# KASEP

# Kensington After School Enrichment Program

Fall 2006 Registration
Tuesday, September 12th
Kindergarten registration at 7:00pm
Grades 1-6 registration at 7:15pm
Refreshments available -- all proceeds will benefit the KASEP Scholarship Program

Kensington Community Center Main Room 59 Arlington Avenue, Kensington 94707 KCC/KASEP Office: (510) 525-0292

kccrec@yahoo.com

Classes begin: Monday, September 25th
Classes end: Friday, December 22nd
Last day to change classes: Monday, October 2nd
Second installment on payment due: Wed., Nov. 1st

Holidays: There will be no KASEP classes on the following days: Friday, October 13; Tuesday, November 7; Friday, November 10; Thursday-Friday, November 23-24

Minimum Days: KASEP classes will be held at normal times on minimum days: Thur., Sept. 28; Thur., Nov. 2; Fri., Nov. 3; Mon., Nov. 6; Wed., Nov. 8; Thur. Nov. 9; Wed., Nov. 23; Fri., Dec. 22

Scholarships are available for KASEP classes. To apply for a scholarship, contact Esther Hill at the KCC/KASEP office. Deadline for Fall Scholarship Applications is Monday, Sept. 11th.

#### registration procedures for fall 2006

You will receive the KASEP Registration Packet on Tuesday, September 5th. On the bottom of this page is a tear-off slip for you to fill out and drop in the mail slot of the KCC/KASEP office in the Recreation Building by 9:00 am on Tuesday, September 12th. Only one lottery slip per family is permitted. If you are registering for another family, you and the family you are registering for may submit only one lottery slip for the two families. We will have a public lottery drawing prior to registration on Tuesday, September 12th in the KCC/KASEP office. Parents need not be present for the drawing. By 3:00 pm on September 12th, names and numbers in the order drawn will be posted on the exterior door of Room 3 (south side) of the Kensington Community Center.

Registration will begin promptly at 7:00 pm for Kindergartners and 7:15 pm for Grades 1-6 in the Kensington Community Center Main Room, and it moves quickly. Names will be called in numerical order. If that parent or guardian is present, he/she can register for his/her children and up to one other family's children that have also been listed on the slip, according to the lottery number. This will continue until all posted lottery numbers have been called. Any parent or guardian who did not turn in a tear-off slip by 9:00 am on September 12th and any parent or guardian who is not present when his/her name is called during registration will not be eligible to register until after the registration of all parents or guardians who are present when their names are called. The order of those parents or guardians who did not submit a slip by 9:00 am on Tuesday, September 12th or who are not present at registration when their names are called will be determined by the numbers they receive when they arrive at registration.

Please fill out the top and bottom sections of the registration form prior to registration. On the page just before the registration form, there is a worksheet for you to use. Please do not fill in the classes or fees on the registration form itself.

If you have any questions about these registration procedures, please call Esther Hill at the KCC/KASEP office: (510) 525–0292.

IMPORTANT NOTE: Please arrive promptly for evening registration (7:00 pm for Kindergarten parents, 7:15 pm for parents of students in grades 1-6). If you are not present when your number is called, you will not be eligible to register until after all those who are present when their numbers are called have registered.

# Kasep fall 2006 lottery slip

KINDERGARTEN REGISTRATION 7:00PM; GRADES 1-6 REGISTRATION 7:15PM PARENT OR GUARDIAN'S NAME(S):

ONE OTHER FAMILY'S NAME THAT IF APPLICABLE:	YOU ARE REGISTERING,
REGISTERING KINDERGARTNER	REGISTERING GRADES 1-6
	ATER THAN 9:00 AM, TUESDAY, SEPT. 12TH IN
THE MAIL SLOT OF THE KCC/KASEP	OFFICE IN THE RECREATION BUILDING.

#### important information for all kasep parents

#### SIGN-OUT PROCEDURES

On the registration form there will be a place to check and sign a waiver which allows your child to leave KASEP classes on his or her own. If you do not sign this waiver, you or whomever you have assigned are required to come into the classroom and sign the child out before he or she may leave.

The KASEP staff is making every effort to be sure that all students are signed out before leaving the classroom, but it is important that we have your cooperation to insure that (1) you or a person that you have assigned always signs out before taking the child from the classroom, and (2) you talk with your child about not leaving the classroom or the area just outside the classroom until you or the assigned person comes to pick him or her up. To change the child's status in the middle of a session, you need to sign a new form in the KCC office and also alert the appropriate KASEP teachers so they can change the sign-out procedure for your child in their roll books.

THE BIGGEST HELP PARENTS CAN GIVE US IS TO BE ON TIME OR EVEN A LITTLE EARLY TO PICK UP THEIR CHILD.

If you have given written permission for your child to leave the classroom on his or her own, be sure your child knows exactly where they are supposed to go after class.

KASEP is only responsible for students in grades 1-6 after they check in at their KASEP class. Parents are responsible for providing any required assistance to ensure that their children find their way from school to KASEP classes. If parents do not think their child is able to independently get to KASEP classes, they should consider waiting until their child is older to start KASEP classes.

# KINDERGARTEN PARENTS

In order to provide enrichment classes to all kindergartners, KASEP offers <u>before school</u> enrichment classes for PM kindergartners Monday through Friday, as well as after school classes for AM kindergartners every day.

The PM kindergartners taking a <u>before school</u> KASEP class should arrive at 10:25 am for their KASEP class (see class descriptions for location of classes). KASEP teachers will teach their class and will then walk students up to their kindergarten classroom. KASEP teachers will arrive at the kindergarten classroom in time to pick up the AM kindergartners. Once the PM kindergartners have gone into the classroom, the KASEP teachers will walk the AM kindergarten group down, supervise lunch and teach their class. After the class, those children must be picked up at their class site by parents or assigned caregivers.

# KASEP

# Kensington After School Enrichment Program

59 Arlington Avenue Kensington, California 94707-1037 (510) 525-0292

For more than twenty years, KASEP has been a tremendously successful after school enrichment program for our children, thanks to a hard-working staff, quality teaching and the continued support of parents and the community. Over the years, KASEP has received requests for price reductions from families who cannot afford the fees. In an effort to make our classes available to more students, we are offering four partial scholarships each session.

Scholarships are limited to one scholarship per family per session. Scholarships are 80% for students eligible for the free lunch program; 50% for students eligible for the reduced lunch program or demonstrated need. A space will be guaranteed for the class chosen. Applications will be processed first come, first served with a waiting list of up to four names for the following session. The waiting list will not be carried over the summer. All application information is kept confidential.

