)

in the activity described in this application, or in any activity reasonably related thereto, including but not limited to travel to and from such activity even if due to the negligence or fault of the parties herein released or the defective condition of the property and/or equipment used. I further agree, for myself, and all those enumerated above, to defend, indemnify, and save harmless, K.C.C., K.C.S.D, KASEP and their respective officers, directors, agents, servants, employees, contractors and subcontractors, representatives, successors, and assigns from any such claims, actions, and causes of action, and any and all damages flowing therefrom.

I have carefully read this agreement, including the foregoing liability waiver, and I fully understand the contents and meaning of each. I acknowledge that I fully understand that I am forever giving up, in advance, any right to sue or make claims against the parties that I am releasing for injuries or damages that my child may sustain while participating in the class, even if caused in whole or in part by the negligence or other fault of the parties or persons I am hereby releasing, by the dangerous or defective condition of any property or equipment owned, maintained or controlled by them, and/or because of their liability without fault. I nonetheless am willing, of my own free will, to sign this waiver of liability because I want my child to be a participant.

I also acknowledge I have read, understand and fully waive the provisions of California Civil Code Section 1542 which is quoted below:

"A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

I also understand that photos may be taken of KASEP classes and that the photos may include my child. I hereby authorize use of these photos for promotional or marketing purposes at the discretion of KASEP, K.C.C. or K.C.S.D.

Signed _____ Date _____

(Parent or Guardian)