All scholarship applications for the Fall 2006 classes are due by Monday, September 11th. For further information or to apply for a scholarship, contact:

Esther Hill at (510) 525-0292

Sincerely,

KASEP Scholarship Committee

#### Kasep registration - fall 2006

- 1. Your registration packet should contain:
  - a. KASEP Policy (See Reverse)
  - b. Registration Form and Worksheet for Registration
  - c. Schedule of classes and description of classes
- 2. Payment
  - a. Payment is due at registration. Make checks payable to K.C.C.
  - b. Bills exceeding \$100 may be paid in two installments, but a minimum of \$50 or 50% of the total (whichever is greater) must be paid at registration.
- 3. No refunds will be given if a class is dropped after the first week.
- 4. <u>Priority for registration</u>:
  - KASEP committee members will receive priority for registration; members serve voluntarily and are rewarded in this way for time invested.
- 5. General information
  - a. Registration is <u>Tuesday</u>, <u>September 12th at 7:00 pm for Kindergarten and 7:15 pm for Grades 1–6</u> in the Kensington Community Center main room. A public lottery will be held <u>Tuesday</u>, <u>September 12th at 12:00 pm</u> in the KCC/KASEP office (located in the Recreation Building).
  - b. One registration form must be used for each child, <u>but you should only</u> submit one lottery slip per family.
  - c. You may register for children in your own family and one additional family only. Two families registering together should submit only one lottery slip.
  - d. Return the top copies of the Registration Form and Waiver/Release of Liability Form at registration with payment.
  - e. You will be notified only if your child's class has been cancelled.
- 6. <u>Waiting list</u>: Children who do not get into a class because it is already full have the option of being placed on a waiting list. Up to 50% of the class for the following session will be taken from this list, according to the order of sign-up. Children on more than one waiting list can only pre-register for one class, which applies only to the following session. The waiting list does <u>not</u> carry over to the next school year.
- 7. <u>Minimum Day cards</u>: A Minimum Day card, available only to KASEP students, provides supervision for your child on minimum days (<u>NOT for early dismissal on Wednesdays</u>) from minimum day dismissal time until the start of the first KASEP classes. The card costs \$20, can be purchased at the KASEP office or at registration, and is valid all year. If you do not purchase this card, your children will be unsupervised and KASEP will not be responsible for them during that time.

#### Kasep Staff

# Kasep advisory committee

Esther Hill, K.C.C. Administrator Keith Cirelli Cherry Normington Elma Conley, Afternoon Supervisor Tre Curran Debbie Polito Sandy Thacker, Curriculum Coordinator Wynne Gill Sand Saito

KASEP office phone: (510) 525–0292 Joanne Scarpa

Community Center pay phone: (510) 526-9855

#### POLICY

#### PRICE OF CLASSES, REFUNDS AND CLASS CANCELLATION POLICY

Please note that the variation in class fees is due to several factors, including the number of weeks that the class meets during the session, the length of the class, and the class size. This Fall, KASEP holidays are: Friday, October 13; Tuesday, November 7; Friday, November 10; Thursday-Friday, November 23-24. Monday and Wednesday classes meet 13 weeks; Tuesday and Thursday classes meet 12 weeks, and Friday classes meet 10 weeks.

Students may drop a class in the first week. There will be a non-refundable processing fee of 10% of the class cost for any class dropped. No refunds are given for students who drop out of class after the first week. The rationale behind this policy is as follows: The KASEP Program operates on a break-even financial budget that requires a minimum number of students in each class. If a parent withdraws a child from a particular class, KASEP has lost the opportunity to fill the class with another student. If a refund were made, the class would not break even and the program would be in jeopardy.

Our break-even financial budget necessitates a minimum class size. When that size is not met, parents may be asked whether they would be willing to pay more in order to avoid cancellation of the class. If a class is cancelled due to low enrollment, a full refund will be given.

If parents have not paid in full for all previous KASEP classes, they will not be eligible for the lottery or KASEP classes until they have paid their outstanding balance in full.

FOR INFORMATION ABOUT SCHOLARSHIPS, CONTACT THE KCC OFFICE.

#### ATTENDANCE:

Parents must notify KASEP (525–0292 message machine) if a child will be absent. Each teacher takes attendance every day and gives the roll immediately to the Afternoon Supervisor, who then checks unaccounted absences against the school roster for the day. If the child is still not accounted for, the Afternoon Supervisor will call the parents' home and work numbers. If there is no answer, she will call the emergency numbers listed on the child's registration form. Should calling all available numbers prove fruitless, a call to the Kensington Police will be made if the parent has given authorization to do so.

AFTER CLASS: Please read brochure page titled IMPORTANT INFORMATION FOR ALL KASEP PARENTS regarding sign-out procedures. Parents or guardians are encouraged to pick up their children promptly at the end of the class period. Parents will be charged a \$15 late fee for each fifteen minutes or part thereof that they are late.

<u>DISCIPLINE</u>: Our program is designed to offer quality classes to children after school. Disciplinary problems disrupt the classes and affect the quality of the teaching. The parent or guardian of a child who has disciplinary problems will be notified on the first offense in an attempt to enlist the parent or guardian's help in correcting the problem. A second offense will result in the child being permanently dismissed from the class. Any behavior deemed by the teacher to be dangerous will result in the immediate dismissal of the student. The parent will be notified of any action taken. In a case of disciplinary dismissal, no refund will be given for the same reasons stated above under "Refunds".



# **Shotokan Karate**

We are excited to offer Shotokan Karate beginning classes for the first time at the Kensington Community Center, 59 Arlington Avenue, in Kensington. Shotokan Karate is a traditional Japanese martial art that focuses on the building of both mind and body through disciplined karate training.

#### See your child...

- Develop strength and coordination
- Build discipline and confidence
- Increase coordination
- Learn self-defense techniques

Our school's founder is Sensei M. A. Sharifi who holds the rank of 7<sup>th</sup> Dan (7<sup>th</sup> degree black belt). Sensei Sharifi has trained and taught in Japan, Europe, the Middle East, and the United States. The Shotokan Karate Institute has been in the East Bay for over 20 years. His students who will be running the KASEP classes will include:

Sarah Brown, 2<sup>nd</sup> Dan Dr. Rick McCallum, 2<sup>nd</sup> Dan Richard Capone, 2<sup>nd</sup> Dan (2 children at Hilltop)

#### **Class Information:**

**Mondays:** 2:25 P.M – 3:45 P.M. Grades 1-3\* **Mondays:** 3:50 P.M. – 5:00 P.M. Grades 4-6\*

**Costs (13 sessions):** \$155

Dates: 13 weeks beginning Monday Sept. 25th and ending Monday Dec.

18th

**Location:** Community Center Main Room

\*The classes offered this fall are beginning classes and thus there will be no physical contact. Students should wear loose fitting clothing.

#### **Enrollment:**

You may enroll during the open KASEP registration on September 12, 2006 at 7 P.M. in the Kensington Community Center. Or you may download a registration form from our web site at: <a href="https://www.shotokan.com">www.shotokan.com</a> For registration questions, contact KCC. For karate questions, you may contact the Shotokan Karate Institute.

Shotokan Karate Institute: 510-526-8334 <u>shotokankarateinstitute@yahoo.com</u> www.shotokan.com

**KCC**: 510-525-0292 <u>kccrec@yahoo.com</u>

Please make all checks payable to: KCC

# Gymnastics

Judy Baker, Gymnastics Director (510) 233–1833 KCC (510) 525–0292 kccrec@yahoo.com 59 Arlington Avenue, Kensington, CA 94707

# SCHEDULE FOR GYMNASTICS STARTING SEPTEMBER 26, 2006

We are proud to offer gymnastics classes again this year at the Kensington Community Center, 59 Arlington Avenue (behind the library). Students should wear loose clothing such as leotards, sweatpants, or shorts. Long hair must be tied in a ponytail.

#### **TUESDAYS**

11:35 A.M 1:00 P.M.	Kindergartners
2:30 P.M. – 3:30 P.M.	Advanced Beginners - Grades 1-3
2:50 P.M 3:50 P.M.	Advanced Beginners – Grades 4–6

#### **INSTRUCTORS**

Instructors Judy Baker and Jean Jay are highly qualified and well trained former gymnasts. They have been teaching for fourteen years and are very patient with children.

#### **ENROLLMENT**

Please call Judy Baker at 233–1833 to enroll. Enrollment is on-going. You may also enroll during the open KASEP registration on September 12, 2005 at 7:00 P.M. in the Kensington Community Center. Parents or guardians of all students are required to sign a waiver before the start of the program.

#### **FEES**

The tuition for the Fall session, which runs for twelve weeks, beginning September 27<sup>th</sup> and ending December 13<sup>th</sup>, 2005, is as follows:

Kindergartners – Kensington Residents	\$140
Kindergartners - Non-Residents	\$155
Grades 1-6 – Kensington Residents	\$130
Grades 1-6 – Non-Residents	\$145
One time annual administrative fee – all students	\$45

Please make the tuition check payable to KCC and administrative fee check payable to Judy Baker.

# Kasep fall 2006 schedule

Monday, September 25 – Friday, December 22, 2006

KASEP HOLIDAYS: Friday, October 13; Tuesday, November 7; Friday, November 10; Thursday-Friday, November 23-24

Final Schedule of Fall Classes will be posted on www.aboutkensington.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	13 Weeks	12 Weeks	13 Weeks	12 Weeks	10 Weeks
10:25 – 11:45 Kindergarten	Tennis K\TC (*CCM)	Carpentry K \RBB	Carpentry K \RBB	Critter Adv K\RBB	Games&Sports K \CCG(*CC)
11:35 <i>–</i> 1:10 Kindergarten	Tennis K\TC (*CCM)	Carpentry K \RBB	Carpentry K \RBB	Critter Adv K\RBB	Games&Sports K \CCG(*CC)
1:50 - 3:15 Grades 1 - 3 2:10 - 3:15 Grades 4 - 6			Carpentry A\RBB\1-3 Girls Creating Serendipity- 5 <sup>th</sup> & 6 <sup>th</sup> \CC1\5-6 Recorder \CC2\1-6 Sewing A\RBC\1-3 IntTennis B\TC (*RBA)\4-6 Sports B \RBF(*CCM)\2-5		
2:25 - 3:45 Grades 1 - 3 2:45 - 3:45 Grades 4 - 6 Wed. only 3:20 - 4:35 (unless noted)	Everyday Art \RBB\2-6 Keyboard\RBC\1-3 Beginning & Intermediate Tennis \TC (*CCM) \1-4 Sports C \RBF (*CC2)\4-6	Creative Writing\RBC\2-6 Cooking A\CCK\1-3 Carpentry A\RBB\1-3 Drama A\RBA (*CC1)\1-3 Beg & Intermed Tennis \TC (*RBA)\1-4 Sports A \RBF (*CC2)\1-3	Carpentry Workshop \RBB\1-6 Games & Puzzles/CC1\2-6 Continuing Recorder \CC2\1-6 Sewing B\RBC\3-6 Adv. Tennis B\TC(*RBA) \4-6 (3:204:20)	Beginning Tennis A	Hip Hop Dance \RBA\4-6 Girls Creating Serendipity -3 <sup>rd</sup> & 4 <sup>th</sup> \CC1 (*CC)\3-4 Beginning Tennis \TC (*RBA) \1-6
3:50 - 4:40 ( <u>unless noted</u> )		Carpentry Workshop \RBB\1-6 ( <u>3:50-5:05</u> ) Cooking Workshop \CCK\1-6 ( <u>3:50-5:05</u> )		African Dance B\RBA\3-6 Knitting\5-6\RBC Pottery Workshop \RBB\1-6	Drama B \RBA\3-6

<u>Listi</u>	ngs include: Course title\Location\Grade Levels		*alternate room on rainy days
CCM	Community Center Main Room	RBA	Recreation Building Room A
CC1	Community Center Room 1	RBB	Recreation Building Room B
CC2	Community Center Room 2	RBC	Recreation Building Room C
CCK	Community Center Kitchen	RBF	Recreation Building Field
CCG	Community Center and grassy field	TC	Tennis Courts
		BBC	Basketball Court

# KINDERGARTEN CLASSES FALL 2006

# Carpentry for Kindergartners

Instructor: Sandy Thacker Recreation Building Room B

Tuesdays and Wednesdays 10:25-11:45 (1 hour 20 minute class) PM kindergartners Tuesdays and Wednesdays 11:35-1:10 (1 hour 35 minute class) AM kindergartners

Grade: Kindergarten

Class Size: 6-7

Cost: (for PM kindergartners) Tuesdays \$180 (materials included) 12 week session Wednesdays \$195 (materials included) 13 week session (for AM kindergartners) Tuesdays \$195 (materials included) 12 week session Wednesdays \$210 (materials included) 13 week session

From the very beginning of teaching carpentry to kindergartners, I was never interested in just playing around with wood. I wanted these young carpenters to learn to use real tools and to make real projects, in a safe and supportive environment. To my continuing delight, these five-and six-year-olds are able to make a wide variety of projects of ever-increasing complexity. They learn problem solving, coordination skills, and even some basic math. They have fun and are always proud to take their amazing projects home to enjoy for years to come.

Sandy Thacker has taught carpentry to kids for more than twenty years. Sandy, who has a Master's Degree in Education from Stanford University, previously taught high school and junior high school and then worked for several years as a carpenter. She loves working with young students, and it shows. She has developed a wonderful and very successful program for teaching woodworking skills to children.



#### Critter Adventures for Kindergartners

Instructor: Chris Lack

Recreation Building Room B

Thursdays 10:25-11:45 (1 hour 20 minute class) PM kindergartners Thursdays 11:35-1:10 (1 hour 35 minute class) AM kindergartners

Grade: Kindergarten Class Size: 6–7

Cost: (for PM kindergartners) \$175 (materials included) 12 week session (for AM kindergartners) \$190 (materials included) 12 week session

Explore the World of Nature by interacting with the hillside environment around our school. Did you know that lizards, snakes, butterflies, squirrels, gophers, deer, as well as a host of smaller animals and insects live right outside our doors? Our Critter class is a fun way to see, talk about and learn about some of the animal and plant neighbors we are close to. Chris likes to take short walks for looking and collecting, and he uses art and craft work as a way of amplifying and illustrating the natural world. In past years we have studied frogs, snails and slugs; caterpillars, bugs and butterflies; birds, fish and crickets; a lizard and a snake or two. Things to see, things to make, things to take home. Join the fun!

Chris works both as a gardener/designer and as a teacher. He has degrees from California College of the Arts and San Francisco State University in Fine Arts. He has been a practicing landscape worker/designer for over twenty years in this area, and has taught many classes during that time as well. Nature, pottery and garden works are near to Chris' heart and his interest in them comes through in all of his classes.

# Games and Sports for Kindergartners

Instructor: Kim Roots

Community Center and Adjoining Grassy Area

Fridays 10:25–11:45 (1 hour 20 minute class) PM kindergartners Fridays 11:35–1:10 (1 hour 35 minute class) AM kindergartners

Grade: Kindergarten Class Size: 6-7

Cost: (for PM kindergartners) \$140 (equipment included) 10 week session (for AM kindergartners) \$155 (equipment included) 10 week session

Sports are a wonderful way to be active, to learn to be part of a team, to gain confidence in your physical abilities, and to have fun. These young athletes will play a variety of games to learn the basic skills of team and individual sports. Proper supervision will assure safe play and the emphasis will be on cooperation and good sportsmanship.

Kim Roots, with a degree in Mathematics and Philosophy from the University of California at Santa Cruz, has been teaching and coaching sports and tennis in our program and in the community for several years. Kim is a long-time resident of Kensington. Kim's major interest is to make sports accessible and fun for all kids.

## Tennis for Kindergartners

Instructor: Alex Brown

Tennis Courts (Community Center Main Room on rainy days) Mondays 10:25–11:45 (1 hour 20 minute class) PM kindergartners Mondays 11:35–1:10 (1 hour 35 minute class) AM kindergartners

Grade: Kindergarten

Class Size: 6-7

Cost: (for PM kindergartners) \$185 13 week session (for AM kindergartners) \$195 13 week session

In this fun and active class, young tennis students are taught the basics of tennis in a fun environment that emphasizes lots of movement and hand-eye coordination. Cooperation and sportsmanship are always emphasized. New and used rackets are available to borrow or buy. You may also trade in your old rackets for better-fitting models.

Alex has been teaching tennis in Kensington for many years and his classes are always popular, not to mention the fact that many of the best players on the local high school teams came through his Kensington program. In the last several years, Alex has also been teaching beginning tennis skills to pre-school children and kindergartners.



# CLASSES FOR GRADES 1-6 FALL 2006

Note: Class names followed by an "A" are generally for grades 1-3. Those followed by a "B" are generally for grades 4-6, with some exceptions.

# CARPENTRY

Sandy Thacker has taught carpentry to kids for more than twenty years. Sandy, who has a Master's Degree in Education from Stanford University, previously taught high school and junior high school and then worked for several years as a carpenter. She loves working with young students, and it shows. She has developed a wonderful and very successful program for teaching woodworking skills to children.

#### Carpentry A

Instructor: Sandy Thacker Recreation Building Room B

Grades 1-3

Tuesdays 2:25-3:45 (1 hour 20 minute class) Wednesdays 1:50-3:15 (1 hour 25 minute class)

Class Size: 7-8

Cost: Tuesdays: \$175 (materials included) 12 week session Wednesdays: \$195 (materials included) 13 week session

There is something very special about creating something from nothing. You see something you really like, but instead of buying it you make it yourself. Along the way, you learn new skills, the safe use of a variety of tools, and some practical math. When your project is completed, whether it's a paddle boat, a marble maze, a birdhouse, a xylophone, or something else you think of yourself to make, it's a great feeling to take it home to play with, use yourself, or give as a special gift.



# Carpentry Workshop

Instructor: Sandy Thacker Recreation Building Room B

Tuesdays 3:50-5:05 (1 hour 15 minute class) Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 1-6 Class Size: 6-8

Cost: Tuesdays \$175 (materials included) 12 week session Wednesdays \$185 (materials included) 13 week session

There is a great satisfaction in working with wood. As you get older and more adept at working with tools, you can also expand your skills by creating more complex and creative projects, sometimes working from your own designs. When you finish a project, whether it's a pinball machine, a pool table, a xylophone, a stool, a bookshelf, or something else you decide to make, it's a special feeling to know that you made it yourself to use or to give as a special gift to family or friends.

If any parents have access to wood or other carpentry materials or tools that they might donate to our carpentry classes, please call Sandy at (510) 482–1258. Thanks.



#### **GAMES AND PUZZLES**

Kim Roots, with a degree in Mathematics and Philosophy from the University of California at Santa Cruz, taught for Project SEED, a math program for kids. He is an avid chess player and likes using games and puzzles as a vehicle for students to learn a number of mathematical and reasoning skills, while at the same time having fun.

# Introduction to Strategic Games and Puzzles MEW!!!

Instructor: Kim Roots Community Center Room 1

Wednesdays 3:20-4:35 (1 hour 15 minute class) Grades 2-6 (1st graders with permission of instructor)

Class Size: 6-10

Cost: \$170 (materials included) 13 week session

Students will be introduced to games like Backgammon, Checkers, and Chess, and will learn valuable strategies to help them improve their game. New games, such as Nim, Hounds and Hare, will be introduced periodically. Students will also examine and solve a variety of Tangram puzzles.

#### cooking

Megan Bennett has degrees in both nutrition and the culinary arts. She taught cooking for grades K-5 in the Piedmont after school recreation program for several p years. She loves teaching cooking to children and has new recipes each session.

# Let's Get Cooking A

Instructor: Megan Bennett Community Center Kitchen

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3 Class Size: 6-8

Cost: \$170 (materials included) 12 week session

From sushi to won ton soup, from shortbread cookies to chocolate souffle, students learn to gain confidence in the kitchen in this hands—on class, and then enjoy tasting their own creations. Both boys and girls will learn basic cooking principles. Holiday recipes will also be included. Safety is always stressed.

# Let's Get Cooking Workshop

Instructor: Megan Bennett Community Center Kitchen

Tuesdays 3:50-5:05 (1 hour 15 minute class)

Grades 1-6 Class Size: 6-8

Cost: \$170 (materials included) 12 week session

Learn to make sushi, won ton soup and risotto as well as cookies and souffles. Students will learn their way around the kitchen and get to taste their own creations. Nutrition and safety are always stressed.

## music and creative arts

Madeleine Rogin is a dancer, teacher and performer who has been teaching dance to children for the past ten years. She has a Masters Degree in Dance from the University of New Mexico with a specialty in African Dance. She currently teaches at the World Dance Center in Berkeley and at Prospect Sierra School in El Cerrito.

Tati Argue holds a BA in English from UC Berkeley. She has taught children and adults in both academic and fitness settings for ten years. She is currently a staff fitness instructor at the YMCA and has taught kids' classes in tumbling, Hip Hop and other dance forms there. She also teaches dance privately at her home studio. By day she is a preschool teacher.

Martha Black has a Masters in Counseling and has spent years writing and leading writing groups for children and teenagers, as a tool for promoting self respect, confidence in reading and writing, a love of words, and just simply having fun!

Karen Brown-Collier grew up in El Cerrito, attended Fisk University in Tennessee, then received a M.S. degree in Mass Communication/Journalism from Boston University. She has twelve years experience designing communication and training programs. Karen enjoys writing short stories and poetry, and has recently developed a program for pre-teen/teen girls that helps to nourish their self-esteem and self-awareness.

Kelly Donahue-Marley has an education in Child Development, as well as a life-long participation in and passion for the world of theater. She has many years experience working with children, including a number of years teaching Drama at KASEP, Madera School, and the El Cerrito Recreation Department. Kelly's dynamic style and personal enthusiasm fuels the student's theatrical abilities in a supportive and fun environment.

Carolyn Holm is a collage and assemblage artist, and the author of the book *Everyday Art* for Kids. She is the former Kensington Hilltop parent who started the popular annual Family Art Night at the school. (Why is her class called Everyday Art? Because, as Carolyn likes to say, when art is an everyday thing, creativity becomes a habit!)

Jan Jones is a professional musician—an accomplished performer, an innovative composer/arranger and a skilled instructor. She has taught music including singing, keyboard, piano and recorder to children and adults for more than 25 years.

Jane Webber has been teaching flute and recorder to children for the past 35 years and brings to this "labor of love" a wealth of experience grounded in kindness and commitment to the growth, both musical and personal, of her students. She also performs with the New Millennium Strings orchestra.

#### African Dance A NEW CLASS!!!

Instructor: Madeleine Rogin Recreation Building Room A

Thursdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3 Class size: 6-12

Cost: \$160 (materials included) 12 week session

This class focuses on the fundamentals of African dance from Western and Southern Africa. Students will learn basic body posture and physical approach to this healthy, invigorating, high energy dance form. We will also work on developing a rhythmic sense of movement and how to integrate music into every part of your body. Most of class time will be devoted to learning basic African dance moves and to having fun with music and movement. There will be a final performance for family and friends.

#### African Dance B NEW CLASS!!!

Instructor: Madeleine Rogin Recreation Building Room A

Thursdays 3:50-4:40 (50 minute class)

Grades 3-6 Class size: 6-12

Cost: \$135 (materials included) 12 week session

This class focuses on the fundamentals of African dance from Western and Southern African. In addition to learning basic African dance moves, developing a rhythmic sense of movement and how to integrate music into every part of your body, students will be encouraged to work together to create choreography and learn how to project movement for an audience. Most of class time will be devoted to having fun with this high energy dance form. There will be a final performance for family and friends.

# Hip Hop Dance

Instructor: Tati Argue Recreation Building Room A Fridays 2:45–3:45 (1 hour class)

Grades 4-6 Class size: 6-12

Cost: \$125 (materials included) 10 week session

Hip Hop derives its traditions from the street, and is by nature an improvisational and personally expressive dance form. In the class, we will focus on dance fundamentals but mostly on having fun—learning the basics while gaining confidence in our own creative impulses. Classes include warm up and stretching, isolations, fundamentals and technique of dance (time, 8-count phrasing, positions, levels, weight shift), movement games, choreography and cool down. Wear loose or stretchy clothes, a sweatshirt or warm top in cold weather, and athletic or dance shoes (no sandals, slip-ons or hard-soled shoes). Bring a water bottle.

# Girls Creating Serendipity for 3rd and 4th Graders

Instructor: Karen Brown-Collier Community Center Room 1

Fridays 2:25-3:45 (1 hour 20 minute class) Grade 3 Fridays 2:45-3:45 (1 hour class) Grade 4

Grades 3-4 Class size: 6-12

Cost: Grade 3 \$150 (materials included) 10 week session Grade 4 \$135 (materials included) 10 week session

This is a workshop of Creating Serendipity for Girls in 3<sup>rd</sup> and 4<sup>th</sup> grade. This class will journal, have round table discussions, and provide a safe place for girls to explore their creativity, broaden their self-understanding and think deeper about their lives. Art is still part of the curriculum. The goal of this class is to inspire pre-teen girls to listen to their internal wisdom and empower them with self-awareness, confidence, and skills.

# Girls Creating Sevendipity for 5th and 6th Graders

Instructor: Karen Brown-Collier Community Center Room 1

Wednesdays 2:10-3:15 (1 hour 5 minute class)

Grades 4-6 Class size: 6-12

Cost: \$170 (materials included) 13 week session

This workshop is a more advanced Creating Serendipity class that journals, has round table discussions, and continues to offer girls a safe place to explore their creativity, broadening their self-understanding and thinking deeper about their lives. Art is still part of the curriculum. The goal of this class is to inspire pre-teen girls to listen to their internal wisdom and empower them with self-awareness, confidence, and skills.

# Creative Writing for Kids

Instructor: Martha Black Recreation Building Room C

Tuesdays 2:25-3:45 (1 hour 20 minute class) Grades 2-3 Tuesdays 2:45-3:45 (1 hour class) Grades 4-6

Grades 2-6 Class size: 6-7

Cost: Grades 2–3 \$165 (materials included) 12 week session Grades 4–6 \$150 (materials included) 12 week session

Let your imagination lead the way! Create, design, and craft your own wild and wonderful ideas into written works of art! We will draft poems into beautiful shapes, write about colors and their personalities, compose funny-bone limericks, strange headlines, and stories of magic and mystery. Let us hear your point of view! Games, arts & crafts, and outdoor walks will enhance and inspire our ideas for writing and sharing. This is a supportive setting to promote confidence and a love of writing.

# Keyboard A

Instructor: Jan Jones

Recreation Building Room C

Mondays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3 Class size: 5-7

Cost: \$190 (materials provided) 13 week session Students must provide their own keyboard.

Beginners and continuing keyboard students are welcome in this basic class. Students will learn to read notes and play familiar songs. Each student in the class will get a short, individual lesson, while the other students are working with music-related materials. This class teaches fledgling musicians basic rhythm and note-reading, thus providing a good foundation for piano as well as other instruments. Books, worksheets, music stands and art materials will be provided.

Students must provide their own electronic keyboard with the following capabilities: midsize keys (full size okay, mini-size not); polyphonic (plays at least 3 notes at a time); battery operated.

#### Recorder

Instructor: Jane Webber Community Center Room 2

Wednesdays 1:50-3:15 (1 hour 25 minute class) Grades 1-3 Wednesdays 2:10-3:15 (1 hour 5 minute class) Grades 4-6

Grades 1-6 Class Size: 6-8

Cost: Grades 1–3 \$195 (recorders and other materials provided) 13 week session Grades 4–6 \$175 (recorders and other materials provided) 13 week session

Come learn to play the recorder! Recorder is a wonderful way to introduce music into a child's life, and can become a stepping stone to the study of more complex instruments later on. Beginning students will learn basic fingerings and note-reading, and will begin playing simple tunes from the very first class. As students advance, more sophisticated techniques and music will be presented. All levels are welcome, as each student will be given individual instruction tailored to his or her unique needs and learning style.

# Continuing Recorder

Instructor: Jane Webber Community Center Room 2

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 1-6 Class Size: 6-8

Cost: \$190 (recorders and other materials provided) 13 week session

This is a continuing Recorder class for students with two or more semesters of study or consent of instructor. Individualized instruction and simple ensemble playing.

# Drama Exploration A

Instructor: Kelly Donahue-Marley

Recreation Building Room A (Community Center Room 1 on rainy days)

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3 Class Size: 7-12

Cost: \$160 (materials included) 12 week session

In this super fun, active and imagination-filled class, children learn to be comfortable with their own expression and develop acting skills. The students participate in theater games, improvised acting, pantomime, creative movement, rehearsed skits, face painting, costuming and more!

# Drama Exploration B

Instructor: Kelly Donahue-Marley Recreation Building Room A

Fridays 3:50-4:40 (50 minute class)

Grades 3-6 Class Size: 7-12

Cost: \$110 (materials included) 10 week session

This focused and creatively fun class is geared to older and/or more experienced acting students. The class experience will include: theater exercises, creative movement, theater history and genres, pantomime, and skits of all kinds (rehearsed, improvised, original, teacher and student created and directed). Individual ideas will be encouraged.

# Everyday Art: Exploring Media

Instructor: Carolyn Holm Recreation Building Room B

Mondays 2:25–3:45 (1 hour 20 minute class) Grades 2-3 Mondays 2:45–3:45 (1 hour class) Grades 4-6

Grades 2-6 (Note: First graders find this class to be a bit of a challenge. We want art to be fun, not frustrating, so the minimum age for Everyday Art is second grade.)

Class Size: 7-9

Cost: \$165 (materials included) Grades 2-3 13 week session \$150 (materials included) Grades 4-6 13 week session

This Fall Session of the Everyday Art class gives students a chance to explore various media, including collage, painting, and three dimensional work. Kids work individually, at their own level, interpreting each project according to his or her own development. This way every student comes away from the class with the glow of accomplishment and a growing confidence in his or her success in art. In fact, kids coming into the class with less confidence in art are sometimes amazed by what they accomplish. Still, kids who already love art find the projects fun and challenging.

#### POTTERY

Chris works both as a gardener/designer and as a teacher He has degrees from California College of the Arts and San Francisco State University in Fine Arts. He has been a practicing landscape worker/designer for over twenty years in this area, and has taught many classes during that time as well. Nature, pottery and garden works are near to Chris' heart, and his interest in them comes through in all of his classes.

# Pottery A

Instructor: Chris Lack

Recreation Building Room B

Thursdays 2:25-3:45 (1 hour 20 minute class) Grades 1-3 Thursdays 2:45-3:45 (1 hour class) Grade 4

Grades 1-4 Class Size: 7-9

Cost: Grades 1–3 \$165 (materials included) 12 week session Grade 4 \$150 (materials included) 12 week session

Chris has been teaching and working with the medium of clay for quite awhile. He enjoys helping students of all ages and levels "get their hands into the clay" and let their creativity flow. Pottery making takes many forms – from pots to sculpture, beads to fountains. Students gain a knowledge and a sense of the process, hand skills, the enjoyment of working with clay, and they are able to take their creations home.

# Pottery Workshop

Instructor: Chris Lack

Recreation Building Room B

Thursdays 3:50-4:40 (50 minute class)

Grades 1-6 Class Size: 7-9

Cost: \$135 (materials included) 12 week session

As students gain confidence in working with clay, they are encouraged to use their own ideas and creativity in making more complex and more intricate projects. Pottery making takes many forms – from pots to sculpture, beads to fountains. Students learn new techniques and skills, while enjoying both the process and the results of their work.

### Sewing and Stitchery

Lynn Crook has been teaching the KASEP sewing classes for the last ten years. This year she will introduce a new knitting class. She is experienced in a wide range of needle arts. Her award-winning art quilts have appeared in books and have been displayed around the country.

Lynn's KASEP sewing classes allow kids to combine their skills development with personal expression. She has a large collection of projects and the students can choose from a rainbow of fabrics and threads. She encourages every boy and girl to try their hand at sewing. Come join the fun while making different items for yourself, or for family and friends!

### Sewing and Stitchery A

Instructor: Lynn Crook Recreation Building Room C

Wednesdays 1:50-3:15 (1 hour 25 minute class)

Grades 1-3 Class Size: 7-8

Cost: \$175 (materials included) 13 week session

This class is created for the young and /or beginning student. Older beginners (4-6 grades) are encouraged to take class B. Class A introduces the skills of basic hand sewing. Several small projects are completed in each session. Each project is designed so the student can practice a new stitch and at the same time create a cool new item such as a bookmark, coin purse, or puppet. When ready, students are introduced to the sewing machine through step by step lessons.

# Sewing and Stitchery B

Instructor: Lynn Crook Recreation Building Room C

Wednesdays 3:20-4:35 (1 hour 15 minute class)

Grades 3-6 Class Size: 7-8

Cost: \$160 (materials included) 13 week session

This is the class for the older student who wants to learn sewing or continue using the skills they have already acquired. Both hand and machine sewing are introduced or continued depending on the student's level. Students participate in choosing the projects that they want to make and that continue to increase their skills. It is an opportunity to have fun creating while sewing those bigger projects that they are ready to undertake. These projects might be pillows, purses, quilts, stuffed animals, or even fabric balls!

# Sewing and Stitchery Workshop

Instructor: Lynn Crook Recreation Building Room C

Thursdays 2:25–3:45 (1 hour 20 minute class) Grades 2-3 Thursdays 2:45–3:45 (1 hour class) Grades 4-6

Grades 2-6 Class Size: 7-8

Cost: Grades 2-3 \$165 (materials included) 12 week session Grades 4-6 \$150 (materials included) 12 week session

The Workshop class is for boys and girls who have done hand sewing and know how to use the sewing machine. It is an opportunity for further sewing adventures. Students can come with their own ideas or choose from Lynn's large collection of projects. The classroom is filled with a wonderful range of materials, fabrics, felts, buttons, etc. Creativity is encouraged!

#### Knitting new Class!!!

Instructor: Lynn Crook Recreation Building Room C

Thursdays 3:50-4:40 (50 minute class)

Grades 5-6 Class Size: 6-8

Cost: \$145 (materials included) 12 week session

This is a NEW class. It is being offered ONLY to fifth and sixth graders. It will introduce the student to the BASICS of knitting – needles, yarn selection and preparation, casting on, the knit and purl stitch, and casting off. Practice pieces will develop these skills. Once the students master these skills, they can undertake some projects putting these new skills into practice!



# Sports & games

Kim Roots, with a degree in Mathematics and Philosophy from the University of California at Santa Cruz, has been teaching and coaching sports and tennis in our program and in the community for several years. Kim is a long-time resident of Kensington. Kim's major interest is to make sports accessible and fun for all kids.

#### Basketball Clinic

Instructor: Kim Roots

Basketball Court (below Recreation Building)

Thursdays 2:25–3:45 (1 hour 20 minute class) Grade 3
Thursdays 2:45–3:45 (1 hour class) Grades 4–6

Grades 3-6 Class Size: 8-12

Cost: Grade 3 \$125 (materials included) 12 week session Grades 4-6 \$115 (materials included) 12 week session

Increase your basketball skills with hands-on drills and practice games. Classes are a fun way to improve, with special emphasis on building maturity.

#### Sports A

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 2 on rainy days)

Tuesdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3 Class Size: 7-12

Cost: \$155 (equipment provided) 12 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, basketball, kickball, and tag games. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment.



# Sports B

Instructors: Kim Roots

Playing Field next to Recreation Building (Community Center Main Room on rainy days)

Wednesdays 1:50–3:15 (1 hour 25 minute class) Grades 2–3 Wednesdays 2:10–3:15 (1 hour 5 minute class) Grades 4–5

Grades 2-5 Class Size: 7-12

Cost: Grades 2–3 \$180 (equipment provided) 13 week session Grade 4–5 \$150 (equipment provided) 13 week session

A unique opportunity for boys and girls to learn and understand the basics of many popular sports, including soccer, baseball, basketball, kickball, and track & field. The class will include the challenge of learning cooperation in large group games as well as the creativity of making up games, all in a warm and active environment.

# Sports C

Instructor: Kim Roots

Playing Field next to Recreation Building (Community Center Room 2 on rainy days)

Mondays 2:45-3:45 (1 hour class)

Grades 4-6 Class Size: 7-12

Cost: \$150 (equipment provided) 13 week session

In this class for the upper grades, kids will learn more advanced skills in a variety of popular sports, including soccer, baseball, basketball, kickball, and track and field. The prime objectives are that students have fun and learn to respect fellow classmates.

#### TENNIS

Alex Brown, a USPTA Professional since 1981, teaches beginning to advanced levels of tennis to students in grades 1–6 at the Kensington Park tennis courts. Tennis fundamentals, sportsmanship, etiquette and rules are learned through games and drills. Classes are divided by grade and skill level, and consent of the instructor is required for enrollment in Advanced Tennis. Rackets are available to borrow, trade in or buy, and can be personally fitted by Alex.

# Beginning and Intermediate Tennis for Grades 1-4

Instructor: Alex Brown

Tennis Courts (Community Center Main Room on rainy days)
Mondays 2:25–3:45 (1 hour 20 minute class)
Grades 1–3
Mondays 2:45–3:45 (1 hour class)
Grade 4

Class Size: 7-8

Cost: Grades 1-3 \$170 13 week session Grade 4 \$155 13 week session

# Beginning and Intermediate Tennis for Grades 1-4

Instructor: Alex Brown

Tennis Courts (Recreation Building Room A on rainy days)
Tuesdays 2:25–3:45 (1 hour 20 minute class) Grades 1–3
Tuesdays 2:45–3:45 (1 hour class) Grade 4

Grades 1-4 Class Size: 7-8

Cost: Grades 1-3 \$160 12 week session Grade 4 \$140 12 week session

#### Intermediate Tennis for Grades 4-6

Instructor: Alex Brown

Tennis Courts (Recreation Building Room A on rainy days)

Wednesdays 2:10-3:15 (1 hour 5 minute class)

Grades 4-6 Class Size: 7-8

Cost: \$155 13 week session

# Advanced Tennis for Grades 4-6

Instructor: Alex Brown

Tennis Courts (Recreation Building Room A on rainy days)

Wednesdays 3:20-4:20 (1 hour class)

Grades 4-6 Class Size: 7-8

Cost: \$155 13 week session

## Beginning Tennis for Grades 1-3

Instructor: Alex Brown

Tennis Courts (Community Center Room 2 on rainy days)

Thursdays 2:25-3:45 (1 hour 20 minute class)

Grades 1-3 Class Size: 7-8

Cost: \$160 12 week session

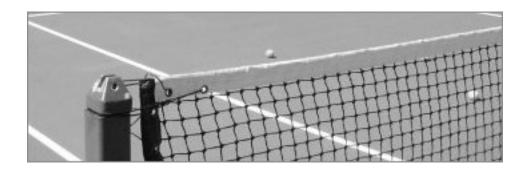
# Beginning Tennis for Grades 1-6

Instructor: Alex Brown

Tennis Courts (Recreation Building Room A on rainy days) Fridays 2:25–3:45 (1 hour 20 minute class) Grades 1–3 Fridays 2:45–3:45 (1 hour class) Grades 4–6

Grades 1-6 Class Size: 7-8

Cost: Grades 1-3 \$135 10 week session Grades 4-6 \$120 10 week session



Photographs throughout brochure are by Sandy Thacker.

# WORKSHEET FOR REGISTRATION

Monday	\$ Tuesday	\$ Wednesday	\$ Thursday	\$ Friday	\$
10:25-11:45 1st choice					
2nd choice					
11:35–1:10 1st choice					
2nd choice					
2:25/2:45 - 3:45 1st choice	2:25/2:45 - 3:45 1st choice	1:50/2:10 - 3:15 1st choice	2:25/2:45 - 3:45 1st choice	2:25/2:45 - 3:45 1st choice	
2nd choice					
3:50 1st choice	3:50 1st choice	3:20 1st choice	3:50 1st choice	3:50 1st choice	
2nd choice					

# Fall 2006 Kasep registration, authorization & Health Form

CHILD'S NAME_					AGE_	PHONE_			
ADDRESS		CITYZIP				ZIP			
CHILD'S SCHOO	DL					_ROOM NO		_GRADE	
PARENT NAME_	MEE-MAIL				PHONE				
PARENT NAME_				E-MAIL			_РНО	ONE	
Monday	out class	Tuesday	Use we	Wednesday	ing pag \$	e. Thursday	•	Friday	
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10.23		10.23		10.23		10.23		10.23	
11:35		11:35		11:35		11:35		11:35	
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\$10 Reg Fee Total Amt. Due _				(pd. once/ neck No./Date	yr.) So	holarship Donat		Pre-Reg	
Amt. Pd.									
Balance Due									
Check	here, si	gn and date only	v if voi	ar child is allowe	d to le:	ave the building	g on l	nis or her own.	
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In case of medical	l emerge	ncy or other situa	tion re	quiring immediate	action,	two <u>other</u> people	e to co	ntact are:	
	Pr	int Name			Relat	ionship	_	Phone	
	Pr	int Name			Relat	ionship	_	Phone	
you cannot reach my child by a phy If my chil	me or th sician, n d is abse	em, I authorize th urse or at a hospi ent and parents or	ne KAS tal or o emerge	zed to give permissing EP staff to take such their facility.  ency numbers cannow Yes No	h action	n as they deem n eached, KASEP l	ecessa	ry, including treat	tment of
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## Waiver/Release of Liability

Our legal counsel informs us that this form is necessary. Please read carefully.

On behalf of myself and the child enrolled, I acknowledge that certain of the activities in which my child may participate carry the risk of injury. On behalf of myself, my child, the members of my immediate family, our respective heirs, successors and assigns, I do herewith voluntarily assume all risks of such activities, and further, do herewith waive, release and forever discharge Kensington Community Council (hereinafter referred to as K.C.C.), Kensington Community Service District (hereinafter referred to as K.C.S.D.) and Kensington After School Enrichment Program (hereinafter referred to as KASEP), their respective officers, directors, agents, servants, employees, contractors and subcontractors, representatives, successors and assigns, from and of any and all rights, claims, actions, and causes of action, which may accrue to me, my child, the members of my immediate family, our respective heirs, successors, and assigns for any and all damages of any kind whatsoever, including personal injuries, wrongful death, emotional or mental distress, punitive or exemplary damages, pecuniary loss or damage of any kind, or property damage which may be sustained by or accrue to any or each of us arising from or in any way connected to the participation by:

#### (Child's Name)

in the activity described in this application, or in any activity reasonably related thereto, including but not limited to travel to and from such activity even if due to the negligence or fault of the parties herein released or the defective condition of the property and/or equipment used. I further agree, for myself, and all those enumerated above, to defend, indemnify, and save harmless, K.C.C., K.C.S.D, KASEP and their respective officers, directors, agents, servants, employees, contractors and subcontractors, representatives, successors, and assigns from any such claims, actions, and causes of action, and any and all damages flowing therefrom.

I have carefully read this agreement, including the foregoing liability waiver, and I fully understand the contents and meaning of each. I acknowledge that I fully understand that I am forever giving up, in advance, any right to sue or make claims against the parties that I am releasing for injuries or damages that my child may sustain while participating in the class, even if caused in whole or in part by the negligence or other fault of the parties or persons I am hereby releasing, by the dangerous or defective condition of any property or equipment owned, maintained or controlled by them, and/or because of their liability without fault. I nonetheless am willing, of my own free will, to sign this waiver of liability because I want my child to be a participant.

I also acknowledge I have read, understand and fully waive the provisions of California Civil Code Section 1542 which is quoted below:

"A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

Signed _		Date
0 –	(Parent or Guardian)	